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Original Articles

Evaluation of Pupillary Light Reflex in Amblyopic Eyes Using Dynamic Pupillometry

Gülfidan Bitirgen et al.; Konya, Hatay, Turkey

Defining Cystoid Macular Degeneration in Diabetic Macular Edema: An OCT-Based Single-center Study

Gökçen Yalçın et al.; Ankara, Turkey

Effectiveness of Intravitreal Dexamethasone Implant Treatment for Diabetic Macular Edema in Vitrectomized Eyes

Hüseyin Baran Özdemir et al.; Ankara, Turkey

Outcomes of Vitrectomy Under Air for Idiopathic Macular Hole

Murat Karaçorlu et al.; İstanbul, Turkey

Comparative Biochemical Outcomes, Effectiveness and Tolerance of Densiron 68 and Oxane HD for the Management of Complicated Retinal Detachment

Chafik Keilani et al.; Paris, France

Demarcation Laser Photocoagulation for Subclinical Retinal Detachment: Can Progression to Retinal Detachment Be Prevented?

Nilüfer Koçak et al.; İzmir, Osmaniye, Turkey

Review

Update in Genetics and Surgical Management of Primary Congenital Glaucoma

Mehmet C Mocan et al.; Chicago, USA

Case Reports

Sutureless Amniotic Membrane Transplantation in a Pediatric Patient with Acute Toxic Epidermal Necrolysis

Zeynep Baş and Ömür Uçakhan Gündüz; Ankara, Turkey

Tuberculosis: A Cunning Disease Presenting with Endopericarditis-Associated Bilateral Uveitis

Gholam Hossein Yaghoubi et al.; Birjand, Shiraz, Iran

The Relationship Between Vasoproliferative Tumor and Uveitis in a Multiple Sclerosis Patient: A Case Report and Review of the Literature

Onur Özalp et al.; Eskişehir, Turkey

Atypical Presentation of Choroidal Folds: Steroid-induced Central Serous Chorioretinopathy-like Maculopathy

Cumali Değirmenci et al.; İzmir, Turkey

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STARD checklist for the reporting of studies of diagnostic accuracy (Bossuyt PM, Reitsma JB, Bruns DE, Gatsonis CA, Glasziou PP, Irwig LM, et al., for the STARD Group. Towards complete and accurate reporting of studies of diagnostic accuracy: the STARD initiative. Ann Intern Med 2003;138:40-4.) (<http://www.stard-statement.org/>);

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CONTENTS

Research Articles

- 310 Evaluation of Pupillary Light Reflex in Amblyopic Eyes Using Dynamic Pupillometry
Gülfidan Bitirgen, Mohammed Daraghma, Ahmet Ozkagnici; Konya, Hatay, Turkey
- 315 Defining Cystoid Macular Degeneration in Diabetic Macular Edema: An OCT-Based Single-center Study
Gökçen Yalçın, Şengül Özdek, Fatma Nur Baran Aksakal; Ankara, Turkey
- 323 Effectiveness of Intravitreal Dexamethasone Implant Treatment for Diabetic Macular Edema in Vitrectomized Eyes
Hüseyin Baran Özdemir, Murat Hasanreisöğlü, Murat Yüksel, Mestan Ertop, Gökhan Gürelık, Şengül Özdek; Ankara, Turkey
- 328 Outcomes of Vitrectomy Under Air for Idiopathic Macular Hole
Murat Karaçorlu, Mümin Hocoaoğlu, Işıl Sayman Muslubas, M. Giray Ersöz, Serra Arf; İstanbul, Turkey
- 334 Comparative Biochemical Outcomes, Effectiveness and Tolerance of Densiron 68 and Oxane HD for the Management of Complicated Retinal Detachment
Chafik Keilani, Edouard Augstburger, Mathieu Robin, Amélie Beaugrand, Raphaëlle Ores, José-Alain Sahel, Sarah Ayello-Scheer; Paris, France
- 342 Demarcation Laser Photocoagulation for Subclinical Retinal Detachment: Can Progression to Retinal Detachment Be Prevented?
Nilüfer Koçak, Mahmut Kaya, Taylan Öztürk, Volkan Bolluk, Süleyman Kaynak; İzmir, Osmaniye, Turkey

Review

- 347 Update in Genetics and Surgical Management of Primary Congenital Glaucoma
Mehmet C Mocan, Amy A Mehta, Ahmad A Aref; Chicago, USA

Case Reports

- 356 Sutureless Amniotic Membrane Transplantation in a Pediatric Patient with Acute Toxic Epidermal Necrolysis
Zeynep Baş, Ömür Uçakhan Gündüz; Ankara, Turkey
- 361 Tuberculosis: A Cunning Disease Presenting with Endopericarditis-Associated Bilateral Uveitis
Gholam Hossein Yaghoubi, Farshid Abedi, Masoud Ziaee, Amir Norouzpour; Birjand, Shiraz, Iran
- 364 The Relationship Between Vasoproliferative Tumor and Uveitis in a Multiple Sclerosis Patient: A Case Report and Review of the Literature
Onur Özalp, Eray Atalay, Mustafa Değer Bilgeç, Nazmiye Erol, Nilgün Yıldırım; Eskişehir, Turkey
- 367 Atypical Presentation of Choroidal Folds: Steroid-induced Central Serous Chorioretinopathy-like Maculopathy
Cumali Değirmenci, Filiz Afrashi, Serhad Nalçacı, Serap Bilge Çeper; İzmir, Turkey

INDEX

- 2019 Referee Index
2019 Author Index
2019 Subject Index

EDITORIAL

2019 Issue 6 at a Glance:

This issue of our journal includes six original articles, one review, and four case reports that we believe will interest you.

Amblyopia is characterized by decreased visual acuity resulting from interrupted conduction between the retina and visual cortex during development of the visual system, with no apparent organic pathology. Relative afferent pupil defect may be observed in unilateral amblyopia. It has been suggested that weak fixation and light stimuli hitting extrafoveal areas of the retina may lead to changes in pupillary reflexes. Bitirgen et al. evaluated pupillary light reflexes in 14 anisometric patients and 37 strabismic patients using dynamic pupillometry (MonPack One, France) and showed that the pupils of amblyopic eyes contracted later in response to light, remained contracted for a shorter time, and dilated faster (See pages 310-314).

Diabetic macular edema (DME) is the most common cause of visual loss in diabetic retinopathy (DR), and the 25-year cumulative incidence of DME in type 1 DM is reported to be approximately 29%. Yalçın et al. defined cystoid macular degeneration (CMD) in DME as the presence of cysts larger than 450 µm in horizontal diameter and 300 µm in vertical diameter that are located within 1000 µm of the foveal center and accompanied by macular ischemia, outer retinal damage, loss of foveal contour, and diffuse or mixed edema (See pages 315-322).

A study by Özdemir et al. evaluating the effectiveness and long-term outcomes of intravitreal dexamethasone implants in the treatment of DME in vitrectomized eyes demonstrated improved vision and a decrease in central retinal thickness. Although the benefits of treatment lasted for at least 6 months in most patients, maximum effect was observed in the first 3 months. Two of the 17 patients had intraocular pressure elevation over 25 mmHg and were treated with antiglaucomatous drugs (See pages 323-327).

Full-thickness macular hole (MH) is an anatomical defect involving the complete disruption of all neural retinal layers in the fovea, from the internal limiting membrane (ILM) to the retinal pigment epithelium, and has an annual incidence of 7.4 per 100,000. Karaçorlu et al. compared the outcomes of idiopathic MH operations performed with 23-G pars plana

vitrectomy (PPV) under air versus standard PPV and found that PPV under air was superior in terms of parameters such as vitreous visualization, effective vitrectomy time, and total operative time. In the PPV under air group, retinal touch and sudden hypotony both occurred in 10% of the eyes, while 1 of 2 pseudophakic eyes had air escape into the anterior chamber and 1 had fogging of the intraocular lens. Microperimetry examination showed no retinal or optic nerve damage (See pages 328-333).

Keilani et al. present the clinical outcomes of patients with complicated retinal detachment associated with proliferative vitreoretinopathy in the lower quadrant who underwent pars plana vitrectomy followed by silicone oil-RMN3 (Oxane® HD) or silicone oil-perfluorohexyloctane (Densiron® 68). They report that the Densiron 68 group had higher anatomic success rates, no recurrence, and better visual acuity. There were no differences between the two groups in terms of intraocular pressure, emulsification, or intraocular inflammation (See pages 329-341).

Koçak et al. evaluated the effectiveness and safety of demarcation laser photocoagulation to prevent progression of subclinical retinal detachment (SCRD) to clinical retinal detachment. Of the 21 eyes of 20 patients that underwent 360° laser photocoagulation and were followed for at least 6 months, progression to clinical retinal detachment occurred in only 4 eyes, all of which had refractive errors greater than -3.0 diopters and multiple retinal tears in the upper quadrant. The authors emphasized that in patients with SCRd, demarcation laser photocoagulation should be considered as a primary treatment option to avoid potential complications of intraocular surgery (See pages 342-346).

Primary congenital glaucoma (PCG) can be sporadic or have a familial inheritance pattern and its prevalence varies from 1:2500 to 1:1000. Given the long life expectancy of pediatric patients and the potential for PCG to be progressive and result in blindness, the diagnosis, follow-up, and treatment of this disease are crucial. In this issue, Mocan, Mehta, and Aref review current developments regarding the genetics and surgical management of PCG. Their review includes a detailed explanation of genetic loci (GLC3A, B, C, and D) associated with the disease and protein structures that are important in the development of the trabecular network and Schlemm's canal,

TURKISH JOURNAL OF OPHTHALMOLOGY



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EDITORIAL

as well as a discussion of traditional surgical treatments and recent advances (See pages 347-355).

In the first case report of this issue, Bař and Gündüz describe how they treated both eyes of a patient with pediatric acute toxic epidermal necrolysis at bedside by using symblepharon rings for sutureless fixation of large (4x4 cm) amniotic membrane grafts. Bilateral epithelialization was achieved in 8 weeks, with no symblepharon, scar formation, or limbal stem cell deficiency observed in long-term follow-up (See pages 356-360).

Ocular tuberculosis is a rare form of extrapulmonary tuberculosis, with a prevalence of 0.2–18% depending on geographic region. In the second case report, Yaghoubi et al. present an Iranian patient with endophthalmitis in one eye, retinal vasculitis in the other eye, and infective endocarditis detected in systemic examination. PCR analysis of vitreous and pericardial fluid revealed *Mycobacterium tuberculosis*, and treatment was initiated with isoniazid, ethambutol, pyrazinamide, and rifampin. However, treatment was discontinued when the patient developed hepatitis. The patient was eventually treated with a combination of isoniazid/ethambutol with short-term systemic corticosteroids and exhibited significant visual improvement and no recurrence during 3 years of follow-up (See pages 361-363).

Vasoproliferative retinal tumors (VPRTs) are rare, benign tumoral lesions of unclear pathogenesis that appear as a raised,

yellowish-pink vascularized mass on the surface of the retina. They are frequently located in the pre-equatorial or equatorial region of the inferior retina, especially in the 5–7 o'clock segment. In the third case report of this issue, Özalp et al. present their management of uveitis and secondary glaucoma after cryotherapy in a patient with multiple sclerosis and VPRT (See pages 364-366).

Finally, Değirmenci et al. describe a 70-year-old woman who was using leflunomide and systemic corticosteroids for rheumatoid arthritis and had decreased vision in her right eye and bilateral macular edema and choroidal folds. Based on optical coherence tomography findings of intraretinal and subretinal fluid accumulation in the right eye and intraretinal fluid accumulation in the left eye, she was diagnosed as having central serous chorioretinopathy-like maculopathy and the corticosteroid therapy was discontinued. Her maculopathy was completely resolved after 8 months of follow-up (See pages 367-369).

We hope you read the articles featured in our final issue of the year with interest and pleasure.

**Respectfully on behalf of the Editorial Board,
Banu Bozkurt, MD**



Evaluation of Pupillary Light Reflex in Amblyopic Eyes Using Dynamic Pupillometry

© Gülfidan Bitirgen*, © Mohammed Daraghma**, © Ahmet Özkağnıcı*

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Abstract

Objectives: To evaluate the pupillary light reflex responses in patients with unilateral strabismic and anisometric amblyopia using dynamic pupillometry.

Materials and Methods: A total of 102 eyes of 51 patients with unilateral amblyopia were included in this cross-sectional study. Of the 51 patients, 37 (72.5%) had strabismic amblyopia and 14 (27.5%) had anisometric amblyopia. All patients underwent complete ophthalmological examination, and pupillary light reflex responses were measured using a computerized dynamic pupillometry system (MonPack One; Metrovision, France). Initial pupil diameter; the amplitude, latency, duration, and velocity of pupil contraction; and the latency, duration, and velocity of pupil dilation were recorded. Results obtained from the patients' amblyopic and normal fellow eyes were compared using paired-samples t-test and Wilcoxon signed rank test.

Results: The mean age of the patients was 11.9±6.0 years. Amblyopic eyes had longer contraction latency (p=0.009), shorter contraction duration (p=0.002), and higher dilation velocity (p=0.033) compared to fellow eyes, while other parameters did not show significant differences. In subgroup analysis, eyes with strabismic amblyopia had longer contraction latency (p=0.006) and shorter contraction duration (p=0.017), while eyes with anisometric amblyopia had shorter contraction duration (p=0.030) when compared with fellow eyes.

Conclusion: In this study, the objective records obtained by dynamic pupillometry showed that pupillary light reflex responses are affected in amblyopic eyes. This finding may shed light on unclear aspects of the pathophysiology of amblyopia.

Keywords: Amblyopia, anisometropia, dynamic pupillometry, pupillary light reflex, strabismus

Introduction

Amblyopia is characterized by decreased visual acuity resulting from interrupted communication between the retina and visual cortex during development of the visual system, with no apparent organic pathology. Deprivation, strabismus, and refractive errors early in life lead to the loss of central visual functions such as visual acuity, contrast sensitivity, and visual field.¹ With a reported prevalence of 2-4% in the population, amblyopia is the leading cause of preventable vision loss.^{2,3,4}

Numerous studies have been conducted on the tissues affected in amblyopic eyes. Histopathological and clinical studies have revealed changes in the retina, optic nerve, lateral geniculate nucleus, and visual cortex in amblyopic eyes.^{5,6,7} Several studies have also examined the relationship between amblyopia and the pupillary light reflex, and reported changes in pupil diameter and the pupillary reflex in amblyopia.^{8,9,10,11,12} In addition, relative afferent pupillary defect in patients with unilateral amblyopia has been reported at rates ranging from 9% to 81.8%.^{8,9,10} It has been suggested that weak fixation and the

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projection of light stimuli extrafoveal retinal areas in amblyopic eyes may cause changes in pupillary reflexes.^{10,11}

Minute pupillary changes may be undetectable in routine ophthalmologic examination. The introduction of automated infrared pupillometry devices has allowed the objective and quantitative measurement of pupil diameter and kinetic reflexes to light stimuli. Dynamic pupillometry has been widely used in recent years, especially for the evaluation of autonomic dysfunctions.^{13,14,15} Previous studies investigating pupillary changes in amblyopic patients have utilized methods such as neutral density filters, video pupillography, and wavefront analyzers. However, few studies have reported the results of dynamic infrared pupillometry. The aim of this study was to evaluate pupillary light reflex responses recorded with dynamic pupillometry in patients with unilateral strabismic and anisometropic amblyopia.

Materials and Methods

The study included 102 eyes of 51 patients with amblyopia in one eye and no visual impairment in the fellow eye. Patients with visual acuity between 20/400 and 20/32 in the amblyopic eye or with at least two lines of difference between eyes and with visual acuity of 20/20 or better in the fellow eye were included in the study. Visual acuity was measured with a standard Snellen chart and converted to logarithm of the minimum angle of resolution (logMAR) units for statistical analysis. Anisometropia was defined as a spherical equivalent difference of at least 1.5 diopters between the eyes. Patients with deprivation amblyopia or organic eye disease, history of previous intraocular surgery, visual acuity worse than 20/400, and those who were unable to fixate or cooperate were excluded from the study. The study was approved by the Clinical Research Ethics Committee of the Necmettin Erbakan University (2018/1135). Informed consent forms were obtained from all patients in the study or their legal guardians.

Each patient underwent detailed ophthalmologic examination including visual acuity measurement, cycloplegic refraction examination, strabismus examination, slit-lamp anterior segment examination, and dilated fundus examination. Pupillary light reflex responses were evaluated with dynamic pupillometry (MonPackOne®; Metrovision, France). The device is equipped with infrared illumination (880 nm) and a high-resolution infrared sensor that allows measurement of pupil parameters in complete darkness. Pupillary responses were elicited with white light stimulus in a completely dark environment (light intensity: 100 cd/m², on/off duration: 200/3300 ms) and recorded with measurement sensitivity of 0.1 mm. The patient was allowed 5 minutes for dark adaptation and the measurements of both eyes were performed monocularly. Initial pupil diameter; the amplitude, latency, duration, and velocity of pupil contraction; and the latency, duration, and velocity of pupil dilation were measured from the patients' amblyopic and healthy eyes and compared (Figure 1).

Statistical Analyses

SPSS version 17.0 software package was used for statistical analyses of the data (SPSS for Windows, Chicago, USA). The Shapiro–Wilk test was used to evaluate conformity of quantitative data to normal distribution. When comparing data obtained from the amblyopic eyes and healthy eyes of the patients, a paired-samples t-test was used for normally distributed data, and Wilcoxon signed rank test was used for non-normally distributed data. Pearson and Spearman correlation tests were used to analyze correlation between pupillary responses and depth of amblyopia. Differences with *p* values less than 0.05 were considered statistically significant.

Results

Thirty-seven (72.5%) patients in the study had strabismic amblyopia and 14 (27.5%) had hypermetropic anisometropic amblyopia. Of the patients with strabismic amblyopia, 29 (78.4%) had esotropia and 8 (21.6%) had exotropia. The mean age of the patients was 11.9±6.0 years. Snellen visual acuity in the amblyopic eyes ranged from 20/400 to 20/32 (mean 0.56±0.30 logMAR). Visual acuity was 20/20 or better in all fellow eyes.

Compared to the healthy fellow eyes, amblyopic eyes exhibited longer pupil contraction latency (median 205.0 vs. 246.0 ms, respectively; *p*=0.009), shorter contraction duration (median 613.0 vs. 562.0 ms, respectively; *p*=0.002), and higher dilation velocity (median 2.18 vs. 2.23 mm/s, respectively; *p*=0.033). There were no significant differences in other parameters between the two eyes (Table 1). Subgroup analysis showed that in patients with strabismic amblyopia, amblyopic eyes had longer contraction latency (median 252.0 vs. 193.0 ms; *p*=0.006) and shorter contraction duration (median 566.0 vs. 613.0 ms; *p*=0.017) compared to the healthy eyes, with no significant differences in terms of other parameters (Table 2). In patients with anisometropic amblyopia, contraction duration was shorter in amblyopic eyes compared to healthy eyes (median 550.0 vs. 613.0 ms, respectively; *p*=0.030), with no significant differences in the other parameters (Table 3).

Correlation analyses did not reveal any significant relationship between the visual acuity and pupillary light reflex parameters of amblyopic eyes.

Discussion

Although amblyopia is defined as a decrease in visual acuity without structural damage to the eye and visual pathways, cell shrinkage has been demonstrated in the parvocellular layers of the lateral geniculate nucleus.^{5,16} Changes in the macula, peripapillary retinal nerve fiber layer, and choroidal thickness have also been reported in optical coherence tomography studies.^{17,18,19} Longer latencies and lower amplitudes in visual-evoked potential (VEP) and markedly reduced responses in pattern electroretinography have been documented in electrophysiological tests of amblyopic eyes.^{20,21}

Considering the possibility that retinal ganglion cells and anterior visual pathways may be affected in amblyopic eyes, studies have also been conducted to evaluate pupillary light reflexes. Measurements with neutral density filters have revealed

relative afferent pupillary defect in amblyopic eyes.^{9,10} Portnoy et al.¹⁰ demonstrated the presence of afferent pupillary defect in 45 of 55 amblyopic patients using this method and suggested that this defect may be due to poor fixation ability and incomplete

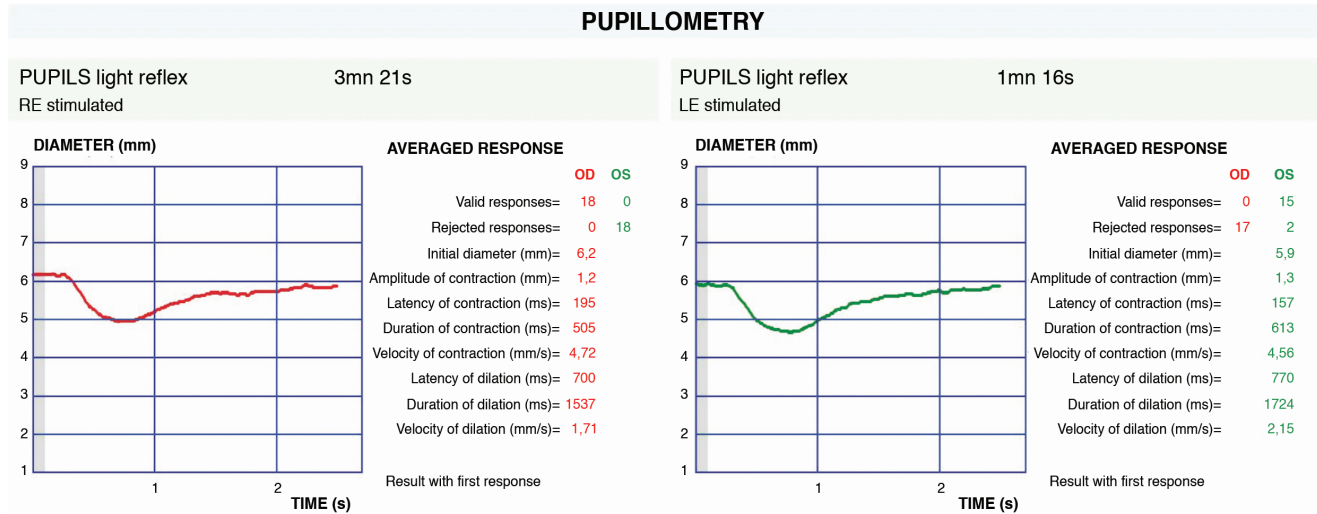


Figure 1. Pupillary light reflex responses recorded by dynamic pupillometry in a patient with strabismic amblyopia in the right eye

Table 1. Pupillary light reflex responses of the patients' amblyopic eyes and normal fellow eyes

	Amblyopic eye (n=51)	Normal eye (n=51)	p
Initial pupil diameter (mm)	6.16±0.55	6.22±0.63	0.204 ^a
Contraction amplitude (mm)	1.55±0.36	1.52±0.32	0.571 ^a
Contraction latency (ms)	246.0 (174.0-282.0)	205.0 (128.0-273.0)	0.009 ^b
Contraction duration (ms)	562.0 (511.0-641.0)	613.0 (578.0-701.0)	0.002 ^b
Contraction velocity (mm/s)	5.32±1.18	5.10±1.16	0.122 ^a
Dilation latency (ms)	831.0 (766.0-866.0)	805.0 (768.0-867.0)	0.584 ^b
Dilation duration (ms)	1573.0 (1502.0-1669.0)	1631.0 (1535.0-1696.0)	0.515 ^b
Dilation velocity (mm/s)	2.23 (1.85-2.69)	2.18 (1.84-2.55)	0.033 ^b

*Data are expressed as mean ± standard deviation for normally distributed parameters and median (1st-3rd quartiles) for nonnormally distributed parameters.
^aPaired samples t test ^bWilcoxon signed rank test

Table 2. Pupillary light reflex responses in patients with strabismic amblyopia

	Amblyopic eye (n=37)	Normal eye (n=37)	p
Initial pupil diameter (mm)	6.14±0.61	6.19±0.69	0.472 ^a
Contraction amplitude (mm)	1.53±0.36	1.51±0.33	0.660 ^a
Contraction latency (ms)	252.0 (178.0-279.0)	193.0 (124.0-264.5)	0.006 ^b
Contraction duration (ms)	566.0 (511.5-644.0)	613.0 (567.0-707.0)	0.017 ^b
Contraction velocity (mm/s)	5.27±1.23	5.05±1.17	0.239 ^a
Dilation latency (ms)	833.0 (766.5-867.0)	804.0 (766.5-853.5)	0.731 ^b
Dilation duration (ms)	1571.0 (1469.0-1668.0)	1628.0 (1470.5-1699.0)	0.645 ^b
Dilation velocity (mm/s)	2.16 (1.83-2.67)	2.14 (1.79-2.51)	0.051 ^b

*Data are expressed as mean ± standard deviation for normally distributed parameters and median (1st-3rd quartiles) for nonnormally distributed parameters.
^aPaired samples t test ^bWilcoxon signed rank test

Table 3. Pupillary light reflex responses in patients with anisometropic amblyopia

	Amblyopic eye (n=14)	Normal eye (n=14)	P
Initial pupil diameter (mm)	6.19±0.38	6.30±0.46	0.112 ^a
Contraction amplitude (mm)	1.60±0.38	1.57±0.30	0.727 ^a
Contraction latency (ms)	235.0 (144.0-286.0)	241.0 (130.0-281.8)	0.637 ^b
Contraction duration (ms)	550.0 (494.3-650.5)	613.0 (590.3-680.0)	0.030^b
Contraction velocity (mm/s)	5.46±1.07	5.22±1.16	0.271 ^a
Dilation latency (ms)	800.5 (734.5-865.3)	828.5 (790.0-868.3)	0.593 ^b
Dilation duration (ms)	1586.5 (1506.0-1678.8)	1635.0 (1541.8-1695.0)	0.638 ^b
Dilation velocity (mm/s)	2.37 (1.97-2.88)	2.35 (2.05-2.76)	0.551 ^b

*Data are expressed as mean ± standard deviation for normally distributed parameters and median (1st-3rd quartiles) for nonnormally distributed parameters.
^aPaired samples t test ^bWilcoxon signed rank test

development of the foveal ganglion cells in amblyopic eyes. In a study based on infrared pupillography, patients with strabismic and anisometropic amblyopia exhibited prolonged pupil contraction latency in the direct light reflex response, but no prolonged latencies were observed in indirect responses.²² The authors therefore proposed that afferent fibers were responsible for prolonged latency and that there was no pathology in the pupillomotor efferent system. In the same study, examination of 8 amblyopic patients who improved with treatment revealed no prolongation of pupil contraction latency, suggesting that latency prolongation may be a reversible phenomenon that can resolve with amblyopia treatment. In a study evaluating the multifocal VEP test results of amblyopic patients, it has been reported that VEP latency was longer and amplitude was lower in amblyopic eyes.²⁰ Our findings that amblyopic eyes had prolonged pupil contraction latency, or in other words, showed a longer delay between light stimulus and pupil contraction compared to healthy fellow eyes supports the view that afferent transmission is slowed in amblyopia.

Dynamic pupillometry enables the objective and reliable recording of pupillary light reflex responses and independent evaluation of several parameters that reflect pupil movements. In their study of the dynamic pupillometry responses of patients with hypermetropic anisometropic amblyopia, Yetkin et al.²³ reported that the pupil contraction amplitude of amblyopic patients was lower compared to that of healthy subjects, while no difference was detected in other parameters. In the present study, we observed longer pupil contraction latency, shorter contraction duration, and greater dilation velocity in patients' amblyopic eyes compared to their healthy fellow eyes, with no significant differences in terms of initial pupil diameter or other parameters. Yuksel et al.²⁴ evaluated the anterior segment parameters and pupil diameters of patients with hypermetropic anisometropic amblyopia using the Pentacam device and reported no difference in pupil diameter between amblyopic eyes and normal eyes. In their study evaluating the pupil diameters of patients with anisometropic amblyopia under mesopic conditions using an ocular wavefront analyzer, Kocamiş et al.¹² reported smaller pupil diameter in amblyopic eyes. It is known that differences

in refractive error can also affect pupil diameter. Another study using a wavefront analyzer on non-amblyopic patients showed that refractive error was correlated with the mesopic pupillary diameter, with larger pupil diameters in myopic patients.²⁵ In that study, initial pupil diameters did not differ significantly between amblyopic and healthy eyes both in patients with strabismic amblyopia and those with hypermetropic anisometropic amblyopia. In our study, initial pupil diameter measurements were obtained by the dynamic pupillometry device under scotopic conditions. Inconsistent results reported in the literature on this issue may be attributable to differences in the lighting conditions under which measurements are made and the sensitivities of the devices used. In addition, the limited number of patients with anisometropic amblyopia in our study, which is one of its limitations, may have contributed to the lack of statistical significance.

Portnoy et al.¹⁰ reported that there was no correlation between the degree of relative afferent pupil defect detected in amblyopic eyes and the type or depth of amblyopia. Other studies evaluating the correlation between visual acuity level and pupil diameter and light reflexes in amblyopic eyes also failed to reveal a significant relationship.^{12,22} Similarly, none of the pupillary light reflex parameters examined in the present study showed significant correlation with depth of amblyopia in our patients.

One of the limitations of this study is that its cross-sectional design precludes an evaluation of whether pupillary light reflex responses changed in patients whose visual acuity in the amblyopic eye improved with treatment. The small number of patients with anisometropic amblyopia and the absence of patients with myopic anisometropia are other limitations of the study.

Conclusion

In this study, the pupils of amblyopic eyes were found to contract later in response to light, remain contracted for a shorter time, and dilate faster. These findings may not only facilitate early diagnosis of amblyopia, but may also shed light on the unexplained mechanisms involved in its pathophysiology. Long-

term studies of amblyopic patients will also allow investigation into whether improved visual acuity after treatment is associated with changes in pupil responses.

Ethics

Ethics Committee Approval: The study was approved by the Clinical Research Ethics Committee of the Necmettin Erbakan University (2018/1135).

Informed Consent: Informed consent was obtained from all patients in the study or their legal guardians.

Peer-review: Externally peer-reviewed.

Authorship Contributions

Concept: Gülfidan Bitirgen, Mohammed Daraghma, **Design:** Gülfidan Bitirgen, Ahmet Özkağnıcı, **Data Collection or Processing:** Gülfidan Bitirgen, Mohammed Daraghma, **Analysis or Interpretation:** Gülfidan Bitirgen, Ahmet Özkağnıcı, **Literature Search:** Gülfidan Bitirgen, Mohammed Daraghma, **Writing:** Gülfidan Bitirgen, Ahmet Özkağnıcı

Conflict of Interest: No conflict of interest was declared by the authors.

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Defining Cystoid Macular Degeneration in Diabetic Macular Edema: An OCT-Based Single-center Study

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Abstract

Objectives: To describe cystoid macular degeneration (CMD), which has no clear definition in diabetic macular edema (DME), and examine its features in optical coherence tomography (OCT) and fundus fluorescein angiography (FFA).

Materials and Methods: This study was conducted using OCT images of patients who were followed in Gazi University between November 2011 and March 2015. A total of 259 eyes (187 patients) found to have cystic changes on OCT were included. Macular ischemia, peripheral ischemia, and type of edema were identified on FFA. Vitreomacular interface abnormalities, foveal contour integrity, internal reflectivity of the cysts, and outer retinal layer defects were analyzed from OCT images. The horizontal and vertical diameters of the largest cyst within 1000 µm of the foveal center were measured for the definition of CMD. Cut-offs for these values were determined by receiver operating characteristic curve analysis. Cystoid macular edema (CME) and CMD groups were created and their characteristics were analyzed.

Results: The horizontal and vertical diameters of the largest cyst were moderately positively correlated with visual acuity ($r_s=0.349$, $r=0.419$, respectively). Eyes with horizontal diameter of the largest cyst ≥ 450 µm were classified as CMD; in this group, sensitivity in the prediction of visual acuity $\leq 20/60$ was 58%. Eyes with horizontal diameter of the largest cyst < 450 µm were classified as CME; in this group, specificity in the prediction of visual acuity $> 20/60$ was 73%. For the threshold of 300 µm determined for vertical diameter of the largest cyst, sensitivity was 62% and specificity was 69%. The CME and CMD groups were formed according to these cut-off values. Compared to the CME group, the CMD group had greater central subfield thickness and higher prevalence of outer retinal damage, severe disruption of foveal contour, macular ischemia, and diffuse/mixed type edema.

Conclusion: In eyes with DME, CMD can be defined as the largest cyst within 1000 µm of the foveal center having a horizontal diameter of ≥ 450 µm and vertical diameter ≥ 300 µm, especially if associated with macular ischemia, outer retinal damage, loss of foveal contour, and diffuse/mixed type edema.

Keywords: Diabetic macular edema, diabetic retinopathy, cystoid macular degeneration, chronic macular edema, optical coherence tomography

Introduction

Diabetic macular edema (DME) is the most common cause of visual deterioration in diabetic retinopathy (DR).¹ The 25-year cumulative prevalence of DME in Type 1 DM was stated as

29% in a report of the Wisconsin Epidemiologic Study of DR.² There are many definitions and classifications of types of DME, such as focal/diffuse edema, cystoid macular edema (CME), serous macular detachment, ischemic and tractional diabetic maculopathy. Although Otani et al.³ defined CME as

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hyporeflexive spaces separated by hyperreflective septa, there is no quantitative value for the cyst diameters when defining CME in the hitherto literature.

Another definition used between clinicians is cystoid macular degeneration (CMD). CMD was first defined in chronic retinal vein occlusion, in a histopathological experimental study.⁴ CMD was seen to develop after CME with associated photoreceptor cell loss.⁴ CMD was also defined in chronic central serous chorioretinopathy (CSCR) as cystoid spaces in optical coherence tomography (OCT) with no fluorescein leakage.⁵ This term was always related with poorer visual acuity.^{5,6} In age-related macular degeneration (AMD), CMD was also defined as the presence of degenerated pseudocyst or retinal degeneration that had intraretinal cystic spaces.⁷ However, it is important to differentiate between CME and CMD in AMD because degenerative cysts are not an indicator of the activity of the lesion.

The aim of this study was to define and characterize CMD in DME, for which there is no clear definition. CMD is thought to be the result of chronic edema and may be associated with an unfavorable visual outcome. Determination of DME characteristics is necessary to predict visual prognosis and select appropriate treatment.

Materials and Methods

In this retrospective cross-sectional study, an evaluation was made of 398 OCT scans of the eyes of 223 patients who were followed up with the diagnosis of DME at Gazi University Department of Ophthalmology between November 2011 and March 2015. A total of 259 eyes of 187 patients (92 female/95 male) who met the inclusion criteria were included in the study. The study was approved by the Local Ethics Committee of Gazi University.

Eyes with clinically significant macular edema as defined by ETDRS, that had fundus fluorescein angiography (FFA) and high-quality spectral OCT were included in the study. If the patient had received any prior treatment, OCT images obtained at least 3 months after the last treatment (intravitreal injection and/or laser therapy) were included in the study. Eyes with visually significant cataract or any other pathology causing visual deterioration such as corneal opacity, significant vitreous hemorrhage, optic atrophy, amblyopia, macular edema due to other causes such as uveitis, retinal vein occlusion and concurrent macular degeneration, or macular hole were excluded from the study. Eyes which had undergone cataract surgery within the last 6 months were also excluded from the study to exclude Irvine-Gass syndrome.

The demographic features of the patients (age, gender, diabetes duration) and stage and duration of DR were recorded. Best corrected visual acuity (BCVA) measured with Snellen chart, fundus examination, OCT, and FFA images were evaluated. BCVA was converted to LogMAR for statistical analysis. All OCT scans and FFA investigations were performed with Heidelberg Spectralis OCT (Spectralis; Heidelberg Engineering, Heidelberg, Germany).

Macular ischemia and type of edema were noted from FFA images. Macular ischemia was defined as an enlarged foveal avascular zone ($\geq 1000 \mu\text{m}$) or capillary non-perfusion areas within one disc diameter distance of the foveal center.⁸

Edema was classified as focal, diffuse, or mixed type. Focal edema was defined as local leakage areas with well-defined borders, and the term diffuse edema was used when large, poorly defined leakage areas affected the fovea. If there were features of both types of leakage, the edema was defined as mixed type.^{9,10}

Central subfield thickness (CSFT), defined as the average thickness in the central $1000 \mu\text{m}$ -diameter circle of the ETDRS grid in OCT, was used for quantitative analysis of DME.¹¹ In qualitative analysis of OCT scans, the presence of intraretinal cystic changes, serous foveal detachment (SFD), vitreomacular interface (VMI) abnormalities, outer retinal layer defects [inner segment/outer segment (IS/OS) band, external limiting membrane (ELM)], integrity of the foveal contour, and internal reflectivity of the cysts were evaluated. Cystic changes were defined as round or oval areas of low reflectivity separated by hyperreflective septa.³ SFD was defined as shallow elevation of the posterior surface of the retina appearing as optically clear, dome-shaped areas between the neurosensory retina and RPE on OCT scans.^{12,13}

VMI abnormalities were evaluated in six groups, with modifications made to the classification of the International Vitreomacular Traction Study group.¹⁴

1. Total perifoveal detachment: Posterior vitreous surface is completely detached from the macular region but not from the optic disc as seen in OCT

2. Vitreomacular adhesion (VMA):

a) Focal VMA (area of adhesion $\leq 1500 \mu\text{m}$)

b) Broad VMA (area of adhesion $> 1500 \mu\text{m}$)

3. Epiretinal membrane

4. Vitreomacular traction (VMT):

a) Focal VMT (area of traction $\leq 1500 \mu\text{m}$)

b) Broad VMT (area of traction $> 1500 \mu\text{m}$)

Outer retinal layer defect was defined as a loss of continuity of either the ELM or IS/OS band in the central 0.1 mm of the fovea. Shadowing behind the cysts and hard exudates were separated carefully.¹⁵

Integrity of the foveal contour was evaluated in three groups: 1) normal foveal depression; 2) normal foveal depression was disturbed but had not disappeared completely (mild distortion), 3) the foveal depression was completely flat or elevated (severe distortion).

Internal reflectivity of the cysts was classified as hyporeflexive if similar to the vitreous, isoreflexive if similar to the retinal layers, or heterogeneous (as defined in an earlier study).¹⁶

The largest cystoid space was determined for each eye and the horizontal and vertical diameters of the largest cyst in the area within $1000 \mu\text{m}$ of the foveal center were noted. All measurements were performed by the same investigator (N.G.Y.) using a manual caliper (Figure 1). To ensure high scan quality, scans with quality score < 20 were not included in the evaluation. In addition, 25-line raster scans were carefully

evaluated to make sure that there were no hyperreflective septa within our measurements of horizontal diameter of the largest cyst. Correlations between BCVA and the horizontal and vertical diameters of the largest cyst were analyzed using Pearson and Spearman correlation tests. The diameters were also analyzed for correlation with predetermined OCT and FFA findings.

The minimum BCVA to read newspaper print is known to be 20/60 (Snellen), and BCVA <20/60 is defined as severe visual loss.¹⁷ The relationship between BCVA and the horizontal and vertical diameters of the largest cyst resulting in severe visual loss was evaluated with receiver operating characteristic (ROC) analyses.

Cut-off values to differentiate the CME and CMD groups were determined from this analysis. The CME and CMD groups were created and the defined OCT and FFA findings were analyzed in the groups to determine the features of CMD.

Statistical Analyses

Data obtained from the study were recorded using Excel for Windows (version 2010, Microsoft, Redmond, WA) and statistical analyses were performed using the Statistical Package for the Social Sciences for Windows (version 15.0, SPSS, Chicago, IL). The statistical level of significance was set to $p < 0.05$. The Kolmogorov-Smirnov test, histograms, and P-P plots were used for the continuous variables to test the conformity to normal distribution. For comparisons of two groups, the independent samples t-test or Mann-Whitney U test were used according to the normality result. One-way ANOVA and LSD test for post-hoc analyses were used for comparisons of three or more groups if the variables were normally distributed, and the Kruskal-Wallis test was used if the variables were not normally distributed. The Mann-Whitney U test with Bonferroni correction was used for post-hoc analysis if the result revealed a significant difference. In correlation analysis, Pearson or Spearman correlation test were used according to the normality result. Pearson chi-square or Yate’s corrected chi-square tests were used for categorical variables. ROC curve analysis was used for the predictive value of the horizontal and vertical diameters of the largest cyst for severe visual loss.

Results

A total of 259 eyes of 187 patients (49.2% women and 50.8% men) met the inclusion criteria. DME was detected in 138 right eyes (53.3%) and 121 left eyes (46.7%). There were 72 patients (38.5%) with bilateral involvement and 115 patients (61.5%) with unilateral DME. Other demographic features of the cases are shown in Table 1. There was history of prior intravitreal injection and/or laser therapy in 198 eyes (76.5%). The mean BCVA of the patients was 0.5 ± 0.02 (0-1.6) LogMAR.

The mean CSFT was 474 ± 131 (254-1121) μm . Cystic changes were detected in most cases (251 eyes, 96.9%). Therefore, the final analysis of the study was made in these 251 eyes. The horizontal diameter of the largest cyst did not conform to normal distribution while the vertical diameter of the largest cyst showed normal distribution. The median of the horizontal

diameter was 433 (126-2213) μm and the mean of the vertical diameter was 305 ± 142 (77-1059) μm .

The correlation between the horizontal and vertical diameters of the largest cyst and BCVA showed weak to moderate positive correlation (horizontal: $r_s = 0.349$; $p < 0.001$, Figure 2a; vertical: $r = 0.419$; $p < 0.001$, Figure 2b). The correlation between the horizontal diameter of the largest cyst and CSFT showed moderate positive correlation ($r_s = 0.487$; $p < 0.001$, Figure 2c). The correlation between the vertical diameter of the largest cyst and CSFT showed a medium to strong positive correlation ($r_s = 0.798$; $p < 0.001$, Figure 2d). There was also a medium to strong positive correlation between the horizontal and vertical diameters ($r_s = 0.678$; $p < 0.001$, Figure 2e).

Data in OCT and FFA related to the horizontal and vertical diameter of the largest cyst are given in Table 2. There was a statistically significant difference in the median horizontal diameter of the largest cyst between edema types in FFA ($p = 0.035$). When the binary comparisons of groups were examined, the median horizontal diameter of the largest cyst in the mixed edema group (471 μm) was significantly higher than that in the focal edema group 392 μm ($p = 0.01$). Although the median horizontal diameter of the largest cyst in diffuse edema (441 μm) was higher than that in focal edema, the difference was not statistically significant ($p = 0.04$, Bonferroni-corrected).

There was no statistically significant difference between the horizontal and vertical diameters of the largest cyst within the groups in terms of VMI anomalies, presence of SFD, or internal reflectivity of the cysts.

A cut-off value for the diameter of the largest cyst was needed to define CMD. To determine a cut-off value for the horizontal diameter of the largest cyst, a ROC curve was drawn, which has previously been reported to show that the horizontal diameter of the largest cyst can predict poor visual acuity.

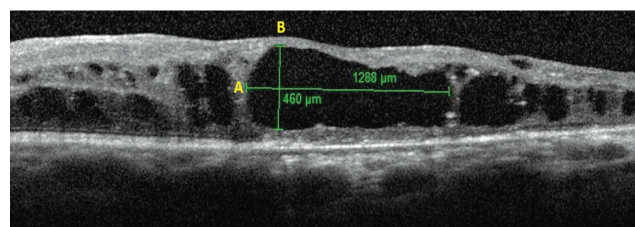


Figure 1. Example optical coherence tomography image showing measurements of the horizontal diameter A) and vertical diameter B) of the largest cyst

Table 1. The demographic features of the patients			
	Mean \pm SD	Number	%
Age (years)	60.3 \pm 0.62		
Gender (F/M)		92/95	49.2/50.8
Duration of DM (years)	15.4 \pm 7.23		
Type of DM (Type 1/Type 2)		11/94*	10.5/89.5
Type of DR (Non-PDR/PDR)		194/65	74.9/25.1

SD: Standard deviation, F: Female, M: Male, DM: Diabetes mellitus, DR: Diabetic retinopathy, PDR: Proliferative diabetic retinopathy
 *This information was not included in all patient records

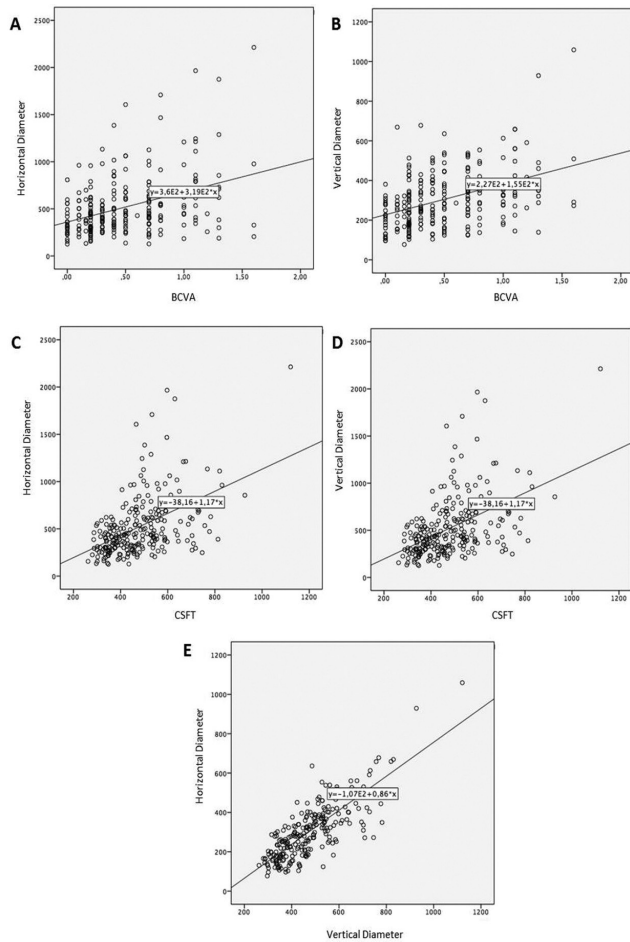


Figure 2. Correlation graphs for horizontal and vertical diameters of the largest cyst and best corrected visual acuity (BCVA) and central subfield thickness (CSFT): A) horizontal diameter and BCVA; B) vertical diameter and BCVA; C) horizontal diameter and CSFT; D) vertical diameter and CSFT; E) horizontal diameter and vertical diameter

Assuming that other predictors were constant, the horizontal diameter of the largest cyst at 450 μm predicts visual acuity loss with 58% sensitivity and 73% specificity. The predictive ROC model showed moderate significance (AUC=0.665; 95% CI=0.597-0.733; $p < 0.001$, Figure 3a).

The same analyses were applied using the vertical diameter of the largest cyst to determine another cut-off value to define CMD. A ROC curve was drawn, which has been reported to show that the vertical diameter of the largest cyst can predict poor visual acuity. Assuming that other predictors were constant, the vertical diameter of the largest cyst at 300 μm predicted visual acuity loss with 62% sensitivity and 69% specificity with moderately significant predictive power (AUC=0.692; 95% CI=0.626-0.757; $p < 0.001$, Figure 3b).

Using these cut off-values, eyes with a horizontal diameter of the largest cyst $\geq 450 \mu\text{m}$ were classified as CMD (CMD-H group) and those with $< 450 \mu\text{m}$ were classified as CME (CME-H group), while eyes with vertical diameter of the largest cyst $\geq 300 \mu\text{m}$ and $< 300 \mu\text{m}$ were classified as CMD (CMD-V group) and CME (CME-V group), respectively.

OCT and FFA parameters related to these CME and CMD groups are shown in Table 3. In comparing these two groups, there were no statistically significant differences in terms of VMI anomalies, presence of SFD, or internal reflectivity of the cysts.

Discussion

The definition of CMD was previously made for CSCR and AMD, but there has been no reported definition in DME. It is important to define CMD and identify the related features to have more information about the prognosis of edema and the benefit of treatment. It has been associated with poor visual acuity in CSCR, and is said to affect the need for treatment in AMD.^{5,6,7}

Cyst formation begins with intercellular fluid accumulation. Coalescence of the extracellular fluid occurs due to the disruption

Table 2. Optical coherence tomography and fundus fluorescein angiography parameters associated with the horizontal and vertical diameters of the largest cyst

		Horizontal diameter Median (Min-max)	P value	Vertical diameter (Mean \pm SD)	P value
Outer retina	Disrupted	536 (189-2213)	0.0001*	367 \pm 161	0.0001**
	Intact	412 (126-1606)		277 \pm 123	
Macular ischemia	Present	448 (184-2213)	0.019*	331 \pm 151	0.01**
	Absent	407 (126-1606)		284 \pm 131	
Foveal contour	Normal	300 (155-1709)	0.0001***	206 \pm 95	0.0001†
	Mild distortion	353 (126-790)		216 \pm 69	
	Severe distortion	534 (128-2213)		362 \pm 144	
Type of edema	Focal	392 (126-1606)	0.035***	259 \pm 118	0.001†
	Diffuse	441 (162-1875)		327 \pm 144	
	Mixed	471 (133-2213)		334 \pm 152	

* Mann-Whitney U test, **Independent samples T-test, *** Kruskal-Wallis test, †One-Way ANOVA

of Müller cells, whose pump-like function keeps the macula dry.¹⁸ In the chronic stage, fluid accumulates intracellularly. The subsequent death of Müller cells and neuroglia results in the formation of large cystoid cavities.¹⁹ Otani et al.³ reported the acute and chronic morphologies of DME in an OCT-based study and stated that the disappearance of septa resulted in confluent large cysts which might fill all layers of the retina. Consistent with this pathogenesis, Yamamoto et al.²⁰ found that eyes with CME had lower visual acuities than other types in OCT. In light of these data, it can be considered that in the chronic phase of cyst formation, the horizontal diameter of the cyst enlarges, damaging the adjacent retina. This data formed the basis of this study to define CMD. Also, Das et al.¹⁸ showed that eyes which had cystic changes with septa had higher visual acuity values than eyes which had nonseptated cystic spaces.

The baseline characteristics of our study, such as mean age and male predominance, were similar to the TURK-DEM study, which reflected the overall DME patients in Turkey.²¹ The results of that study showed a moderate degree of correlation

between the horizontal diameter of the largest cyst and visual acuity (LogMAR). This was encouragement for further analysis. Similarly, a moderate degree of correlation was determined between the vertical diameter of the largest cyst and visual acuity (LogMAR) (correlation coefficients; $r_s=0.35$, $r=0.42$, relatively). The high correlation of the two diameters of the cyst can be interpreted as enlargement of the cyst in these two planes. In a previous study, height of the foveal cystoid space and inferior subfield retinal thickness were found to be correlated.²² Retinal thickening in the inferior quadrant in particular was interpreted as a result of the disrupted retinal integrity with long-term cystic changes and the accumulation of fluid in the inferior zone due to gravity.²³ Consistent with these findings and relationships, we believe that cystoid degeneration occurs due to increased cystic changes in both the horizontal and vertical planes in prolonged edema.

As expected, there was medium to high correlation between the vertical diameter of the largest cyst and CSFT (correlation coefficient $r_s=0.798$). Also, a moderate correlation between the horizontal diameter of the largest cyst and CSFT was observed (correlation coefficient $r_s=0.487$). Large cysts tend to form in the foveal region, which has no inner retinal layers.^{24,25} At the center of the fovea, where there are no inner layers, the retina is more vulnerable to the development of large cysts and increases in mechanical stresses when the axial expansion of cysts is not sufficient to compensate for the increased volume.²⁶ In light of this pathogenesis and the findings of the current study, we hypothesize that cyst enlargement continues in the horizontal plane after the vertical expansion exceeds the capacity of the retina. This process occurs with the degeneration of the retina.

In some previously published studies, it has been suggested that cysts have a damaging effect on bipolar and ganglion cells.^{17,27,28} A relatively new definition, disorganization of retinal inner layers (DRIL), refers to the disruption of the bipolar, horizontal, and amacrine cell synaptic field. Consequently, transmission between photoreceptors and ganglion cell complex is impaired.²⁹ DRIL was found to be responsive to anti-vascular endothelial growth factor therapy.^{30,31} Yohannan et al.³² reported

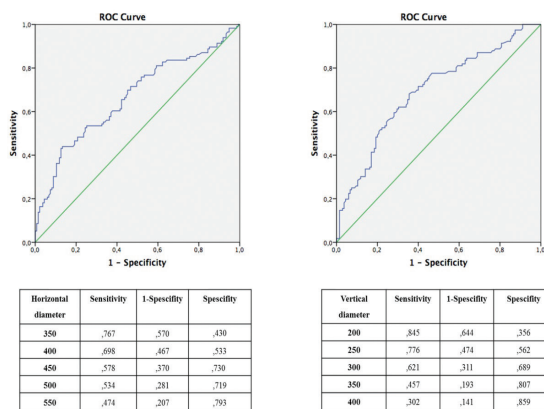


Figure 3. Receiver operating characteristic (ROC) curves and sensitivity/specificity values for the prediction of severe vision loss by A) horizontal diameter of the largest cyst (area under the curve=0.665; $p<0.001$) and B) vertical diameter of the largest cyst (area under the curve=0.692; $p<0.001$)

Table 3. Optical coherence tomography and fundus fluorescein angiography parameters in cystoid macular edema (CME) and cystoid macular degeneration (CMD) groups based on horizontal (-H) and vertical (-V) diameters of the largest cyst

	CME-H	CMD-H	P value	CME-V	CMD-V	P value	
CSFT (μ m) Mean \pm SD	441 \pm 112	571 \pm 132	0.0001*	400 \pm 82	568 \pm 120	0.0001*	
Outer retinal layer defect (n,%)	31, 23.1%	46, 39.3%	0.006†	28, 20.6%	49, 42.6%	0.0001†	
Foveal contour (n,%)	Normal	17, 12.7%	6, 5.1%	0.0001†	19, 14%	4, 3.5%	0.0001†
	Mild distortion	56, 41.8%	18, 15.4%		63, 46.3%	11, 9.5%	
	Severe distortion	61, 45.5%	93, 79.5%		54, 39.7%	100, 87%	
Macular ischemia (n,%)	56, 41.8%	54, 46.2%	0.487†	50, 36.8%	60, 52.2%	0.014†	
Type of edema (n,%)	Focal	54, 40.2%	38, 32.5%	0.298†	65, 47.8%	27, 23.5%	0.0001†
	Diffuse	40, 29.9%	34, 29%		32, 23.5%	42, 36.5%	
	Mixed	40, 29.9%	45, 38.5%		39, 28.7%	46, 40%	

*Independent samples T-test, †Pearson chi-square test CFST: Central subfield thickness, SD: Standard deviation

that the presence of a cyst is associated with decreased retinal sensitivity independent of increased retinal thickness and IS/OS junction disruption.

The presence of macular cystoid spaces has been found to be predictive of reduction in BCVA, and larger cystoid spaces were found to be more disruptive than small ones in a previous study by Sophie et al.³³ In another study, Koleva-Georgieva and Sivkova³⁴ showed a negative correlation between BCVA and cystoid DME groups (patients were grouped according to the horizontal diameter of cystoid spaces: <300 µm as mild, 300-600 µm as intermediate, and >600 µm as severe cystoid DME). In the hitherto literature there is no reported definition of CME according to cyst size with a specific cut-off value using OCT. In the current study, it was also aimed to find a cut-off value to distinguish CMD from CME. With this finding, the starting point of the degenerative effect of a cyst can be determined. In the current study, the horizontal and vertical diameters of the largest cyst were higher in cases with outer retinal damage, macular ischemia, and diffuse or mixed edema. These conditions are known to be associated with poor visual prognosis.^{35,36,37,38,39,40,41,42,43,44,45,46}

In this study, CME and CMD groups were formed according to the horizontal and vertical diameters of the largest cyst. Horizontal cyst diameter ≥ 450 µm was defined as CMD. In this group, sensitivity was 58% for the prediction of visual acuity <20/60. In other words, eyes with horizontal cyst diameter ≥ 450 µm had a 58% probability of visual acuity <20/60. Horizontal cyst diameter <450 µm was defined as CME and had 73% specificity for the prediction of visual acuity $\geq 20/60$. Therefore, eyes with horizontal cyst diameter <450 µm had 73% probability of visual acuity $\geq 20/60$. Vertical cyst diameter ≥ 300 µm was defined as CMD. In eyes with vertical cyst diameter ≥ 300 µm, the probability of visual acuity <20/60 (sensitivity) was 62%. Vertical cyst diameter <300 µm was defined as CME, and the probability of visual acuity $\geq 20/60$ (specificity) was 69% in this group.

A higher rate of outer retinal damage was observed in the CMD groups than in the CME groups. Likewise, macular ischemia was detected at a higher rate in the CMD groups than in the CME groups. Degeneration and macular ischemia seem to be related processes. In a previously published study, vascular hyperpermeability and ischemia were shown to cause necrosis and apoptosis in the neuroglia cells and this process resulted in large cystoid cavities. A vicious circle ensues with the enlargement of the cystoid spaces causing enlargement of the foveal avascular zone and increased foveal ischemia.⁴⁷ In addition, the occurrence of cystoid spaces in the capillary nonperfusion areas and lack of reperfusion of these areas after the resolution of the chronic cystoid edema was shown in a previous OCT angiography study.⁴⁸ The findings of the current study, which showed that more degeneration findings are present in ischemic cases, supported these data.

In the current study, the integrity of the foveal contour was also studied with an expectation that the presence of normal foveal contour or mild distortion were more likely to be associated

with CME groups and severe distortion with the CMD groups. Indeed, our results showed that severe distortion of the foveal contour was more prevalent in CMD groups. Although Jun et al.⁴⁹ evaluated foveal contour integrity in various ocular diseases, the current study is the first to use this parameter for grouping and analysis in DME to define CMD.

In a previous study, Liang et al.¹⁶ showed that accumulations in a cyst isoreflective to the plexiform layer were associated with fibrin and inflammatory debris. The heterogeneous reflectivity group of our study refers to this finding. Higher reflectivity of cystoid spaces was observed by Barthelmes et al.⁵⁰ in exudative diseases such as DME compared to the normal vitreous and cystic spaces in degenerative diseases.

Although there was no supporting finding in our study, we hypothesize that the internal reflectivity of the cysts was related with chronicity and degeneration. Initially, the cyst is usually isoreflective. Then, cyst reflectivity becomes heterogeneous on OCT due to the debris accumulation as a result of degeneration. The degenerated cyst becomes hyporeflective in the chronic stage. In an earlier study supporting our hypothesis, the optical intensity of the cystoid space was thought to be a finding indicating chronicity.⁵¹ Contradictory to our hypothesis, the mean density of cystoid spaces was found to be negatively correlated with retinal sensitivity.⁵² Further studies are needed to clarify the relationship between the reflectivity of cystoid spaces and the degeneration process.

To the best of our knowledge, this is the first study to determine characteristics of CMD in DME. With these findings, degenerative cases can be diagnosed early in the management of DME. There were some limitations of this study. One is the retrospective design, and another is that there was no follow-up or evaluation of the treatment which was administered. The interpretation of some data such as foveal contour may contain bias. This subjective evaluation can be considered one of the limitations of the study. Future prospective studies investigating treatment response in eyes with CMD with follow-up information would be helpful to predict eyes with poor visual prognosis (such as those with CMD) and eyes with CME, which probably have better prognosis.

Conclusion

In conclusion, cystoid degeneration in DME can be defined as the largest cyst in the central fovea having a horizontal diameter >450 µm and vertical diameter >300 µm, especially with concomitant macular ischemia, outer retinal damage, loss of foveal contour, and diffuse/mixed edema subtype. This definition can provide a new perspective to professionals in patient assessment and may help estimate the benefit of treatment.

Ethics

Ethics Committee Approval: The study was approved by the Local Ethics Committee of Gazi University with the ethics committee decision numbered 37 and dated 26 January 2015

Informed Consent: Written informed consent was obtained.

Peer-review: Externally and internally peer-reviewed.

Authorship Contributions

Concept: Şengül Özdek, Design: Şengül Özdek, Fatma Nur Baran Aksakal, Data Collection or Processing: Nuriye Gökçen Yalçın, Analysis or Interpretation: Nuriye Gökçen Yalçın, Şengül Özdek, Fatma Nur Baran Aksakal, Literature Search: Nuriye Gökçen Yalçın, Writing: Nuriye Gökçen Yalçın, Şengül Özdek

Conflict of Interest: No conflict of interest was declared by the authors.

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Effectiveness of Intravitreal Dexamethasone Implant Treatment for Diabetic Macular Edema in Vitrectomized Eyes

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Abstract

Objectives: To report the effectiveness and long-term outcomes of intravitreal dexamethasone implantation for diabetic macular edema (DME) in vitrectomized eyes

Materials and Methods: Medical records of patients were retrospectively reviewed. Time of pars plana vitrectomy (PPV), PPV indications, interval between DEX injection and PPV, other intravitreal treatment prior to DEX application, best corrected visual acuity (BCVA), intraocular pressure (IOP), and central retinal thickness (CRT) measured by optical coherence tomography were recorded.

Results: Seventeen eyes of 17 patients were included in the study. The mean follow-up after DEX injection was 21 ± 2.4 months (12-43 months). The female/male ratio was 11/6. Mean age was 60.7 years (46-70 years). Sixteen eyes (94.1%) were pseudophakic at the time of DEX treatment. The most common indication for PPV was tractional retinal detachment (8 eyes, 47.1%). Ten eyes (58.8%) received a single injection and a total of 30 DEX implantations were performed. Mean BCVA was 0.77 logarithm of the minimum angle of resolution (logMAR) units before the first injection and improved to 0.64, 0.68 and 0.66 logMAR after 1, 3 and 6 months, respectively ($p < 0.01$). CRT decreased significantly from $452 \mu\text{m}$ at baseline to 310 , 368 ± 34 and $375 \mu\text{m}$ after 1, 3 and 6 months, respectively ($p < 0.04$). Mean IOP was 16 ± 1.2 mmHg at baseline and 18.2, 18.8 and 18.5 mmHg after 1, 3, and 6 months ($p > 0.05$). Two eyes (8%) received topical anti-glaucoma medication ($\text{IOP} \geq 25$ mmHg). Similar results were observed in eyes receiving repeated DEX injections.

Conclusion: Intravitreal DEX injection treatment seems to be effective for improving BCVA and decreasing CRT in vitrectomized eyes with DME. This effect seemed to last for 6 months in most eyes, but maximized at 3 months. Patients with repeated injections often require injection before 6 months.

Keywords: Diabetic macular edema, DMÖ, dexamethasone implant, pars plana vitrectomy

Introduction

Diabetic retinopathy is among the leading causes of blindness in developed societies.¹ Patients with diabetic retinopathy often suffer from vision loss due to diabetic macular edema (DME).² Although multiple factors play a role in the pathogenesis of DME, one of the main mechanisms involves the inflammatory

pathway, which comprises many mediators such as vascular endothelial growth factor (VEGF), tumor necrosis factor-alpha, monocyte chemoattractant protein-1, and interleukin-1 beta.^{3,4} For this reason, intravitreal corticosteroids are often employed in the treatment of DME.^{5,6,7,8} Intravitreal dexamethasone and triamcinolone acetate are the corticosteroids most commonly used to treat DME.^{9,10}

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Despite therapeutic advances, diabetic patients may still require pars plana vitrectomy (PPV). The most common indications for PPV are vitreous hemorrhage due to proliferative diabetic retinopathy, tractional retinal detachment, and refractory DME.¹¹ Intravitreal anti-VEGF and corticosteroid injections are often needed after PPV as well. Some reports have indicated that intravitreal drugs administered to vitrectomized patients have reduced half-life and efficacy.¹²

Slow-release intravitreal implants were introduced to the market with the aim of providing long-lasting intraocular drug activity.^{13,14} An intravitreal dexamethasone implant (DEX; Ozurdex, Allergan, Irvine, CA, USA) was developed for injection into the vitreous cavity and is indicated for DME.¹⁵ DEX, a biodegradable polymer composed of a combination of 0.7 mg dexamethasone and poly(lactic acid-co-glycolic acid), slowly degrades in the vitreous cavity to release DEX over a period of 6 months.¹⁶ This sustained-release feature of DEX is proposed to reduce the number of injections needed in vitrectomized eyes compared to other intravitreal treatments.

The aim of this study was to report the effectiveness and long-term outcomes of DEX used for the treatment of DME in vitrectomized eyes.

Materials and Methods

This retrospective study included patients over 18 years of age who had previously undergone PPV surgery in the Ophthalmology Department of Gazi University and who were subsequently given DEX injections due to DME between July 2015 and December 2017. The study was approved by a local ethics committee (Numune Training and Research Hospital

Ethics Committee, decision E-19-2466) and conducted in adherence with the principles of the Declaration of Helsinki. Patients with less than 1 year of follow-up after DEX injection were not included in the study.

The patients were evaluated in terms of age; sex; affected eye; date and reason for PPV surgery; number of DEX injections; time interval between injections, if applicable; complications; total follow-up time; and best corrected visual acuity (BCVA), intraocular pressure (IOP), anterior segment examination findings (especially lens status), fundus examination findings, and central foveal thickness (CFT) obtained by optical coherence tomography (OCT) before and at 1, 3, and 6 months after injection. BCVA values were obtained with Snellen chart and converted from decimal to logarithm of the minimum angle of resolution (logMAR) before statistical analysis. CFT measurements in OCT (Spectralis OCT, Heidelberg Engineering, Heidelberg, Germany) were made using the values acquired automatically by the device.

Statistical Analyses

SPSS software (version 22.0, SPSS, Inc. Chicago, IL, USA) was used for statistical analysis. Kolmogorov-Smirnov test was used to determine whether the data showed normal distribution. A Wilcoxon signed-rank test was used to evaluate changes in BCVA, IOP, and CFT values between pre- and post-treatment time points. Changes with p values <0.05 were considered significant.

Results

Seventeen eyes of 17 patients (11 women, 6 men) were included in the study. The demographic characteristics of

Table 1. Demographic and clinical characteristics of the patients included in the study

Number of patients	17
Number of eyes	17
Age (years),	60.7±7.2 (46–70)
Sex (female:male)	11:6
Follow-up time (months)	21±10.1 (12–43)
PPV indication (n=17)	
• Tractional retinal detachment associated with proliferative diabetic retinopathy?	8 eyes (47.1%)
• Epiretinal membrane	7 eyes (41.2%)
• Vitreous hemorrhage associated with proliferative diabetic retinopathy	2 eyes (11.8%)
Median time between PPV and DEX (months)	14±23.1 (3–81)
Eyes treated with anti-VEGF before DEX	13 (76.5%)
Mean time between last anti-VEGF and DEX administration (months)	5.2±4.6 (3–16)
Lens status before DEX (n=17)	
• Phakic	1 (5.9%)
• Pseudophakic	16 (94.1%)
Number of injections (n=30)	
• 1	10 (58.9%)
• 2	3 (17.6%)
• 3	3 (17.6%)
• 5	1 (5.9%)
PPV: Pars plana vitrectomy, DEX: Intravitreal dexamethasone implant, VEGF: Vascular endothelial growth factor	

the patients are shown in Table 1. Sixteen eyes (94.1%) were pseudophakic. Thirteen eyes (76.5%) had been treated with anti-VEGF before treatment with DEX. In all patients, the time between the last intravitreal anti-VEGF administration and DEX was at least 3 months, with a mean of 5.2 ± 4.6 months (3-16 months). Ten eyes (58.8%) received a single DEX injection and 7 eyes (41.2%) received multiple injections. A total of 30 DEX injections were administered.

Mean BCVA was 0.77 ± 0.35 logMAR before the first DEX injection and increased significantly to 0.64 ± 0.33 ($p=0.007$), 0.68 ± 0.08 ($p=0.009$), and 0.66 ± 0.36 ($p=0.016$) at 1, 3, and 6 months after DEX injection, respectively. When patients who were treated with a single dose of DEX and those who required repeat DEX injection within 6 months or after more than 6 months were examined separately, it was observed that the change in final BCVA compared to initial BCVA was similar in all three subgroups ($p=0.719$). BCVA increased more than 2 rows in 7 eyes (41.1%).

Mean CRT was 452 ± 97 μm before DEX injection and decreased significantly to 310 ± 103 μm ($p=0.001$), 368 ± 140 μm ($p=0.004$), and 375 ± 125 μm ($p=0.041$) at 1, 3, and 6 months after treatment, respectively. Change in CRT between initial and final values was also statistically similar in subgroup analysis of patients treated with a single dose of DEX and those who required repeat DEX injection within 6 months or after more than 6 months ($p=0.180$). The reduction in CRT was maintained for 6 months in patients who required a single dose of DEX.

Mean IOP increased with the first DEX injection from an initial value of 16 ± 3.6 mmHg to 18.2 ± 3.88 ($p=0.027$), 18.8 ± 1.8 ($p=0.221$), and 18.5 ± 1.2 mmHg ($p=0.285$) at 1, 3, and 6 months after DEX treatment, respectively. Two eyes required topical antiglaucoma therapy ($\text{IOP} > 25$ mmHg).

The only patient who was phakic at the beginning of follow-up developed nuclear cataract and underwent cataract surgery 10 months after a single DEX injection. No additional complications were observed. The median time between first and second DEX injections was 5 months (4-27 months). Of the 7 eyes that received another injection, 5 (71.4%) required the second dose of DEX within 6 months.

Discussion

There is still debate regarding the agents to be used for the treatment of DME in diabetic eyes that have undergone PPV surgery. In the present study, a single DEX injection to vitrectomized eyes reduced CRT and improved vision compared to pre-treatment values for 6 months in more than half of the patients (10/17 eyes, 58.8%). Thirty percent of the eyes required a repeat injection before 6 months, and the treatment response in the eyes that received a second DEX injection (7/17 eyes, 41.2%) was similar to the results of the first DEX injection. These findings are consistent with previously published results.

The CHAMPLAIN trial by Boyer et al.¹⁷ was the first study to examine the outcomes of DEX injection in vitrectomized

eyes. The results of this prospective study including 55 PPV patients followed for 26 weeks indicated that DEX injection was effective for the treatment of DME and had an acceptable safety profile. It was reported that DEX took effect within 1 week and reached maximum effect at 8 weeks. Shah et al.¹⁸ demonstrated that the activity of DEX in vitrectomized eyes increases over the first month and lasts for at least 3 months. We also observed maximum effect in the first month in the present study, but DEX activity lasted longer than 3 months in the majority of our patients and a single injection was sufficient for 58.8% of them.

The half-life of intravitreal drugs is associated with the presence of the vitreous. Most studies investigating the pharmacokinetics of intravitreal drugs in vitrectomized eyes were based on the results of animal experiments.¹² Studies conducted in the eyes of macaque monkeys showed that anti-VEGF had a shorter half-life in vitrectomized eyes.^{19,20} In studies of rabbit eyes, it was reported that the pharmacokinetics of ranibizumab and bevacizumab do not differ between vitrectomized and nonvitrectomized eyes.^{21,22} Chin et al.²³ reported that triamcinolone acetate clearance was accelerated in vitrectomized eyes. Similarly, the half-life of triamcinolone acetate has been shown to be shorter in vitrectomized eyes that undergo sub-Tenon's injection.²⁴ In a DEX study by Chang-Lin et al.¹⁶ comparing vitrectomized and nonvitrectomized rabbit eyes, the pharmacokinetic profile of DEX was similar in both groups.

Although animal studies give some insight into drug pharmacokinetics, they cannot provide exact information due to differences in vitreous volume compared to the human eye, and because animal studies generally involve lensectomy as well as vitrectomy and there is no pseudophakia model.²⁵ Yanyali et al.²⁶ observed no significant clinical effect in vitrectomized eyes treated with bevacizumab due to DME. Studies on ranibizumab have shown that vitrectomized eyes require more injections compared to normal eyes for the treatment of DME, but there was no significant difference in terms of efficacy.^{27,28} The Diabetic Retinopathy Clinical Research Network (DRCR.net) group reported that favorable outcomes were obtained with ranibizumab in the vitrectomized eyes of patients who were followed for a mean of 3 years.²⁹ In that study, it was reported that there was no significant difference between the two groups in terms of number of injections, but the clinical effect emerged more slowly and more injections were needed in the first year of treatment in vitrectomized eyes. The sustained-release DEX was reported to have similar pharmacokinetics in vitrectomized and nonvitrectomized rabbit eyes. As with anti-VEGF studies, most of the results from human eyes have been obtained from retrospective data.

Comparisons of the effectiveness of DEX in the treatment of DME in vitrectomized versus nonvitrectomized eyes in the literature have also been based on retrospective data. In their retrospective review of vitrectomized and nonvitrectomized groups including 24 eyes each, Medeiros et al.³⁰ demonstrated that DEX had similar effectiveness in both groups in terms of visual improvement and decrease in CRT. Çevik et al.³¹ also reported that DEX was similarly effective in the treatment of

DME in eyes with and without vitrectomy. Bastakis et al.³² reported that previous vitrectomy did not adversely affect the effectiveness of DEX in patients with refractory DME, and that the maximum effect was observed within the first 3 months in both vitrectomized and nonvitrectomized eyes.

Study Limitations

The limitations of our study include its retrospective nature, the lack of a control group, and the small number of patients. Prospective, randomized studies should be expected to provide more accurate results when comparing the efficacy of DEX between eyes with and without previous vitrectomy. However, the results of comparative retrospective studies in the literature show that DEX can be used safely in patients with DME who have undergone vitrectomy. Strengths of our study are the long-term follow-up, the good collection of retrospective data, and the inclusion of real-life patient data.

Conclusion

In conclusion, DEX is a safe and effective treatment for DME patients with history of PPV. DEX provides long-term vision increase and CRT decrease with a single injection in the majority of patients and shows a safe IOP profile, which suggests that it should be considered as first-line treatment in vitrectomized patients. It should be kept in mind that the effect may be shorter and that frequent injections may be necessary in patients with refractory DME.

Ethics

Ethics Committee Approval: Ankara Numune Training and Research Hospital Clinical Research Ethics Committee / E-19-2466

Informed Consent: Written informed consent was obtained from each participant.

Peer-review: Externally peer-reviewed.

Authorship Contributions

Surgical and Medical Practices: Murat Hasanreisoglu, Şengül Özdek, Gökhan Gürelik, Concept: Hüseyin Baran Özdemir, Murat Hasanreisoglu, Design: Hüseyin Baran Özdemir, Murat Hasanreisoglu, Data Collection or Processing: Hüseyin Baran Özdemir, Murat Yüksel, Mestan Ertop, Murat Hasanreisoglu, Analysis or Interpretation: Hüseyin Baran Özdemir, Murat Hasanreisoglu, Literature Search: Hüseyin Baran Özdemir, Writing: Hüseyin Baran Özdemir, Murat Hasanreisoglu

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Outcomes of Vitrectomy Under Air for Idiopathic Macular Hole

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Abstract

Objectives: To evaluate the outcomes of 23-gauge pars plana vitrectomy (PPV) under air compared with standard PPV for idiopathic macular hole (MH).

Materials and Methods: In this prospective, comparative, interventional case series, 42 eyes of 42 patients with idiopathic MH were enrolled. Twenty-one eyes had vitrectomy with an air-infused technique and 21 eyes underwent vitrectomy with a traditional balanced salt solution-infused technique as a control group. Effective vitrectomy time, total surgery time, microperimetry (MP1), and anatomical and functional results were evaluated.

Results: The mean effective vitrectomy time was significantly lower in the air group than in the control group (7.5 ± 0.3 min and 13.3 ± 0.5 min, respectively, $P < 0.001$). The mean total surgery time was significantly lower in the air group than the control group (21.8 ± 2.0 min and 25.9 ± 1.1 min, respectively, $P < 0.001$). There were no statistically significant changes between preoperative and 3-month postoperative retinal sensitivity values evaluated by MP1 in either group. Anatomical success at 3 months was 100% in both groups. Intraoperative complications noted during the air-infused vitrectomy were retinal touch (10%) and sudden hypotony (10%); in the two pseudophakic eyes, migration of air into the anterior chamber occurred in one (50%) and fogging of the intraocular lens in one eye (50%).

Conclusion: Vitrectomy under air infusion for idiopathic MH showed some advantages over a traditional vitrectomy technique in terms of vitreous visualization, effective vitrectomy time, and total surgery duration, without significantly increasing intraoperative and postoperative complication rates. Postoperative microperimetry results indicated no specific damage to the retina or optic nerve related to the continuous air infusion.

Keywords: Idiopathic macular hole, pars plana vitrectomy, vitrectomy under air

Introduction

A full-thickness macular hole (MH) is defined as an anatomical defect in the fovea with interruption of all neural retinal layers from the internal limiting membrane (ILM) to the retinal pigment epithelium.¹ An annual incidence of 7.4 per 100 000 inhabitants has been reported recently.² The Gass classification of MH is based on careful clinical examination and divides MHs into four stages.³ Although this system is still

quoted widely and adaptations of it are in clinical use, optical coherence tomography (OCT)-based anatomical data have added much to our understanding of the pathogenesis and progression of MH.^{1,4}

Recently, MH surgery has greatly benefited from the advent of small-gauge transconjunctival sutureless vitrectomy.⁵ This is hypothesized to aid in MH closure by relieving the anteroposterior traction at the macula and creating a space for an endotamponading agent. ILM peeling and gas tamponade

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are believed to facilitate MH closure by removing tangential tractions.⁶ There is evidence that ILM peeling aids primary and final MH closure.^{7,8} The closure rate has been reported to be similar (>86%) with sulfur hexafluoride and perfluoropropane (C3F8) tamponade, irrespective of hole size, stage, or duration.⁶ The duration of tamponade required for hole closure has been a matter of debate. There are arguments in favor of extensive vitreous removal, although there is no way of proving that extensive vitrectomy is better than partial vitrectomy. Extensive vitrectomy means separation of the posterior hyaloid membrane up to the equator, followed by shaving of the vitreous base. The removal of as much vitreous as possible allows injection of more gas mixture into the eye and subsequently prolongs the effect of the gas tamponade.⁹

Despite new technological advancements in vitreoretinal surgery, access to the vitreous base, especially in phakic eyes, is technically challenging. Continuous infusion of balanced salt solution (BSS) is used to replace the vitreous, but air has physical properties with advantages over BSS in certain conditions. We have proposed air-infused vitrectomy with 23-gauge instrumentation for better visualization and more efficient clearing of the vitreous cavity (Frankfurt Retina Meeting; April 19-20; 2008).

The use of vitreous cutters and other instruments at the interface between perfluorocarbon liquid,^{10,11,12,13} silicone oil,^{14,15,16,17} or air,^{17,18,19,20,21} and residual vitreous, epiretinal membrane, and retina has been described as interface vitrectomy.²² These tamponading substances stabilize the vitreoretinal tissue because of their elevated surface tension and provide a more stable surgical field during removal of the vitreous. Vitrectomy performed under air possesses the advantage of better visualization of the peripheral vitreous and vitreous base.

Air-perfused vitrectomy has been shown to provide some benefits in cases of rhegmatogenous retinal detachment (RRD) and macular diseases.^{19,20,21} The aim of this research was to gain insight into the efficacy of air-perfused core and peripheral vitrectomy for full-thickness MH.

Materials and Methods

A prospective, comparative study was designed. The study protocol was approved by the Ethics Committee of Şişli Memorial Hospital, İstanbul (protocol number: 0067). The study was in accordance with the principles of the Declaration of Helsinki. We enrolled 42 patients (42 eyes) with a clinical diagnosis of stage 4 idiopathic MH with complete posterior vitreous detachment who underwent small-gauge vitreoretinal surgery. The study group consisted of 21 patients who underwent vitrectomy under air infusion, and the control group of 21 patients who underwent standard vitrectomy under fluid infusion. The patients were selected randomly. Written informed consent was obtained from all participants.

All subjects underwent a comprehensive ophthalmologic evaluation, including best corrected visual acuity (BCVA), intraocular pressure, anterior segment and fundus examination,

spectral-domain OCT (Spectralis; Heidelberg Engineering, Heidelberg, Germany), and microperimetry (MP1) (MP-1 Microperimeter, Nidek Technologies, Padua, Italy).

The following parameters were recorded and analyzed: demographic characteristics, preoperative and postoperative lens status, effective vitrectomy time, total surgery time, and preoperative and three-month postoperative BCVA and MP1 sensitivity.

MP1 used a red cross as the fixation target and a standardized grid of 76 Goldmann III stimuli covering the central 20°, white background illumination of 1.27 cd/m², and a projection time of 200 ms, which has been described previously.²³ A 4-2 staircase strategy was carried out and the contralateral eye was occluded during the test. All subjects underwent MP1 with dilated pupils. Differential light threshold values were compared by calculating selected points, which were averaged automatically by the MP1 software program for mean sensitivity in a polygon. MP1 (central 20°) was performed before the surgical procedure and three months postoperatively in both groups. We evaluated the difference between preoperative and postoperative MP1 results as an indirect measurement of probable adverse effect of air infusion to determine possible complications of the procedure.

All pars plana vitrectomy (PPV) procedures were performed under general anesthesia by the same surgeon (M.K.). The surgical procedures used a 3-port, transconjunctival sutureless 23-gauge vitrectomy system. In the air group, air infusion was started at the beginning of the procedure. The air pressure setting was 40 mmHg and vitrectomy was performed with a cutting rate of 2500 per min, and up to 300 mmHg of linear aspiration using the Associate 2500 vitrectomy system (DORC, Zuidland, Netherlands). The air highlighted a ring of vitreous corresponding with the vitreous base because of the air bubble pushing the vitreous residue towards the retina. The residual vitreous was removed by placing the cutter into the vitreous and shaving it until the interface profile was changed with the disappearance of the ring of vitreous as previously described.²¹ Vacuum was not applied to the vitreous cutter within the air to avoid plugging with an air lock.²² Scleral depression during peripheral vitrectomy was not required in the air group. At the end of the air-infused vitrectomy, an air-BSS interchange was used to remove air from the vitreous cavity. Triamcinolone acetate-assisted peeling of the ILM was then performed circumferentially around the MH with end-gripping intraocular forceps. In case of fogging due to condensation of the lens, the posterior surface of the lens was coated with viscoelastic material.

In the standard vitrectomy group, the vitreous was removed with a cutting rate of 2500/min and up to 300 mmHg of linear aspiration up to the far periphery under fluid infusion, with dynamic scleral depression in all cases. Triamcinolone acetate-assisted ILM peeling was performed subsequently in the same manner. Finally, surgery was completed by air-gas exchange with 12-13% C3F8 gas in both groups. None of the patients underwent vitrectomy in combination with cataract removal.

The effective vitrectomy time (from initiation of vitrectomy to the end of vitreous removal) did not include the time spent on staining and peeling the ILM.

During the postoperative period, patients were advised to maintain face-down positioning for 5-7 days. All patients were routinely examined on day one after the surgery, and at one week, one month, and three months. VA was measured with the ETDRS charts. Anatomical success was defined as apposition of the MH edges as well as the absence of any fluid cuff around the hole, as determined by clinical examination and OCT.

Statistical Analysis

Quantitative data were expressed as means and standard deviations. The two groups were compared by using an independent-samples t-test and Mann-Whitney U test for continuous variables, and chi-square or Fisher's exact tests for categorical variables. Wilcoxon signed rank test was used to compare the preoperative and postoperative MP1 sensitivity and VA. p<0.05 was considered statistically significant. Statistical analyses used SPSS version 20.0 (SPSS Inc, Chicago, IL, USA).

Results

Both groups had similar distributions of age, sex, lens status, BCVA, and retinal sensitivity. Preoperative characteristics are

summarized in Table 1. The control group differed from the air group in its longer mean effective vitrectomy time and mean total surgery time (Table 2). Intraoperative complications noted during the air-infused vitrectomy were retinal touch (n=2), sudden hypotony (n=2), migration of air into the anterior chamber in a pseudophakic eye with posterior capsule defect (n=1), and fogging of the intraocular lens (n=1). Lenticular touch or lenticular opacification secondary to air infusion were not seen. In the standard vitrectomy group, no specific intraoperative complications were noted. Both groups were similar in postoperative BCVA and retinal sensitivity (Table 3). The single-procedure MH closure rate was 100% in both groups. Visually significant cataract did not develop during the three-month follow-up period.

Discussion

We found that air-infused vitrectomy significantly reduces effective vitrectomy time and total duration of surgery. Despite some difficulties and intraoperative complications during the learning curve of this technique, it seems equally safe and

Table 1. Preoperative characteristics

Characteristics	Overall (n=42)	Vitrectomy under air group (n=21)	Standard vitrectomy group (n=21)	p
Mean (±SD) age (years)	59.6±6.1	60.7±7.0	58.6±5.0	0.27*
Sex: female/male, %	71/29	71/29	71/29	>0.99 [†]
Lens status				
Phakic, n (%)	37(88)	19(90)	18(86)	>0.99 [‡]
Pseudophakic, n (%)	5(12)	2(10)	3(14)	>0.99 [‡]
Mean (±SD) preoperative VA (LogMAR)	0.6±0.21	0.61±0.20	0.59±0.22	0.72*
Mean preoperative Snellen VA equivalent	20/80	20/80	20/80	0.72*
Range	20/40-20/200	20/40-20/200	20/40-20/200	
Mean (±SD) preoperative MP1 sensitivity (dB)	13.8±1.5	13.4±1.2	14.1±1.8	0.16*
Range	10.2-16.8	10.2-15.1	10.6-16.8	

SD: Standard deviation, VA: Visual acuity, LogMAR: Logarithm of the minimum angle of resolution, dB: Decibel, MP1: Microperimetry
[†]Chi-square test, *independent-samples test, [‡]Fisher's exact test

Table 2. Intraoperative and postoperative outcomes

Characteristics	Overall (n=42)	Vitrectomy under air group (n=21)	Standard vitrectomy group (n=21)	p
Mean (±SD) effective vitrectomy time (min)	10.4±3.1	7.5±0.3	13.3±0.5	<0.001*
Range	7-16	7-10	12-16	
Mean (±SD) total surgery time (min)	23.8±3.0	21.8±2.0	25.9±1.1	<0.001*
Range	19-30	19-26	21-30	
Mean (±SD) postoperative VA (LogMAR)	0.32±0.14	0.34±0.15	0.30±0.13	0.45 [†]
Mean (±SD) postoperative Snellen VA equivalent	20/42	20/44	20/40	0.45 [†]
Range	20/25-20/100	20/25-20/100	20/25-20/100	
Mean (±SD) postoperative MP1 sensitivity (dB)	14.35±1.6	14.2±1.6	14.5±1.6	0.54 [†]
Range	10.2-17.3	10.5-16.8	10.2-17.3	

SD: Standard deviation, n: Number, min: Minute, VA: Visual acuity, LogMAR: Logarithm of the minimum angle of resolution, MP1: Microperimetry
 *Mann-Whitney U test, [†]independent t-test

Table 3. Comparisons of mean preoperative and postoperative retinal sensitivity and best corrected visual acuity

Vitrectomy technique	Mean (±SD) MP1 sensitivity (dB)			Mean (±SD) VA (logMAR)		
	Preoperative	3 months postoperative	p	Preoperative	3 months postoperative	p
Vitrectomy under air (n=21)	13.4±1.2	14.2±1.6	0.29*	0.61±0.20	0.34±0.15	<0.001*
Standard vitrectomy (n=21)	14.1±1.8	14.5±1.6	0.53*	0.59±0.22	0.30±0.13	<0.001*

dB: Decibel, SD: Standard deviation, n: number, LogMAR: Logarithm of the minimum angle of resolution, MP1: Microperimetry, VA: Visual acuity
*Wilcoxon signed-rank test

comparable with standard vitrectomy technique in terms of anatomical and functional success. Although there was no significant improvement in postoperative retinal sensitivity evaluated by MP1, we concluded that continuous air infusion was not associated with significant direct or indirect damage to retinal nerve fibers.

In the standard PPV technique, vitreous gel is removed and the intraocular contents are replaced with commercially available BSS. Performing vitreoretinal surgical manipulations at the interface between perfluorocarbon liquid,^{10,11,12,13} silicone oil,^{14,15,16,17} or air,^{17,18,19,20,21,22} and residual vitreous, epiretinal membrane, and retina has been described as interface vitrectomy.²² In 2005, Quiroz-Mercado et al.¹¹ described a technique for vitrectomy using perfluorocarbon liquids as irrigation fluids for tractional and RRD. They concluded that in selected cases the use of perfluorocarbon liquids offers several advantages over BSS, because of their properties (gravitational forces, miscibility with body fluids, and ability to transport oxygen). The main inconvenience of perfluorocarbon-infused vitrectomy is considerably higher surgical cost.¹¹

Recently, Voleti et al.¹⁸ proposed premature fluid-air exchange so that the vitrectomy can be done under air rather than BSS. Advantages of air instead of BSS in continuous infusion during vitrectomy derive from the specific physical-mechanical properties of air. The difference in refractive index allows for a wider view of the retina under air. Moreover, the air-vitreous interface is more pronounced than the BSS-vitreous interface. Additionally, the surface tension of the air results in downward pressure over the retina and helps to further establish the interface between air and vitreous, allowing for more definitive identification of residual vitreous. This dynamic stabilizes the retina under air and, in combination with small-gauge vitreous cutters with their ports close to the tip, affords safe and precise vitrectomy. All these aspects allow easier identification of residual vitreous that should be completely removed in certain diseases (for example, RRD, proliferative diabetic retinopathy, and MH) to improve the chances of surgical success.

A widened field of view and improved visualization of both the peripheral retina and the vitreous base interface were observed in all cases during air-infused vitrectomy, allowing effective identification and removal of residual vitreous. During air-infused vitrectomy, air pushes the vitreous to the retinal surface to help prevent dispersal of the vitreous fluid. In classic

BSS-infused vitrectomy, vitreous mixes with irrigating solution, and during active vitrectomy the irrigating solution is mostly aspirated. However, in the air-infused system, the vitrectomy probe stays always in the vitreous and only vitreous is aspirated. This provides more efficacious vitrectomy and lessens the effective vitrectomy time and total surgery time, as observed in our study.

Shortly after the introduction of modern PPV, air injection and fluid-air exchange gained wide acceptance at every step of vitreoretinal surgery.²⁴ Fluid-air exchange during MH surgery is an essential step, required for successful closure of the hole. Visual field defects after MH surgery were reported,²⁵ and vitrectomy with humidified air for fluid-air exchange was subsequently proposed to prevent these defects.²⁶ Later, Gass et al.²⁷ noted that peripheral visual field defects after MH surgery is a complication with decreasing incidence. They proposed that a rather low pressure setting during fluid-air exchange, as well as special aspects of the surgical technique, might be responsible for the low incidence of peripheral visual field defects. A central 20° MP1 test performed 3 months postoperatively did not indicate diffuse loss of retinal sensitivity or significant visual field defects in the air-infused vitrectomy group.

It has been reported that vitrectomy under air may play a role in reducing the rate of iatrogenic retinal break formation compared with the standard vitrectomy technique. Sigler et al.¹⁷ performed peripheral interface vitrectomy under air in 86 consecutive cases of RRD, none of which developed iatrogenic retinal breaks or new retinal breaks in the postoperative period. Reibaldi et al.¹⁹ evaluated the incidence of iatrogenic retinal breaks in small-gauge vitrectomy under air compared with standard vitrectomy for idiopathic MH or idiopathic epiretinal membranes. The incidence rates of intraoperative and postoperative retinal breaks were significantly lower in the air group (2%) than the standard group (7%). Erdogan et al.²⁰ compared the efficacy and safety of peripheral vitrectomy under air infusion and fluid infusion in cases with RRD. They detected an iatrogenic retinal break rate of 2.5% in the air-infusion group, which was lower though not statistically significantly so, than the 10% in the standard vitrectomy group. In our study, with a smaller sample size, iatrogenic retinal break formation was not observed in either group.

Although the air allows a wider field of view, it can fog the posterior surface of the intraocular lens, leading to compromised

posterior segment visualization. Coating the posterior lens surface with viscoelastic material will help prevent this complication. In case of intraoperative hypotony during air-infused vitrectomy, the aspiration rate should be reduced or stopped until the intraocular pressure value returns to normal.

Study Limitations

The study was limited by the small sample size and limited follow-up.

Conclusion

Our study showed that 23-gauge vitrectomy under air significantly reduced the effective vitrectomy time and total surgical duration compared with standard 23-gauge vitrectomy. Several intraoperative complications including retinal touch, hypotony, fogging of the intraocular lens, and air in the anterior chamber were observed in the air group. Vitrectomy under air infusion seems to be associated with several problems that may be less common in standard PPV, but a definitive conclusion is not possible given the small number of participants. The final anatomical and functional outcomes were similar for both surgical techniques. Postoperative MP1 results were not associated with loss of retinal sensitivity or significant visual field defects in the air-infused vitrectomy group, suggesting that there is no specific direct or indirect damage to the retina or optic nerve related to the continuous air infusion. Further prospective controlled studies are necessary to confirm the efficacy and safety of this surgical technique.

Ethics

Ethics Committee Approval: The study were approved by the İstanbul Şişli Memorial Hospital of Ethics Committee (protocol number: 0067).

Informed Consent: Consent form was filled out by all participants.

Peer-review: Externally peer-reviewed.

Authorship Contributions

Surgical and Medical Practices: Murat Karaçorlu, Concept: Murat Karaçorlu, Serra Arf, Design: Murat Karaçorlu, Serra Arf, Data Collection or Processing: Mümin Hocaoğlu, Işıl Sayman Muslubas, M. Giray Ersöz, Analysis or Interpretation: Mümin Hocaoğlu, Murat Karaçorlu, Serra Arf, Literature Search: Mümin Hocaoğlu, Işıl Sayman Muslubas, M. Giray Ersöz, Writing: Murat Karaçorlu, Mümin Hocaoğlu.

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Comparative Biochemical Outcomes, Effectiveness and Tolerance of Densiron 68 and Oxane HD for the Management of Complicated Retinal Detachment

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Abstract

Objectives: To compare biochemical outcomes, effectiveness, and tolerance of two high-density silicone oils (HDSOs), silicone oil-RMN3 (Oxane® HD) and silicone oil-Densiron-68 (Densiron® 68), for the management of complicated retinal detachment (RD) associated with inferior proliferative vitreoretinopathy (PVR).

Materials and Methods: This was a retrospective, single-centre, comparative case series of 23 patients treated between September 2014 and June 2016. The main inclusion criteria were RD with inferior PVR receiving Oxane® HD or Densiron® 68 following pars plana vitrectomy. The main outcome measures were anatomical success, rate of RD recurrence, and best-corrected visual acuity (BCVA) at 6 months. Secondary outcomes were short-term complications.

Results: Twenty-three eyes were included: 16 eyes with Densiron® 68 tamponade and 7 eyes with Oxane® HD tamponade. Anatomical success under HDSO was significantly higher in the Densiron® 68 group (100%) than in the Oxane® HD group (42.8%) ($p=0.0455$). Recurrent RD was observed in 42.8% of eyes under Oxane® HD, but in none of the patients under Densiron® 68 ($p=0.001$). Six months after surgery, mean BVCA values (\pm standard deviation) with Densiron® 68 and Oxane® HD were 0.83 ± 0.62 logMAR and 1.81 ± 0.65 logMAR, respectively. BVCA was significantly better in the Densiron® 68 group ($p=0.006$). No significant differences were observed with regard to intraocular pressure, emulsification, or intraocular inflammation.

Conclusion: Densiron® 68 appears to be more effective than Oxane® HD for the management of RD associated with PVR. A randomized, controlled, interventional study is needed to demonstrate this difference.

Keywords: High-density silicone oils, Densiron® 68, Oxane® HD, complicated inferior retinal detachment, proliferative vitreoretinopathy

Introduction

Silicone oil has been demonstrated to be an effective long-term internal tamponade agent for the treatment of superior

breaks and retinal detachment (RD) complicated by proliferative vitreoretinopathy (PVR) and is currently widely used.^{1,2,3,4} Although lighter-than-water silicone oils can provide an effective tamponade effect for the superior retina, they provide little

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support for the inferior retina. This can result in the accumulation of fluid in the inferior quadrants of the retina during silicone oil tamponade and enhanced proliferation.⁵ The most frequent complication of the use of silicone oil as an internal tamponade is therefore the persistence or recurrence of inferior RD due to advanced PVR.^{6,7,8,9,10} In the 1990s, high-density (> 1.90 g/cm³) perfluorocarbons and partially fluorinated alkanes were used for RD surgery. However, these fluids were associated with tamponade emulsification, intraocular inflammation, and rises in intraocular pressure (IOP).

At the beginning of the 21st century, the first high-density silicone oils (HDSO) were introduced as endotamponade agents for RD with inferior PVR. HDSOs are a mixture of silicone oil and partially fluorinated alkanes and have a relative density of 1.02–1.06 g/cm³ at 22°C. The mixtures were developed to decrease postoperative tamponade emulsification, intraocular inflammation, and rises in IOP.

In 2003, a silicone oil–RMN3 mixture, Oxane[®] HD, which has a density of 1.03 g/cm³ at 22°C and a viscosity of 3300 centistokes (cSt) at 25°C was introduced. Oxane HD[®] consists of 11% RMN3 and 89% 5700 cSt silicone (Oxane 5700[®]), a polydimethylsiloxane (Figure 1A), and RMN3 (Figure 1B). It is a hydrogenated and fluorinated olefin, 1 perfluorooctyl-5-methylhex-2-ene and is soluble in silicone oil. It was followed in 2005 by another HDSO, a silicone oil–perfluorohexyloctane mixture called Densiron[®] 68, with a density of 1.06 g/cm³ at 22°C and a viscosity of 1400 cSt at 25°C. Densiron[®] 68 comes from a blend of 69.5% 5000 cSt silicone (Siluron 5000[®]), a polydimethylsiloxane, and 30.5% of perfluorohexyloctane (F6H8[®]) (Figure 1C).

These HDSOs have shown higher attachment rates in complicated RD.^{11,12,13,14,15,16,17} A recent meta-analysis has shown that the complication spectrum of these new-generation HDSOs seems to be similar to that of conventional silicone oil tamponades.¹⁸ These two approved heavier-than-water silicone oil tamponades, Oxane[®] HD and Densiron[®] 68, are commonly used in clinical practice.

Densiron[®] 68 has a higher density than Oxane[®] HD. Nevertheless, due to its lower viscosity, Densiron[®] 68 could result

in more tamponade emulsification, intraocular inflammation, and IOP elevation than Oxane[®] HD. In the present study, we compared the effectiveness and tolerance of Densiron[®] 68 and Oxane[®] HD for the management of complicated inferior RD in order to provide a decision-making table for vitreoretinal surgeons for the use of HDSO.

Methods

We retrospectively reviewed the medical records of patients with complicated RD treated using Oxane[®] HD or Densiron[®] 68 as an internal tamponade after pars plana vitrectomy (PPV) between September 2014 and June 2016. Prior to surgery, all patients underwent complete ophthalmologic evaluation including detailed slit-lamp and funduscopy examination, assessment of best corrected visual acuity (BCVA), and tonometry. The diagnosis of complicated RD was based on funduscopy examination of the retina. B-scan ultrasonography was performed if RD was difficult to assess using funduscopy examination. Inclusion criteria were: complicated RD, age over 18 years, pseudophakic eye, surgery performed under peribulbar anesthesia, patient able to communicate effectively, and informed consent obtained from the patient. Complicated RD was defined as follows: RD secondary to PVR and to inferior or posterior tears. In addition, recurrent and chronic RD was considered complicated RD. PVR was assessed according to the updated Retina Society Classification. Exclusion criteria were: chronic glaucoma, diabetes with retinopathy or diabetic maculopathy, active periocular or ocular infection, diagnosis of uncontrolled systemic disease, epiretinal membrane, non-French speakers, hallucinations, delirium, and Alzheimer's disorders. All surgeries were carried out by three specialist retinal surgeons at the Centre Hospitalier National d'Ophthalmologie (CHNO) des Quinze-Vingts, Paris, France.

Two HDSO were used: Oxane[®] HD (Bausch & Lomb, Germany) and Densiron[®] 68 (Fluoron GmbH, Germany). The use of Oxane[®] HD or Densiron[®] 68 was based on surgeon preference. Both Oxane[®] HD and Densiron[®] 68 were used by the three surgeons.

All surgeries consisted of standard three-port 23-gauge pars plana vitrectomy. Membrane peeling, retinotomy, and retinectomies were performed if needed. Retinal breaks were treated by endolaser. In patients with previous injected standard silicone oil, this agent was removed first. PFCL (perfluorocarbon liquid) was used during surgery only if retinotomy was performed. Subconjunctival injection of 4 mg dexamethasone was performed at the end of surgery. Antibiotic–steroid eye drops were applied 4 times daily for 1 month after surgery. HDSO was removed by active aspiration using an 18-gauge cannula and two 23-gauge ports for endoillumination probe and infusion.

Patients were examined at 1 week and at 1, 3, and 6 months postoperatively. Functional outcomes such as anatomical success under HDSO and after HDSO removal, BCVA, IOP changes, emulsification, intraocular inflammation scored with ocular inflammation grading scale (Table 1) and complications

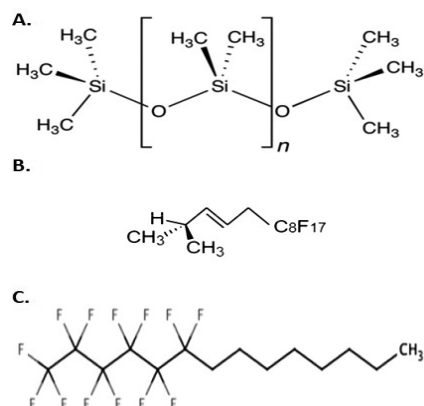


Figure 1. Chemical structure of HDSO components, A. Polydimethylsiloxane, B. RMN3, C. Perfluorohexyloctane

during and after endotamponade removal were documented at each follow-up visit. Functional outcomes were assessed via funduscopic examination and intraocular inflammation was assessed using slit-lamp examination.

Collected data included patient demographics, indication for pars plana vitrectomy, procedure performed, type of HDSO, and duration of follow-up.

The primary endpoints were anatomical success defined as a completely attached retina under HDSO, time under HDSO, rate of RD recurrence under HDSO tamponade in the Oxane® HD and Densiron® 68 groups, and mean BCVA at postoperative 6 months. In addition, data were compared between the Oxane® HD and Densiron® 68 groups during the same period in our hospital. Secondary endpoints were rate of RD recurrence after HDSO removal, mean duration to RD recurrence after HDSO removal, IOP changes, emulsification, intraocular inflammation, and endophthalmitis.

Statistical Analysis

BCVA values were converted into logMAR units. Primary and secondary endpoints were evaluated using chi-square and Mann–Whitney U tests, with p < 0.05 considered statistically significant. The nonparametric Mann–Whitney test is widely used to test treatment effects by comparing the outcome distributions between two groups. Source apportionments of elements were carried out using MS Excel 2010®. Data were analyzed using XLSTAT® software. The Quinze-Vingts ethics committee approved this study.

Results

Twenty-three eyes of 21 patients were included: 16 eyes treated with Densiron® 68 tamponade and 7 eyes with Oxane® HD tamponade. Two patients with glaucoma were excluded (Figure 2). Analysis of the patient demographics (Table 2) showed that the average age was 65 ± 12 years (mean ± standard deviation). No significant difference in age was observed between the Densiron® 68 and Oxane® HD groups. In addition, no differences were found for any of the patient demographics, such as age or ethnicity, nor for anesthesia (Table 2). The indications for HDSO tamponade were similar for both groups and included: RD secondary to PVR with inferior breaks. The mean follow-up time was similar for both groups: 9 ± 4 months.

The prevalence of macular detachment before surgery was approximately 80% in both the Densiron® 68 and the Oxane®

HD group (Table 2). Two patients in the Densiron® 68 group were under standard silicone oil tamponade before inclusion. Four patients had undergone vitrectomy with gas endotamponade

Table 2. Study population characteristics			
	Densiron 68	Oxane HD	
Gender (%)			
Male	43.7*	42.8*	
Female	56.2*	57.1*	
Age (years), mean (SD)	66.2 (12.8)	64.7 (12.9)	
Ethnicity (%)			
Europe	93.7*	100	
North Africa	6.2*	0	
Eye (%)			
Right	68.7	85.7	
Left	31.3	14.3	
Anesthesia (%)			
Peribulbar	100	100	
General	0	0	
PVR (%)			
Yes	87.4	71.4	
No	12.6	28.6	
PVR grade (%)			
A	9	20	
B	54.6	20	
C	36.4	60	
Retinotomy RD (%)	75	71.4	
Location of RD (%)			
Inferior	75	85.7	
Superior	18.7	0	
Total	6.3	14.3	
Macular detachment (%)			
ON	25	14.3	
OFF	75	85.7	
BCVA before surgery (logMAR), mean (SD)	1.48 (0.78)	1.97 (0.48)	p=0.20
Recurrent and chronic RD, n (%)			
RD under standard silicone	2	0	
RD after gas endotamponade	3	2	
Chronic RD with no personal history of vitrectomy	4	1	
Lifestyle habits (%)			
Smoking	87.5	85.7	
Alcohol	12.5	14.3	

SD: Standard deviation, RD: Retinal detachment, PVR: Proliferative vitreoretinopathy, p: P value, n: Number
*Percentages are rounded and may not sum to 100

Table 1. Ocular inflammation grading scale	
	Anterior Chamber
Grade	Flare count
0	Complete absence
1	Very slight (barely detectable)
2	Moderate (iris and lens clear)
3	Marked (iris and lens hazy)
4	Intense (fibrin clot)

(three in the Densiron® 68 group and two in the Oxane® HD group). No eyes in either group had phacoemulsification before vitrectomy. All eyes already had an intraocular lens (IOL) before surgery. Retinectomies and retinotomies were only performed on patients with PVR. The rate of retinotomy was similar in both groups (Table 2). No statistically significant difference in BVCA was observed between the Densiron® 68 group and the Oxane® HD group prior to surgery ($p = 0.20$) (Table 2).

Anatomical Success and RD Recurrence Under HDSO

Anatomical success under HDSO was significantly higher in the Densiron® 68 group (100%) than in the Oxane® HD group (42.8%) ($p = 0.0455$). Of the 7 eyes treated using Oxane® HD, 3 (42.8%) showed recurrent RD with macular detachment under HDSO. All of these detachment events occurred in the inferior retinal quadrants. None of the 16 eyes in the Densiron® 68 group showed recurrent RD under HDSO. Anatomical success after HDSO removal was also significantly higher in the Densiron® 68 group (81.3%) than in the Oxane® HD group (48%) ($p = 0.001$). In the Densiron® 68 group, the mean duration until silicon oil removal was 4.18 ± 2.56 months compared with 3.50 ± 2.20 months in the Oxane® HD group. The mean duration until silicon oil removal was shorter in the Oxane® HD group due to recurrent RD which occurred after 1 month in 2 eyes and only 1 week in 1 eye in this group (Table 3).

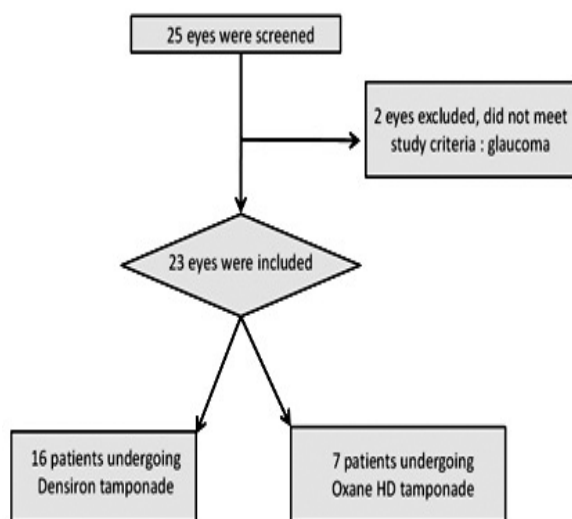


Figure 2. Study flowchart

Rate of RD Recurrence After HDSO Removal

Concerning the secondary endpoints, of the 16 eyes in the Densiron® 68 group, 3 (18.7%) displayed recurrent RD with macular detachment following HDSO removal. All of these detachment events occurred in the inferior retinal quadrants. The mean duration until recurrent RD was 5 months after Densiron® 68 removal. In the Oxane® HD group, 3 of the 7 eyes displayed RD under HDSO. Recurrent RD was higher in the Oxane® HD group than in the Densiron® 68 group after HDSO removal (Table 3).

BVCA at Postoperative 6 Months

Concerning the primary endpoints, mean BVCA at postoperative 6 months was 0.83 ± 0.62 logMAR in the Densiron® 68 group and 1.81 ± 0.65 logMAR units in the Oxane® HD group (Table 4). BVCA at 6 months was significantly better in the Densiron® 68 group than in the Oxane® HD group ($p = 0.006$) (Table 4). The Densiron® 68 group showed a significant improvement in BVCA at postoperative 6 months compared to before surgery (0.83 ± 0.62 logMAR vs. 1.48 ± 0.78 logMAR; $p = 0.01$), while the postoperative change in BCVA was not statistically significant in the Oxane® HD group (1.97 ± 0.48 logMAR vs. 1.81 ± 0.65 logMAR; $p = 0.80$) (Table 4).

Tolerance Under HDSO

The Densiron® 68 and Oxane® HD groups were compared in terms of IOP changes, emulsification, and intraocular inflammation (Table 5). No significant differences were observed between the two groups. Densiron® 68 was well tolerated with the exception of one patient who developed chronic glaucoma.

Table 3. Anatomical success and retinal detachment recurrence under HDSO

	Densiron 68	Oxane HD	p value
Anatomical success 6 months after HDSO removal (%)	81.3	42.8	0.0455
RD recurrence under HDSO (%)	0	42.8	0.001
RD recurrence after HDSO removal (%)	18.7	42	0.317
Time to RD recurrence after HDSO removal (months), mean (SD)	4.18 (2.56)	3.50 (2.08)	

SD: Standard deviation, RD: Retinal detachment, HDSO: High-density silicone oil
 * Statistically significant result $p < 0.05$

Table 4. Best corrected visual acuity before and 6 months after surgery

	Densiron 68	Oxane HD	p value (Densiron 68 vs. Oxane HD)
Preoperative BVCA (logMAR), mean (SD)	1.48 (0.78)	1.97 (0.48)	0.20
Postoperative 6-month BVCA (logMAR), mean (SD)	0.83 (0.62)	1.81 (0.65)	0.006*
p value (preoperative vs. postoperative)	0.01*	0.80	

BCVA: Best corrected visual acuity, SD: Standard deviation
 * Statistically significant result $p < 0.05$

Both HDSOs induced intraocular inflammation, but only in a few patients, about 10% in both groups. All patients that had inflammation were assessed as grade 2 on the ocular inflammation grading scale. Several cases of HDSO emulsification were observed: 25% in Densiron® 68 group and 16% in Oxane® HD group after 1 month (Figures 3 and 4). No significant differences

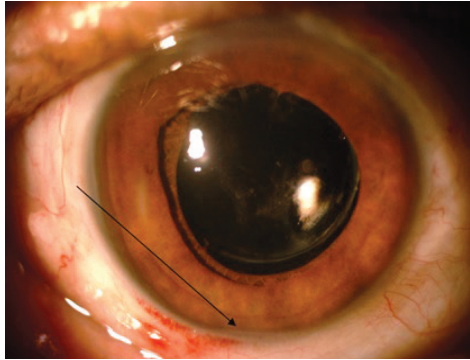


Figure 3. Inferior emulsification under Densiron® 68 tamponade in anterior chamber (black arrow)

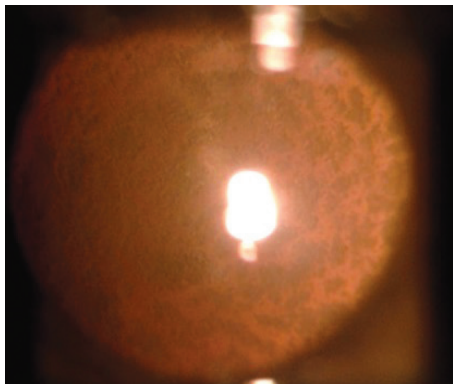


Figure 4. Retrocapsular emulsification under Densiron® 68 tamponade

were observed between the two groups for emulsification. No cases of endophthalmitis were noted in either group.

Surgeon Use of HDSOs

Use of Densiron® 68 and Oxane® HD was similar for all of the surgeons. In addition, RD recurrence after HDSO removal was similar for each surgeon (Table 6).

Discussion

The use of HDSO is required for internal tamponades when the duration of the tamponade is greater than one month and when there is a significant risk of recurrent RD without internal tamponade. The use of HDSO is therefore strongly indicated for patients with complex retinal detachments, as all patients under Densiron® 68 had complete anatomical success.

In this study, we compared the effectiveness and tolerance of Densiron® 68 and Oxane® HD for the management of complicated RD. To the best of our knowledge, no studies have yet compared these two HDSOs.

We found a statistically significant difference between the Densiron® 68 and Oxane® HD groups in terms of anatomical and functional success rates. Our final 81.3% success rate for primary reattachment at least 6 months after Densiron® 68 removal is consistent with the results of other studies.^{19,20} Only 48% of patients had anatomical success after Oxane® HD removal. This suggests that Densiron® 68 provided better support for the inferior retina than Oxane® HD. Densiron® 68 is a mixture of 30.5% perfluorohexyloctane (F6H8) and 69.5% polydimethylsiloxane (SiO) (vol/vol). The specific gravity of Densiron® 68 (1.06 g/cm³ at 25°C) is higher than that of Oxane® HD (1.03 g/cm³ at 25°C). Because a heavy intraocular tamponade is needed for the management of complicated RD, the greater density of Densiron® 68 could explain the lower rate of retinal redetachment under Densiron® 68 compared with Oxane® HD.

In addition, our result of 81.3% anatomical success under Densiron® 68 HD is similar to other studies.²¹

All redetachment events were observed in the inferior retina. Densiron® 68 and Oxane® HD could also be effective

	Densiron 68	Oxane HD	p value
Tolerance under HDSO at week 1			
IOP mean (SD)	15.1 (8.7)	12.1 (2.5)	Ns
Emulsification (%)	12.5	14.3	
Intraocular inflammation (%)	6.3	14.3	
Tolerance under HDSO at month 1			
IOP mean (SD)	14.3 (4.6)	15.5 (7.1)	Ns
Emulsification (%)	25	16.6	
Intraocular inflammation (%)	12.5	14.3	
Tolerance under HDSO at month 3			
IOP mean (SD)	15.1 (4.1)	14.6 (5.5)	Ns
Emulsification (%)	25	16.6	
Intraocular inflammation (%)	12.5	14.3	
SD: Standard deviation, HDSO: High-density silicone oil, IOP: Intraocular pressure, ns: Not significant			

	Surgeon 1	Surgeon 2	Surgeon 3
Use of Densiron (%)	31.2	31.2	37.6
Use of Oxane HD (%)	28.5	28.5	43
RD recurrence after HDSO removal in Densiron group (%)	6.25	6.25	6.25
RD recurrence after HDSO removal in Oxane HD group (%)	14.3	14.3	14.3
RD: Retinal detachment			

in providing support for the superior retina, as no superior RD events or tears were observed following HDSO removal.

In addition, patients who received an endotamponade with Densiron® 68 showed more favorable functional outcomes, with mean postoperative 6-month BCVA that was significantly better compared to preoperative BCVA ($p = 0.01$) and the postoperative 6-month BCVA in patients treated with Oxane® HD ($p = 0.006$). The rate of functional success was disappointing in patients who received an endotamponade with Oxane® HD because of anatomical failure due to the high RD recurrence rate (42.8%).

In the present study, the mean time to Densiron® 68 removal was 4.18 ± 2.56 months, which is relatively short. This could probably be explained by the fact that surgeons wanted to avoid potential complications associated with Densiron® 68, especially emulsification. In the Densiron® 68 group of this retrospective study, recurrent RD was observed in 18.7% eyes following HDSO removal. However, given the low complication rate in patients undergoing tamponade with Densiron® 68, it is possible that a longer tamponade duration, for example 6 months, could decrease the RD recurrence rate following HDSO removal despite the general consensus that the timing of silicone oil removal has no impact on redetachment rate.²²

Both groups showed similar complications, such as a rise in IOP, inflammatory reactions, and emulsification of HDSO, and complication rates did not differ significantly between the two groups. Similar complications have been observed in previous reports on the use of Densiron® 68.^{23,24,25} One patient in the Densiron® 68 group developed chronic glaucoma. Apart from this single case, Densiron® 68 was well tolerated. Previous studies have reported that the use of Densiron® 68 results in higher IOP levels, and more cases of inflammatory reaction and emulsification than Oxane® HD because of its lower viscosity (1400 cSt for Densiron® 68 vs. 3300 cSt for Oxane® HD at 25°C.^{26,27,28} Nevertheless, in our study Densiron® 68 and Oxane® HD had similar, low complication rates. Two steps of the procedure could explain these low complication rates: first, all patients received a subconjunctival injection of 4 mg dexamethasone at the end of surgery, which reduces postoperative inflammation, and second, the ocular cavity was completely filled with HDSO. The importance of completely filling the ocular cavity with silicone oil has previously been demonstrated because

the presence of an incomplete bubble promotes emulsification.²⁹ In addition, the lower viscosity of Densiron® 68 makes both injection and removal easier. Recently, Densiron® Xtra has been produced. It has a lower viscosity (1200 cSt) than Densiron® 68, allowing easy injection, especially with 25-gauge systems. It also allows easy removal and has a low emulsification rate.³⁰

Many studies have studied retinal and corneal toxicity. No histological changes have been reported in rabbit or pig. Some lesions have been observed on optical microscopy, including minor mononuclear inflammatory reaction, some disorganization of the intercellular space between photoreceptors, nuclear densification in the outer nuclear layer, irregularities in the external limiting membrane, and intracellular edema in the outer retinal layers. In electron microscopy, intercellular edema at the level of the outer layer and disorganization of the inter-photoreceptor space have been well described, while the structure of the photoreceptor segments remained normal.^{31,32,33,34,35}

Limitations of the present study are the lack of a randomized procedure and the small number of patients in the Oxane® HD group. Surgical steps during the procedure were similar for the two groups, which reduces bias in evaluating success after surgery. This study is retrospective with low-level evidence; however, our results for anatomical success and mean BVCA in patients after HDSO tamponade could guide future statistical considerations if a randomized controlled study is to be conducted. The use of Oxane® HD or Densiron® 68 was based on surgeon preference, which is another source of bias.

One of the main advantages of using HDSOs is that patients are not required to lie face-down after surgery, a position that can be difficult to maintain, especially with older patients.

In this study, all retinal surgeries were performed by three surgeons, which could have introduced bias. However, the procedures were similar and both Oxane® HD and Densiron® 68 were used by the three surgeons, so any bias should be minimal. Moreover, RD recurrence after HDSO removal was similar for each surgeon (Table 6).

Our study suggests that Densiron® 68 is a better endotamponade agent than Oxane® HD for treating complicated inferior RD due to its higher density. Thus, we propose a decision-making table for the management of complicated inferior RD (Table 7).

	High density silicone oils	
	Densiron 68	Oxane HD
Viscosity (cSt) at 25°C	1400	3300
Density (g/cm ³) at 22°C	1.06	1.03
Indications	RD with inferior dehiscence and difficult postoperative face down positioning RD with small inferior retinotomy	Long time tamponade without inferior dehiscence
RD: Retinal detachment		

Conclusion

In summary, Densiron® 68 seems to be more effective for endotamponade than Oxane® HD to manage complex RD associated with PVR. Densiron® 68 provides high anatomical and functional success rates. The rate of complications with Densiron® 68 is low with adapted postoperative management. A controlled, randomized interventional study is now required to further investigate the advantages of Densiron® 68 and demonstrate its superiority.

Ethics

Ethics Committee Approval: CHNO committee, approval number 32154

Informed Consent: Obtained from all patients.

Peer-review: Externally and internally peer-reviewed.

Authorship Contributions

Surgical and Medical Practices: S. Ayello-Scheer, R. Ores, C. Keilani, Concept: C. Keilani, S. Ayello-Scheer, Design: C. Keilani, S. Ayello-Scheer, JA. Sahel, Data Collection or Processing: C. Keilani, E. Augstburger, M. Robin, A. Beaugrand, Analysis or Interpretation: C. Keilani, E. Augstburger, M. Robin, A. Beaugrand, Literature Search: C. Keilani, S. Ayello-Scheer, R. Ores, JA. Sahel, Writing: C. Keilani, E. Augstburger, M. Robin, A. Beaugrand

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Demarcation Laser Photocoagulation for Subclinical Retinal Detachment: Can Progression to Retinal Detachment Be Prevented?

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Abstract

Objectives: To describe results of demarcation laser photocoagulation in preventing progression of subclinical retinal detachment (SCRD).

Materials and Methods: Twenty-one eyes of 20 patients with SCR D were included. All patients underwent a complete ophthalmological examination, spectral-domain optical coherence tomography, and color fundus photography. Ages at initial diagnosis ranged between 18 and 75 years (mean: 57.3±16.2 years). Patients followed for at least 6 months were included in the study. Periodic retinal examinations were performed over follow-up periods of 6-55 months using Goldmann three-mirror contact lens and sometimes semilunar mirror lens with scleral indentation.

Results: Twelve patients (60%) were female, eight (40%) were male. The mean follow-up period was 24.3±15.2 months (6-55 months). Three (14.3%) eyes were pseudophakic. One patient was affected bilaterally, with both eyes each containing two separate areas of involvement. The SCR D was in the upper quadrant of 18 eyes (85.7%) and the lower quadrant in 3 eyes (14.3%), and was located in the temporal region 10 eyes (47.6%), the nasal quadrant in 4 eyes (19.1%), and in the upper quadrant (temporal-nasal) in 7 eyes (33.3%). Six eyes (28.6%) were found to have myopia greater than -3.0 diopters. Progression to clinical retinal detachment was observed in 4/21 SCR D eyes (19%). All eyes showing progression to clinical retinal detachment had >-3.0 diopter myopia and multiple retinal tears located in the upper quadrant.

Conclusion: Demarcation laser photocoagulation should be kept in mind as a first-line treatment for eyes with SCR D. Laser photocoagulation is vital in preventing progression to rhegmatogenous retinal detachment in most patients. After this treatment, these patients should be followed closely.

Keywords: Clinical retinal detachment, first-line treatment, laser photocoagulation, subclinical retinal detachment

Introduction

There is no clear or sufficiently broad consensus among ophthalmologists regarding the term “subclinical retinal detachment” (SCR D). At present, SCR D is defined as rhegmatogenous retinal detachment that causes no change in visual acuity or visual field.¹ Another commonly used definition

is the presence of subretinal fluid that extends at least one disc diameter from the nearest break and no more than two disc diameters posterior to the equator.^{2,3,4} The real incidence and natural history of SCR D are unknown, as most patients are clinically asymptomatic. In the literature, clinical progression is reported in up to 50% of SCR Ds.⁵ Therefore, these patients

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should be treated. If eyes with SCRD are left untreated, regular examination is imperative. SCRD may also lead to epiretinal membrane and/or cystoid macular edema.

Our main objective in this study was to evaluate the safety and effectiveness of demarcation laser photocoagulation in preventing the progression of SCRD to clinical retinal detachment. The secondary aim of the study was to investigate the presence of epiretinal membrane and/or cystoid macular edema in SCRD patients treated with demarcation laser photocoagulation.

Materials and Methods

The study included 21 eyes of 20 patients who were followed for SCRD in the Retina Unit of the Dokuz Eylül University Faculty of Medicine, Department of Ophthalmology between October 2014 and May 2018 and had not previously received any treatment. The patients included in the study presented to the outpatient clinic due to refractive error and were diagnosed with SCRD upon fundus examination. The study was approved by Dokuz Eylül University Faculty of Medicine Ethics Committee (2018/29-35) and conducted in accordance with the accepted principles in the Declaration of Helsinki. All patients who volunteered to participate were informed in detail about the study and laser photocoagulation, and their written informed consent was obtained. Inclusion criteria were undergoing 360° laser photocoagulation for SCRD and being followed for at least 6 months after treatment. Exclusion criteria were reduced visual acuity or visual field loss associated with detachment upon initial examination, detachment that could not be encircled by 360° laser photocoagulation, history of other retinal surgery, and myopia greater than -8.0 D. The medical records of the patients included in the study were examined in detail and the data were recorded in full in SPSS.

All patients underwent a detailed eye examination prior to treatment. Best corrected visual acuity (BCVA) was measured by Snellen chart. Slit-lamp examination was performed and intraocular pressure was measured with Goldmann applanation tonometer. Fundus examination was performed on both affected and unaffected eyes with a Goldmann three-mirror contact lens. Color fundus photographs and spectral domain optical coherence tomography (SD-OCT) scans (Heidelberg HRA-OCT Spectralis, Heidelberg Engineering GmbH, Heidelberg, Germany) of the posterior segment were acquired for all patients prior to treatment.

Argon laser photocoagulation was performed using the 360° demarcation technique surrounding the SCRD using a Goldmann three-mirror contact lens and, when necessary, a contact lens with scleral indentation (Figures 1 and 2). Additional laser photocoagulation was performed as necessary during follow-up. The argon green wavelength (514 μm) of the Zeiss Argon Laser system was used for photocoagulation. After instilling proparacaine hydrochloride 0.5% (Alcaine®) for topical anesthesia, the laser procedure was performed using a Goldmann three-mirror contact lens. Pulses were delivered with 200-micron spot diameter and 0.2-s duration, starting at energy of 180 mW and increasing the power when necessary.

Follow-up examinations were performed at 1, 3, and 6 weeks after laser photocoagulation, followed by monthly follow-ups for the remainder of the first 6 months. At all follow-up visits, patients underwent BCVA assessment with Snellen chart, anterior segment examination, intraocular pressure measurement, and detailed fundus examination using a Goldmann three-mirrored contact lens. Posterior segment color fundus photographs and SD-OCT scans were also acquired but not routinely at each visit.

Statistical Analysis

The data obtained were recorded in SPSS 17.0 (SPSS Inc, Chicago, IL, USA). Means and standard deviations were calculated for all the data.

Results

The patients' demographic data, ophthalmic findings, and follow-up times are summarized in Table 1. Of the 20 patients with SCRD, 12 (60%) were female and 8 (40%) were male. The mean age was 57.3 ± 16.2 years (18-75 years) and mean follow-up time was 24.3 ± 15.2 months (6-55 months). Three eyes (14.3%) were pseudophakic. Axial length of the eyes was 22-27 mm. Of the 21 affected eyes, 11 (52%) were right eyes and 10 (48%) were left eyes. One patient (patient: 9, Table 1) had bilateral involvement, with two separate areas affected in each eye. In terms of retinal quadrants affected, SCRD was in the upper quadrant in 18 eyes (85.7%) and the lower quadrant

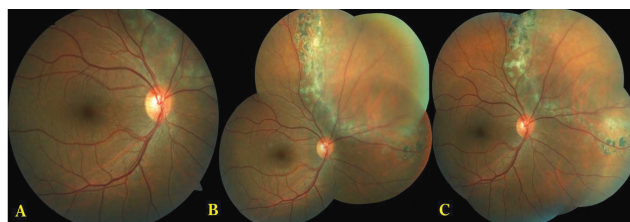


Figure 1. A) Color fundus photographs from a 19-year-old male patient (Patient 4) show subclinical retinal detachment secondary to a retinal tear in the peripheral upper nasal area of the right eye, B) appearance 1 month after demarcation laser photocoagulation, and C) appearance 6 months after demarcation laser photocoagulation. The entire SCRD and 360° laser demarcation could not be shown due to the difficulty of obtaining fundus photographs of the peripheral retina
SCRD: Subclinical retinal detachment

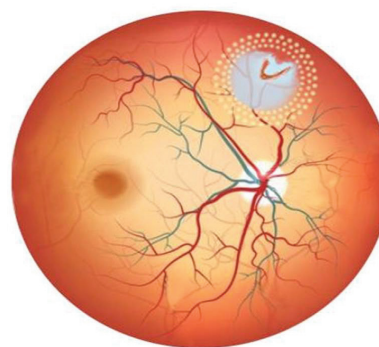


Figure 2. Schematic showing subclinical retinal detachment secondary to horseshoe retinal tear in the peripheral upper nasal area of the right eye and the 360° laser photocoagulation procedure

Table 1. Demographic data, ocular findings, and follow-up periods of the patients

Patient no	Age (years)	Sex	Eye	Spheric equivalent	Tear location	Number of tears	ERM/CME	PPV	Follow-up time (months)
1	74	F	R	-1.75	Superotemporal	1	-	-	42
2	37	M	L	-1.24	Superotemporal	1	-	-	21
3	70	F	R	-0.78	Superior	2	-	-	16
4	19	M	R	-3.22	Superonasal	1	-	-	6
5	61	F	L	+0.78	Superotemporal	1	-	-	7
6	54	M	L	-1.45	Superotemporal	1	+	-	9
7	68	M	L	-0.56	Superior	1	+	-	14
8	64	F	R	-4.25	Superior	2	+	+	28
9	71	F	R	-4.76	Superotemporal	2	+	+	26
			L	-5.32	Superior	2	+	+	
10	57	F	L	-2.36	Superior	2	+	-	24
11	75	M	R	-1.56	Inferotemporal	1	-	-	50
12	60	F	L	+0.58	Superotemporal	1	+	-	36
13	67	M	R	-1.46	Superotemporal	1	+	-	55
14	59	F	R	-0.86	Inferonasal	1	-	-	18
15	46	F	R	-6.34	Superonasal	2	-	+	9
16	61	F	L	+0.38	Inferonasal	1	-	-	29
17	18	M	R	-1.12	Superior	1	-	-	35
18	68	F	L	-0.26	Superotemporal	1	-	-	7
19	57	M	L	-2.46	Superior	1	-	-	6
20	46	F	R	-3.68	Superotemporal	1	-	-	46

ERM: Epiretinal membrane, CME: Cystoid macular edema, PPV: Pars plana vitrectomy, F: Female, M: Male, R: Right, L: Left

in 3 eyes (14.3%), and was located in the temporal quadrant in 10 eyes (47.6%), the nasal quadrant in 4 eyes (19.1%), and both the temporal and nasal quadrants in 7 eyes (33.3%). Etiology of SCRCD was secondary to lattice degeneration in 16 eyes, secondary to posterior vitreous detachment (horseshoe tear) in 4 eyes, and secondary to an atrophic hole in 1 eye.

Myopia greater than -3.0 D was detected in 6 (28.6%) of the eyes with SCRCD. Epiretinal membrane and/or cystoid macular edema occurred in 8 (38%) of the eyes included in the study (Table 1). In the 3 eyes (14.3%) that developed cystoid macular edema, complete regression was observed with topical nepafenac 3 times a day used for a mean of 3 months. Progression to clinical retinal detachment was observed in 4 (19%) of the 21 eyes during follow-up, and these patients underwent pars plana vitrectomy (PPV). All of the eyes with progression to clinical retinal detachment had greater than -3.0 D myopia and multiple retinal breaks in the upper quadrant. No recurrence was observed in the eyes that underwent PPV. No major complications related to demarcation laser photocoagulation were observed.

Discussion

The term SCRCD was first used in 1952 by Schepens⁶ to describe cases in which a diagnosis of clinical retinal detachment

could not be established using the usual investigation methods. The methods available at that time included direct ophthalmoscopy and sometimes slit-lamp biomicroscopy and visual field examination. In 1958, Schepens¹ defined SCRCD as retinal detachment that does not cause changes in the patient's visual field or visual acuity. The criterion used in this second definition formed the basis of the term SCRCD as currently used. In 1973, Davis⁷ described SCRCD in anatomical terms, delimiting and thus substantially refining its definition. At present, there is no complete consensus regarding the term SCRCD.

Detachments that do not cause visual field defects or reduce visual acuity may not be noticed by patients. In such cases, the retinal detachment is either self-limited to the demarcation line or progresses to clinical retinal detachment. Because patients with SCRCD are asymptomatic and do not receive medical treatment, the real incidence or natural history of SCRCD cannot be determined. There are few studies in the literature reporting the natural course of SCRCD. In a study by Byer⁸ including 17 eyes with asymptomatic retinal tears and long-term follow-up, 18 SCRCD areas were monitored without treatment. In the natural course of SCRCD in these eyes, 11% progressed from SCRCD to clinical retinal detachment. In the same study, 59% of the SCRCD areas were in the lower retinal quadrants and 90.9% of the eyes had involvement in the temporal half of the retina.

This localization may have contributed to SCRD being preserved as subclinical and remaining asymptomatic in terms of visual field defects. Brod et al.⁹ followed 31 eyes of 28 patients with asymptomatic rhegmatogenous retinal detachment for a mean of 3.4 years and observed progression of detachment in only 6% of the eyes.

The literature is not clear regarding how to approach SCRD or the necessity of treatment.^{8,9,10,11,12} Although these detachments exhibit different clinical states during their natural course, they may progress to a symptomatic condition. In symptomatic detachments that develop from SCRD, the former detachment line is seen in most patients.⁹ Because there is insufficient data on the natural course of SCRD, the risk of their progression to symptomatic retinal detachment is not fully known. When deciding whether or not to treat a patient, treatment should be considered in patients who need to be physically active; those who have superiorly located, horseshoe, or multiple retinal tears; and most importantly, those who develop symptomatic retinal detachment.⁵ Intraocular surgery to treat SCRD carries the risk of postoperative decrease in vision. As many patients with SCRD have ≥ 0.8 (Snellen) visual acuity, substantial reductions in visual acuity may be observed following surgery.

Since the development of microincision approaches (23-, 25-, and 27-gauge), wide-angle imaging systems, high-speed cutters, and better illumination methods, PPV is now preferred for the treatment of retinal detachment.¹³ Scleral buckling surgery (cerclage band), a minimal surgical method, can also yield successful outcomes in suitable patients. However, this procedure is less preferred because some surgeons working in this field have poor command of the indirect ophthalmoscope, and there is a lack of time and training programs for cerclage training.¹⁴ Different therapeutic approaches to SCRD and clinical retinal detachment can be observed among physicians. The decision to pursue invasive treatment or to monitor SCRD is not urgent, and surgical interventions may not be necessary in primary treatment as long as there is no clinical retinal detachment in the patient's fellow eye. We preferred demarcation laser photocoagulation as a more conservative therapeutic approach in our SCRD patients and achieved successful outcomes with this noninvasive treatment.

There is evidence that adhesion between the neural retina and retinal pigment epithelium begins to develop 24 hours after the treatment of laser photocoagulation.¹⁵ However, it takes 3 to 14 days to reach maximum strength.¹⁶ If laser photocoagulation can be successfully applied in 360° surrounding the detachment, it is a non-invasive, simple, and effective treatment option. In all of our patients, the detachments were encircled with 3-4 rows of 360° laser photocoagulation and monitored closely. Epiretinal membrane and/or cystoid macular edema was detected in 38% of the eyes, but none of the eyes required surgical treatment for epiretinal membrane. The 3 eyes (14.3%) that developed cystoid macular edema, were treated with topical nepafenac 3 times a day, and regression was observed within an average of 3 months.

SCRD progression to clinical retinal detachment occurred in 19% (4 eyes) during the long-term follow-up of our patients. We noted that the eyes in our study that progressed to clinical retinal detachment and underwent PPV had multiple (≥ 2) retinal tears and SCRD located in the upper quadrant.

In patients with SCRD, demarcation laser photocoagulation should be kept in mind as a primary treatment to avoid the possible complications of intraocular surgery. Demarcation laser photocoagulation is of great importance in preventing progression to clinical retinal detachment in most patients. Patients should be monitored closely after demarcation laser photocoagulation therapy. The patient group most at risk for progression to clinical retinal detachment includes those with multiple retinal tears, upper quadrant involvement, and extensive subretinal fluid, and these patients should therefore be monitored more closely and carefully.

Ethics

Ethics Committee Approval: The study was approved by Dokuz Eylül University Faculty of Medicine Ethics Committee (2018/29-35).

Informed Consent: All patients who volunteered to participate were informed in detail about the study and laser photocoagulation, and their written informed consent was obtained.

Peer-review: Externally peer-reviewed.

Authorship Contributions

Surgical and Medical Practices: Nilüfer Koçak, Mahmut Kaya, Concept: Nilüfer Koçak, Mahmut Kaya, Süleyman Kaynak, Design: Nilüfer Koçak, Mahmut Kaya, Süleyman Kaynak, Data Collection or Processing: Mahmut Kaya, Taylan Öztürk, Volkan Bolluk, Analysis or Interpretation: Mahmut Kaya, Taylan Öztürk, Nilüfer Koçak, Literature Search: Mahmut Kaya, Taylan Öztürk, Volkan Bolluk, Writing: Nilüfer Koçak, Mahmut Kaya, Süleyman Kaynak.

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Update in Genetics and Surgical Management of Primary Congenital Glaucoma

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Abstract

Primary congenital glaucoma (PCG) continues to be an important cause of visual impairment in children despite advances in medical and surgical treatment options. The progressive and blinding nature of the disease, together with the long lifespan of the affected population, necessitates a thorough understanding of the pathophysiology of PCG and the development of long-lasting treatment options. The first part of this review discusses the genetic features and makeup of this disorder, including all currently identified genetic loci (GLC3A, GLC3B, GLC3C and GLC3D) and relevant protein targets important for trabecular and Schlemm canal dysgenesis. These target molecules primarily include CYP1B1, LTBP2, and TEK/Tie2 proteins. Their potential roles in PCG pathogenesis are discussed with the purpose of bringing the readers up to date on the molecular genetics aspect of this disorder. Special emphasis is placed on functional implications of reported genetic mutations in the setting of PCG. The second part of the review focuses on various modifications and refinements to the traditional surgical approaches performed to treat PCG, including advances in goniotomy and trabeculotomy ab externo techniques, glaucoma drainage implant surgery and cyclodiode photocoagulation techniques that ultimately provide safer surgical approaches and more effective intraocular pressure control in the 21st century.

Keywords: Primary congenital glaucoma, genetics, angle surgery, glaucoma drainage implants

Introduction

Primary congenital glaucoma (PCG) (OMIM 231300) is a potentially blinding ocular disease that occurs secondary to a developmental anomaly of the anterior chamber angle and which results in high intraocular pressure (IOP) with its resultant devastating consequences.^{1,2} It is an important global cause of pediatric visual impairment and leads to legal blindness, even with treatment.^{3,4,5} The underlying mechanism in PCG is trabecular dysgenesis with or without varying degrees of associated iridodysgenesis including arrested posterior migration of the peripheral iris tissue and maldeveloped trabecular angle meshwork with or without dysgenesis of the Schlemm's canal (SC).¹ Current evidence suggests that trabecular dysgenesis

occurs due to mutations that impair normal trabecular meshwork development.^{6,7,8} However, the mechanisms through which these genes act to induce trabecular dysgenesis is not, as of yet, clearly elucidated.

Current treatment strategies for PCG revolve around surgical methods that target the abnormal trabecular angle.⁹ These options include goniotomy and trabeculotomy ab externo, and variations thereof, that are performed as primary procedures in patients with PCG.^{9,10,11,12} Many patients require more than one surgery and, in some cases, drainage procedures if these angle-based procedures do not lower the IOP to a safe level to halt glaucomatous optic neuropathy.^{9,13,14} Patients with PCG also frequently require adjunctive topical hypotensive medications in their postoperative course.^{2,4}

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The purpose of this review is to provide an update on the genetic basis of PCG and to summarize the current surgical options for treatment of this condition.

Genetics of Primary Congenital Glaucoma

PCG is a genetic disorder with either sporadic or familial pattern of inheritance.¹⁵ Around 10-40% of cases are familial and transmitted in an autosomal recessive manner with variable penetrance.^{15,16} It is an uncommon disease with variable prevalence rates for PCG ranging between 1:2,500 to 1:10,000 depending on the population studied (i.e., Saudi Arabia, Middle Eastern countries) and seen much more frequently in populations where consanguinity is common.^{8,15}

To date, four distinct genetic loci, namely GLC3A on chromosomal region 2p21, GLC3B on 1p36, GLC3C on 14q24, and GLC3D also on 14q24 have been found to be associated with PCG (Table 1).^{6,7,17,18} GLC3A was the first locus to be identified in association with PCG in a study involving 17 Turkish families.⁶ The GLC3A locus was localized to the chromosome 2p21 region and was later shown to harbor the *CYP1B1* gene.^{6,19} Subsequently, another locus was identified on chromosome 1p36 in 1996 in 8 families (7 of Turkish and 1 of Canadian nationality) including 37 offspring, 17 of whom had PCG.⁷ None of the patients in this cohort had genetic linkage to the GLC3A locus. Additionally, two other loci on chromosome 14q24 (GLC3C and GLC3D) have been reported in association of PCG.^{17,18} It has been hypothesized that GLC3D locus may be related to the *LTBP2* (latent transforming growth factor-beta binding protein 2) gene.²⁰ Although no specific gene has been linked to the GLC3B locus at 1p36.2, a probable candidate is the *CDT6/ANGPTL7* gene at this (1p36.22) location, the protein product of which is an angiopoietin-like molecule (angiopoietin-like factor 7) and was found to be expressed in significant amounts in the human trabecular meshwork region.²¹

Recently, mutations in the angiopoietin receptor TEK (Tie2) have been found to be associated in 10 out of 189 families with PCG.²² Unlike *CYP1B1*, TEK mutations that result in PCG appear to be transmitted in an autosomal dominant mode of inheritance with variable expression.²²

Although myocilin gene mutations have been found to be associated with juvenile and adult onset open angle glaucoma, they have also been reported in PCG patients in association with heterozygous *CYP1B1* mutations, suggesting a potential digenic involvement of myocilin gene mutations with PCG.^{23,24} However, other studies have not been able to find myocilin mutations in

the setting of PCG and it appears that myocilin mutations do not appear to be directly responsible for development of PCG.^{25,26}

Overall, five different loci have been implicated in PCG in different geographic locations globally. Although the involved genes for all these mutations are not yet identified, three protein products associated with these loci, namely *CYP1B1*, *LTBP2*, and *Tie2*, appear to regulate anterior segment development and seem to be likely candidate genes for the development of PCG (Table 1).

Cytochrome P450 1B1

Cytochrome P450 1B1 protein is member of heme-binding monooxygenases of the CYP450 superfamily that is localized to the endoplasmic reticulum.^{27,28} It is a dioxin inducible oxidoreductase and is involved in steroid containing molecules as well as retinols and is involved in cell signaling.²⁷ It is encoded by the *CYP1B1* gene located in the 2p22.2 locus and has been associated with PCG.⁸ Over 100 mutations of *CYP1B1* have been found to be associated with PCG and mutations of this gene alone appear to be responsible for the majority of PCG cases in certain geographic regions, such as Saudi Arabia.²⁹ However, it appears to be responsible for only a minority of PCG cases in other parts of the world such as the United States (14.9%), Brazil (23.5%) and China (17.2%).^{24,25,30} *CYP1B1* is expressed in the anterior segment in non-pigmented ciliary epithelium, corneal epithelium, and retina and is thought to have a role in proper development of the outflow pathways through metabolism of essential endogenous steroid substrates.³¹ *CYP1B1* expression has also been demonstrated in the human trabecular meshwork.^{19,21} The findings of irregular collagen architecture together with increased markers for oxidative stress in the trabecular meshwork of double knock-out *CYP1B1* (*Cyp1b1*^{-/-}) mice suggest that *CYP1B1* is involved in the proper development of the fetal trabecular meshwork.³²

Latent Transforming Growth Factor (TGF)-beta Binding Protein 2 (LTBP2)

Homozygous mutations of the *LTBP2* gene at the chromosomal 14q24 locus have been shown to be present in members of families diagnosed with PCG in separate studies.^{20,33,34} Similar to *CYP1B1* mutations, *LTBP2* mutations are expressed in an autosomal recessive manner in these patients and are more frequently seen in consanguineous families.⁸

LTBP2 gene product acts to interact with fibrillin-1 and is involved in various aspects of extracellular matrix organization

Table 1. Various genetic loci associated with or implicated in the pathogenesis of primary congenital glaucoma

Locus (year identified)	Chromosomal region	Gene product	Function
GLC3A (1995)	2p21	CYP1B1	Endogenous steroid metabolism
GLC3B (1996)	1p36	CDT6/ANGPTL7*	Extracellular matrix organization and formation
GLC3C (2002)	14q24	Unknown	Unknown
GLC3D (2008)	14q24	LTBP2	Extracellular matrix organization
Undesignated (2016)	9p21	TEK/Tie2	Formation and homeostasis of Schlemm's canal

*Implicated in PCG pathogenesis

including assembly of elastic fibers, and as a structural component of microfibrils under physiologic conditions.^{35,36} As such, it is postulated that null mutations in the *LTBP2* gene may result in altered elastic and structural mechanics of the trabecular meshwork, ultimately giving rise to PCG.²⁰ *LTBP2* also is involved in ciliary zonule formation and anterior chamber differentiation, and its mutations have been found in cases with lens structural abnormalities as well as those with lens dislocations.^{37,38} Homozygous mutations of the p.R299X mutation in the Roma/gypsy population have been found to confer a poorer prognosis with a more severe PCG phenotype.³⁴ Thus, *LTBP2* appears to be a distinct protein involved in anterior segment differentiation and functioning, the mutations of which are associated with PCG.

Angiopoietin Receptor Tyrosine Endothelial Cell Kinase (TEK)

The angiopoietin receptor TEK, also known as tunica interna endothelial cell kinase, is involved in normal vascular development and homeostasis in humans and other mammalian species via interaction with its two ligands, angiopoietin-1 and angiopoietin-2.^{39,40} Recently, angiopoietin receptor *TEK* gene (*Tie2*) mutations localizing to 9p21.2 have been reported in PCG patients who did not have mutations of the *CYP1B1*, *LTBP2*, myocilin, or *FOXC1* genes, suggesting mutation of this receptor tyrosine kinase could be involved in PCG pathogenesis.²² *Tie2* is expressed in the human SC endothelium and the *Tie2*-angiopoietin pathway plays an important role in SC formation and homeostasis.⁴¹ In addition, induced mutations of the *Tie2* gene has been shown to be associated with SC malformation with induce ocular hypertension and retinal ganglion cells in experimental animal models.⁴² Unlike the *CYP1B1* gene, which appears to indirectly affect trabecular meshwork development through ligand metabolism, the *Tie2* gene likely has a more direct role in SC, and even 50% reduction in the activity of this tyrosine kinase leads to abnormal SC and impaired aqueous outflow facility.^{8,22}

Update on Surgical Treatments for PCG

Managing congenital glaucoma is challenging both diagnostically and therapeutically. The definite treatment for PCG is surgical management, using medical management as a bridge.¹³ Various modifications to the traditional angle- and non-angle-based surgical procedures have been introduced in the last three decades to increase the efficacy and safety of these interventions in the pediatric population (Table 2). As life expectancy is longer in the pediatric population, the longevity of treatment choice is crucial. The literature on current practices include angle surgery such as goniotomy or trabeculotomy, trabeculectomy, glaucoma drainage implants (GDIs), and/or laser cyclophotocoagulation (CPC).^{9,10,11,12,13}

Angle Surgery

Angle surgery is frequently the primary procedure in PCG as it directly addresses the underlying outflow abnormality and restores a physiologic outflow of the aqueous humor from the anterior chamber to the SC.^{3,5,9} Two angle procedures currently employed are goniotomy and trabeculotomy ab externo, both of which appear to achieve similar rates of successful outcomes.^{1,3,5,9,10,11,12,13} In addition, these angle procedures appear to have better outcomes in patients with PCG presenting between 1-24 months of age and have a worse prognosis in neonatal-onset PCG and in those with late-onset disease.^{10,43,44}

Goniotomy

Modern angle surgery for the treatment of PCG was developed and popularized by Otto Barkan,⁴⁵ who coined the term goniotomy for this procedure in 1938. This procedure has proven to be highly effective by allowing the aqueous humor to flow into the SC and collector channels using an incision of the trabecular meshwork under direct gonioscopic visualization.⁴⁵ Although the procedure was initially developed to remove embryologically abnormal tissue overlying the trabecular meshwork, the exact mechanisms as to how it lowers IOP in PCG are not clearly identified, and it has also been shown to effectively lower IOP in non-PCG forms of childhood glaucomas.^{10,45,46}

Table 2. Modifications for surgical interventions for primary congenital glaucoma

Standard procedure	Modifications
Goniotomy	(1) Two-site goniotomy ⁵¹ (2) Viscogoniotomy ⁵² (3) Specialized blade assisted goniotomy ⁵³ (4) Endoscopic goniotomy ⁵⁰
Trabeculotomy	(1) 360-degree suture trabeculotomy ¹¹ (2) Illuminated microcatheter assisted circumferential trabeculotomy (IMCT) ⁶⁵ (3) Viscotrabeculotomy ⁶⁰
Trabeculectomy	(1) Combined trabeculotomy-trabeculectomy ⁶⁸ (2) Mitomycin-C augmented trabeculectomy ^{14,73}
Glaucoma drainage implantation	(1) May consider smaller implant plate designs (2) Plan for possible tube repositioning or extension over the patient's lifetime ⁸⁵
Cyclophotocoagulation	Endoscopic cyclophotocoagulation ⁸⁷

Goniotomy requires a clear cornea for proper visualization of the angle structures and targets around 120 degrees of the angle when performed in one quadrant through a single incision, as is most common in clinical practice.⁴⁷ Its advantages include a short operating time, its conjunctiva-sparing nature, potential for repeatability in another quadrant, and relatively low incidence of complications when performed by a specialist who has experience with this procedure. The reported success outcomes vary between 60-90% with one or more goniotomies.^{4,48,49,50} Infants who present in the first month of life and those who initially require more than one goniotomy are at higher risk of relapse and may need further surgical interventions.⁵⁰

One important limitation of goniotomy is that it cannot be performed in infants with corneal opacification. An endoscopic goniotomy technique that can potentially overcome limited corneal clarity has been reported and initial results have been encouraging.⁵¹ Although this modification requires sophisticated instrumentation, a wide-angle goniotomy can be achieved using this approach using two separate incisions, thus allowing for more effective IOP lowering.

A simultaneous two-incision site that would allow for wider extent of angle treatment has been put forward.⁵² However, the 1-year results of this modified procedure were not found to be significantly better compared to single-incision goniotomy.⁵²

Currently, goniotomy continues to be practiced with essentially the same technique developed by Barkan⁴⁵ seven decades ago with minor modifications and improvements. These modifications include the use of better goniolenses, anterior chamber maintainers, and utilization of viscoelastics for even safer surgery in eyes with PCG.^{10,53}

Despite its shortcomings, goniotomy is an excellent surgical option for the treatment of PCG as it allows for IOP lowering with an acceptable level of risk and is performed without disturbing the conjunctiva. Further improvements in this technique will likely focus on treating a wider angle of trabeculum through a single incision and the development of incisional tools that will allow for more refined tactile feedback. One such instrument is the recently introduced Kahook dual blade, which enables controlled excision of the trabecular meshwork with an ab interno approach and is specifically designed to allow for a more controlled depth of trabecular incision and decrease the rate of underlying ciliary body image that may be observed with the use of sharper MVR blades.^{54,55}

Trabeculotomy ab externo

Trabeculotomy ab externo is an intervention for the treatment of PCG wherein the SC is cannulated and trabecular meshwork torn towards the anterior chamber in a controlled manner using an external approach with a scleral cut-down.^{9,56,57} This procedure was developed in the 1960s through the works of Smith⁵⁶ and Burian⁵⁷, who independently cannulated the SC using a nylon suture and a metal probe, respectively. Through a single scleral cut-down site, about one-third of the angle can be accessed and fistulized with the anterior chamber, thus creating an outflow of aqueous humor through the maldeveloped anterior

chamber angle. Trabeculotomy is a highly effective procedure with reported success rates ranging from 70-100% with one or more interventions, although loss of IOP control with time also occurs with this type of angle surgery.^{58,59,60} The use of viscoelastic devices appears to lower the incidence of postoperative hyphema and improve overall success rates in trabeculotomy.⁶¹

A 360-degree circumferential trabeculotomy procedure was introduced by Beck and Lynch¹¹ to increase the extent of abnormal angle treated by the traditional trabeculotomy approach. In this modification, a 6-0 polypropylene suture is used to access the SC instead of a rigid metal probe and propagate the suture around the limbus to open the entire angle with a single cut-down underneath a partial thickness scleral flap.¹¹ The advantage of this approach is that in a single session, the entire abnormal angle can be bypassed and the need for a second angle procedure would be obviated. The 360-degree trabeculotomy has been shown to be associated with a higher success rate over both standard trabeculotomy procedure (85.7% vs. 58.4% with 1-year of follow up) and traditional goniotomy (92.0% vs. 60% at the end of a 6-year follow-up).^{62,63} In another study, circumferential trabeculotomy was associated with a much higher rate of successful outcome (81% vs. 31%) compared to conventional angle procedure in the form of either trabeculotomy or goniotomy with a follow-up of 7-8 years.⁶⁴ Creation of a false passage into the suprachoroidal space with resultant damage to fovea or ciliary body as well as hyphema and iris prolapse are potential complications of this procedure.^{11,65}

In order to better visualize the course of the probe during 360-degree trabeculotomy, a microcatheter attached to a light source has been used to cannulate the SC (iTRACK 250A; iScience Interventional, Menlo Park, CA).⁶⁶ The rationale of illuminated microcatheter assisted circumferential trabeculotomy (IMCT) has been to visualize the probe during cannulation and prevent misdirection of the probe into the suprachoroidal space. A subsequent study demonstrated that illuminated microcatheter assisted 360-degree trabeculotomy was associated with significantly higher success rate compared to standard goniotomy (83.3% versus 53.8%) over the course of 12 months.¹² A recent study demonstrated that this procedure had an 80% complete success rate (IOP \leq 18 mmHg without medications) and 100% qualified success rate (IOP \leq 18 mmHg with medications) in 20 previously non-operated eyes of patients with PCG.⁶⁷ IMCT also appeared to outperform conventional trabeculotomy in a recent study, with higher percentage of patients achieving successful outcomes with the former technique (90% vs. 70% qualified success) over the course of 12 months.⁶⁸ In this study, complete cannulation could not be achieved in 20% of cases undergoing the procedure.⁶⁸

Combining trabeculotomy with trabeculotomy as an initial procedure to achieve long-term IOP control in patients with early (i.e., neonatal-onset) and more severe PCG has been advocated by some authors.^{69,70} The results of this modification have been encouraging, with >90% success rate at 1 year, decreasing to around 60% with 6 years of follow-up.⁶⁹

Glaucoma Drainage Implants and Trabeculectomy

Based on the literature, angle surgery and trabeculectomy are considered both safe and effective interventions for congenital or developmental glaucomas.^{71,72} However, given the frequency of complications of trabeculectomy and angle surgeries such as hypotony, leakage, scarring, bleb-related infection, and need for frequent follow-up, these procedures are less manageable treatment options in the pediatric population. In addition, examining pediatric patients can prove difficult in an outpatient setting, increasing the challenge of postoperative assessments of these complications.^{13,73} Jayaram et al.⁷⁴ reported 78% 1-year and 67% 5-year success rate with the use of mitomycin-C (MMC)-augmented trabeculectomy in pediatric patients who had failed primary trabeculectomy in a cohort comprising mainly those with PCG. Although GDIs and CPC are reserved for refractory glaucoma cases, where refractory glaucoma refers to patients that have failed prior medical or surgical therapies, GDI is being more frequently employed following failed angle procedures due to its overall better postoperative safety profile.¹⁴

When comparing GDIs to the more conventional trabeculectomy with MMC in the pediatric population, GDIs have shown better IOP control than trabeculectomy with MMC, with 1- and 6-year success rates of ~87% and 53% for GDIs versus 36% and 19% for MMC-augmented trabeculectomy, respectively.¹⁴ It has been proposed that the higher rate of failure with trabeculectomy compared to GDIs may be due to the robust healing properties as well as the elasticity and thinness of the sclera in the pediatric population resulting in faster scarring of potentially functioning trabeculectomy. This was demonstrated in a prospective study comparing Ahmed implantation to trabeculectomy with MMC (67% success in Ahmed group versus 40% in MMC trabeculectomy group, and 40% complications in the trabeculectomy group versus 26.7% in the Ahmed group).⁷⁴ However, in the previous study comparing GDIs to trabeculectomy with MMC, there was a higher rate of reoperation in the GDI group (45.7%) compared to trabeculectomy (12.5%).¹⁴

Historically, Molteno, Krupin, Shocket, Baerveldt, and Ahmed implants have been used in the pediatric glaucoma population.⁷⁵ Currently, Baerveldt and Ahmed implants are the most common implant used, when GDIs are indicated.^{75,76} Without any head-to-head studies to compare the different drainage devices in a pediatric population, studies in adults comparing Ahmed to Baerveldt implants (AVB, ABC trials) have been used as evidence-based practices to determine which implant will provide superior outcomes, longevity, decrease in medication use, and less risk of complications.^{77,78} Studies evaluating drainage implants (both Baerveldt and Ahmed) in primary and secondary congenital glaucoma demonstrated high success rate in the first year (~80-90.6%). However, a combination of complications and failures led to dramatic decrease in success to 58.3% at 2 years and ~20% by 5 years.^{13,79} In a large-scale study evaluating GDI (Ahmed and Baerveldt) success in 70 eyes (congenital glaucoma and aphakic glaucoma), it was concluded that the Ahmed valve is preferable in patients

with congenital glaucoma and Baerveldt implants are preferable in aphakic patients, with results showing 92% and 90% success at 1 year and a decrease to 42% and 55% success at 10 years, respectively.⁷⁶ Given their intrinsic valve mechanism, Ahmed implants can avoid hypotony (a common complication with trabeculectomy and Baerveldt implants) with a threshold valve opening pressure of 8 mmHg, providing a more predictable response in the congenital glaucoma population.⁷⁶

An overall comparison of studies on the surgical management of pediatric glaucoma reveals highly variable outcomes. For example, a study looking at Ahmed success reported a low success rate of 31% after 2 years, while another reported 86% success.^{80,81} Factors that may contribute to this variability could be the etiology of glaucoma, primary congenital versus secondary glaucoma, age of the patients, other comorbidities, number of prior interventions, and/or size of implant plate. Studies assessing these characteristics as potential risks for failure have come to differing conclusions as well. Some reporting that congenital glaucoma patients have a higher failure rate than secondary pediatric glaucoma, while others found no difference in the failure rate.^{82,83} Some studies have looked at the age of patients and tried to correlate success of GDI surgery to age, finding that the age of the patient did not have a clear correlation to success rate, but that complications are seen more in children than in adults.⁷⁵ These complications could be the result of the anatomical structure of a pediatric glaucomatous eye [thinner sclera, larger buphthalmic globes, anterior segment agenesis, aphakia (unicameral eyes)]. Another risk factor to consider is any prior surgery and whether this changes the probability of success of subsequent procedures. Studies looking at Ahmed valves did not find a correlation between failure and prior glaucoma surgery, while others reported that eyes with previous glaucoma surgeries showed significantly worse results.^{81,83,84,85} Surgical failure may also occur as a result of aqueous shunt tube retraction in a growing pediatric eye. Several techniques, including use of intravenous angiocatheter “bridge” and use of a commercially available Tube Extender (New World Medical, Inc.) have been described to manage this complication. Chiang et al.⁸⁶ recently described an innovative “tube-in-tube” technique, which involves threading a new tube element within the lumen of the existing tube. Encouraging results were described in a case series of 3 patients.

The size of the implant is also an important characteristic of glaucoma surgery as pivotal studies have shown the amount of IOP reduction is directly proportional to the end plate size.⁸⁷ There are currently two versions of the Ahmed valve, FP8 (96 mm²) and FP7 (184 mm²). Although the FP8 is a smaller implant, current practice is to use the larger size (FP7), as it can fit in the pediatric eye unless nanophthalmic. Similarly, the Baerveldt implant has two size versions of 250 mm² and 350 mm², with a similar common practice of larger plate usage in adults as well as children.

A spectrum of cyclodestructive procedures, transscleral cyclophotocoagulation diode (TSCPC), and endocyclophotocoagulation (ECP) are relied upon for refractory

glaucoma cases.⁸⁸ The goal of these procedures is to blunt the production of aqueous humor in attempts to lower the IOP via its inflow mechanism. Although effective at lowering IOP, these procedures have been relegated to severely refractory cases due to complications associated with poor prognosis, such as hypotony, recalcitrant inflammation, retinal detachments, and the possibility of consequent phthisis bulbi.^{88,89,90}

The literature to date reports success rates over 50% for TSCPC in refractory pediatric glaucoma cases, and even higher rates (~72%) in patients who have had retreatments with TSCPC.^{89,90,91} In a recent study comparing the safety and efficacy of initial trabeculectomy versus initial TSCPC, it was concluded that although safe and effective, difficulties regarding repeatable technique as well as post procedural complications of TSCPC can occur. Transillumination using either a Finhoff (muscle) light or a fiberoptic transilluminator was recommended as a way to correctly identify the ciliary body underneath the sclera.⁸⁸ In the TSCPC group, 6 of 17 eyes (35%) required further interventions, whereas 4 of 19 eyes (21%) in the trabeculectomy group were operated on again.⁷³

Study Limitations

Limitations included identifying and precisely targeting the ciliary body and titrating the laser energy to adequate uptake, especially in varying anterior segment anatomies. Post procedural complications such as inflammation and overtreatment resulting in irreversible hypotony and phthisis are also increasingly more difficult to manage in a pediatric patient.^{89,92}

Most ophthalmologists will reserve TSCPC for patients with a limited visual potential given the adverse effect profile, especially given the potential for retinal detachment (~10%) and irreversible hypotony.⁸⁸ Additionally, they will reserve this approach for patients who have glaucoma refractory to prior surgeries, elevated pressure with pain in a blind eye, or if surgical/incisional measures are too risky. Rarer complications that can occur with TSCPC involve scleral thinning, especially when too many audible laser sounds are heard. Limiting the area of ablation per session to no more than 180 degrees appears to confer increased safety to the TSCPC procedure, though the procedure may need to be repeated to achieve target IOPs.⁹³

An intraocular procedure that has more recently been utilized in the pediatric population is ECP.⁹³ Using a 19-23-gauge instrument, one can endoscopically visualize the ciliary body processes and treat with photocoagulation directly to the processes.⁹⁴

Studies reporting results from ECP have been promising, with no sight-threatening complications of severe hypotony, intractable pain, or recalcitrant inflammation.⁹⁴ At 3 year follow-ups, 50% of patients had a cumulative success rate of 43%.⁹⁴ Considerations for ECP include whether the patient is phakic or aphakic and risks of introducing potential infection, causing suprachoroidal hemorrhages, or IOP spikes.

Given the propensity for glaucoma surgical procedures to fail over time in the pediatric population, secondary and tertiary surgical procedures have to be considered in these patients.

Procedures that will function for the longer life expectancy of the pediatric patient are crucial. The decision to perform another tube surgery versus repeated TSCPC has been shown to be equivocal in the results, despite small powers in numbers of patients to evaluate this.⁹⁵

Conclusion

PCG continues to be a challenging disease in the 21st century in that long-lasting IOP control is still difficult to achieve and the visual prognosis is somewhat guarded despite state-of-the-art treatment paradigms.^{3,5} Over the course of five decades, several modifications have been introduced to standard angle surgery procedures to improve IOP outcomes, increase safety of the interventions, and decrease the total number of procedures in PCG. There has been a shift away from trabeculectomy and toward GDIs to decrease the frequency of postoperative hypotony and to ensure long-term IOP control. Currently, aqueous drainage devices as well as laser cyclophotocoagulation are successfully used in current practice to lower IOP in PCG, more frequently as a secondary procedure but in select cases as a primary intervention modality. These procedures can provide a pediatric patient longevity of stable IOP and thus preservation of visual function for a longer period of time. Limitations of current studies that provide evidence of safety and efficacy are the power in numbers of patients as well as duration of follow-up. Comparative studies of various procedures are needed to further investigate efficacy, outcomes, and quality of life outcomes.

Categorizing patients as either PCG or secondary congenital glaucoma and then stratifying those with secondary congenital glaucoma by mechanism, such as trauma-related, aphakic glaucoma, or anterior segment dysgenesis-related glaucoma, could help to better understand outcomes of various procedures in these different patient groups. Additionally, the pediatric patient population is reliant on other social risk factors such as caregivers, economic, education, and distance of travel, all factors that can influence time to diagnosis, time to surgery, and postoperative care. When trying to clinically appreciate the outcomes of this literature review, a case-by-case analysis must also be performed to account for these social risk factors prior to determining a management plan for these patients. A better understanding of PCG as a disease, improved diagnostic capacity, together with advances in surgical procedures will continue to improve the outlook for PCG in the future.

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Sutureless Amniotic Membrane Transplantation in a Pediatric Patient with Acute Toxic Epidermal Necrolysis

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Abstract

The purpose of this case report is to describe a new surgical method for sutureless placement of the amniotic membrane with a symblepharon ring in a pediatric patient with acute toxic epidermal necrolysis (TEN). A 1-year-old girl developed severe ocular surface inflammation with large corneal and conjunctival epithelial defects secondary to TEN. She was treated by applying a large (4 cm x 4 cm) amniotic membrane graft and non-sterile symblepharon ring under sedoanalgesia at bedside in the intensive care unit. The ocular surface was completely epithelized by post-treatment week 6 in the right and week 8 in the left eye. Two years after amniotic membrane transplantation, both eyes were quiet with no symblepharon, scar formation, or limbal stem cell deficiency. Performing bilateral amniotic membrane transplantation under a symblepharon ring at bedside provided sufficient acute coverage of the ocular surface and led to excellent clinical outcomes by reducing inflammation and protecting the ocular surface.

Keywords: Amniotic membrane transplantation, dry eye, ocular surface, toxic epidermal necrolysis

Introduction

Toxic epidermal necrolysis (TEN) and Stevens-Johnson syndrome (SJS) are severe adverse drug reactions that predominantly involve the skin and mucous membranes. They are considered to be two ends of the same spectrum, differing only by their extent of skin detachment. Both are rare diseases, with an approximate incidence of 1 to 2 per 1,000,000 annually.¹ SJS and TEN are both immune-mediated diseases caused by cytotoxic CD8+T lymphocyte response. The histopathology of SJS/TEN lesions shows that T cells respond via interferong and Fas ligand pathway, leading to keratinocyte apoptosis. Drugs are identified as the main cause of SJS and TEN in most cases, but

Mycoplasma pneumoniae and herpes simplex virus infections are also well documented causes. Genetic background may also have an impact on risk of developing SJS/TEN. Recently, associations between HLA genotypes and drug hypersensitivity have been demonstrated in various ethnic groups.² Chung et al.³ described strong relationships between HLA-B1502 and carbamazepine, HLA-B5801, and allopurinol.

SJS and TEN are severe and life-threatening diseases with an estimated mortality rate of 1-5% for SJS and 25-35% for TEN.⁴ Clinical findings include a prodromal symptom of fever and malaise, followed by the development of generalized, tender cutaneous eruptions. Common ocular manifestations of TEN include conjunctivitis, as well as conjunctival and corneal

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epithelial defects and ulcerations secondary to conjunctival inflammation. Goblet cells, lacrimal ducts, and meibomian glands may be damaged.⁵ If left untreated, these acute changes may ultimately lead to recurrent or persistent corneal epithelial defects and symblepharon formation. Severe dry eye and limbal stem cell deficiency may subsequently develop in the chronic stage.⁶ The ongoing inflammatory process on the ocular surface tends to be relentless and prolonged even after the patients are discharged from the hospital.⁷ Although intervention in the acute stage has more favorable ocular outcomes, treatments also exist for the chronic sequelae of SJS and TEN. Patients with SJS/TEN are poor candidates for traditional penetrating keratoplasty due to the development of cicatrizing lid disorders and severe ocular surface diseases. For these patients, limbal allografting and Boston keratoprosthesis may provide some visual recovery despite limbal stem cell deficiency and corneal conjunctivalization.⁸

Early evaluation and treatment of patients with SJS and TEN are critical. Recent literature data show that amniotic membrane transplantation (AMT) can suppress inflammation and facilitate healing if done in the acute phase of TEN.^{7,9,10} The amnion has immunomodulatory effects and promotes epithelialization. The amnion's anti-inflammatory mechanism of action may be due to downregulation of inflammatory cytokines released by activated lymphocytes and promotion of leukocyte apoptosis.¹¹

Various AMT techniques have been described previously, as traditional AMT is a time-consuming and a laborious surgery that is difficult to perform on patients who are unstable for surgical interventions because of systemic complications. It should also be taken into account that extensive eyelid sloughing in these patients makes the surgical area unfit for traditional AMT, and multiple surgeries are needed. Recently, a sutureless amniotic membrane fixation method was described, which utilized different materials to secure the membrane in the fornices. Ma et al.¹² described a technique for sutureless application of amniotic membrane in SJS patients using sterile intravenous tubing. Kara.¹³ utilized a feeding tube to make a modified ocular surface ring in a chemical ocular surface burn patient.

In this case report, we describe a method for sutureless placement of amniotic membrane on the bulbar and palpebral conjunctiva that has been previously used for acute ocular burns but is novel in the setting of ocular TEN.¹⁴ To the best of our knowledge this is the first report documenting the use of this novel technique in a TEN patient.

Case Report

A 1-year-old girl was admitted to the Ankara University Pediatric Emergency Department with the suspicion of TEN. Her history revealed that she had received a measles, mumps, and rubella vaccine 13 days before admission. The day after vaccination, she developed seizures and was transferred to another pediatric emergency department. Under suspicion of febrile convulsion, she was treated with phenobarbital, levetiracetam,

and cefuroxime. Seizure did not recur, and on day 9 she was discharged from the hospital. Three days after initiation of treatment, the patient developed a raised, maculopapular rash on her body, together with mucosal involvement. She was admitted to the Ankara University Pediatric Infection Unit with suspected Stevens-Johnson Syndrome. Upon admission, the anticonvulsant medications were discontinued and she was started on intravenous (IV) prednisolone 2 mg/kg/day and IV immunoglobulin 2 g/kg/day. On her second day in hospital, she was evaluated by the ophthalmology unit. On examination at bedside, the patient was observed to have severe bilateral bulbar and palpebral conjunctival inflammation, desquamation, and epithelial defects. The corneal epithelial defects measured 1x1 mm in the right eye and 7x8 mm in the left eye (Figure 1). The patient was started on aggressive lubrication with preservative-free artificial tears, as well as cyclosporine ophthalmic emulsion 0.05% (Restasis[®], Allergan, Ireland) and loteprednol ophthalmic suspension 0.5% (Lotemax[®], Bausch&Lomb, USA) 4 times a day to both eyes.

The patient remained in critical condition, which prevented her from leaving the pediatric unit for surgery. During this period, it was noted that her systemic condition was worsening despite systemic treatment, so she was treated with infliximab (Remicade[®], Essex GmbH, Germany) 5 mg/kg as single-shot therapy. The patient's severe clinical condition, intense laryngeal desquamation, and edema precluded her from receiving general anesthesia. On post-admission day 3, it was decided to perform AMT at bedside under sedoanalgesia. The placenta was retrieved intact and processed under sterile conditions. The chorioamnion was stripped from the placenta, and following antibiotic decontamination, the amniotic membrane was separated from the chorion, cut into 4-cm squares and mounted on nitrocellulose backing paper as previously described.¹⁵ After instilling 1 drop of proparacaine (Alcaine[®], Alcon, USA), the amniotic membrane was spread onto the ocular surface epithelial side up. Since there was severe epidermal desquamation, we had difficulty even holding the eyelids open and instead of securing the amniotic membrane with sutures, a symblepharon ring was gently placed on the ocular surface in the superior and inferior fornix. The symblepharon ring (open fornix conformer) was chosen according to the height of palpebral apertures and was big

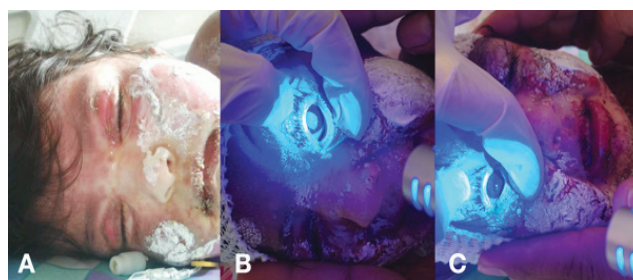


Figure 1. Ocular manifestations of acute toxic epidermal necrolysis: A) Sloughing and erythema on eyelid skin; B) Fluorescein-stained corneal epithelial defect; C) Eyelid margin sloughing and conjunctival injection

enough to safely sit in the fornices. It was made of polymethyl methacrylate and had a diameter of 18 mm (IMKA, Ankara, Turkey) (Figure 2). The rest of the membrane was tucked into the palpebral conjunctiva using forceps and the excess was trimmed with Westcott scissors. The same procedure was performed on the contralateral eye. Postoperatively, moxifloxacin 0.5% (Vigamox®, Alcon, USA) 4 times a day and tacrolimus ointment 0.03% (Protopic®, Astellas, USA) 2 times a day were added to topical treatment.

On postoperative day 3, the amniotic membranes and symblepharon rings were still in place (Figure 3). Disintegration of the amniotic membrane was noticed and the procedure was repeated on both eyes on day 7 (Figure 4). The patient was seen 1 month later. Her systemic condition was stable, so she was examined under general anesthesia. Examination of her right eye on day 37 showed the corneal defect was healed and the tarsal conjunctiva was epithelized, and a bandage contact lens (Pure Vision, Bausch & Lomb, USA) was applied. In the left eye, the symblepharon ring and the old disintegrated membrane were removed, and a 7x7 mm persistent corneal epithelial defect was observed. Peripheral keratectomy was performed and a new



Figure 2. Small non-sterile symblepharon ring, size 18 mm, polymethyl methacrylate (IMKA, Ankara, Turkey)

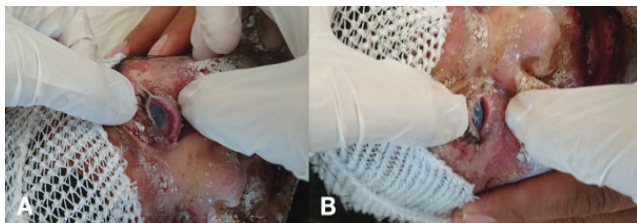


Figure 3. Postoperative day 3: Amniotic membranes wrapped around a symblepharon ring in the A) Right eye and B) Left eye

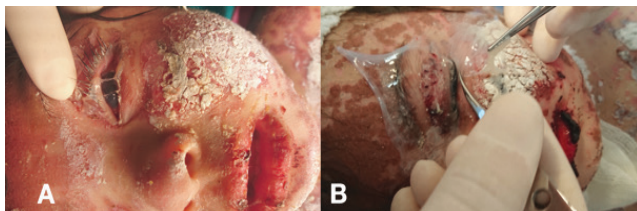


Figure 4. Postoperative day 7: A) Amniotic membrane has begun to erode on the left side; B) Amniotic membrane transplantation was repeated at bedside with the same procedure on both eyes

amniotic membrane was sutured onto the cornea using 10-0 nylon sutures, and a bandage contact lens was placed (Figure 5). The corneal defect in the left eye was healed on day 53 and remained that way through the remainder of the follow-up. The patient was kept on cyclosporine, tacrolimus, artificial tears and ointments for 3 months, followed by tapering of all medications. At postoperative 6 months, there was no ectropion and the conjunctival fornices were preserved without residual inflammation in both eyes. There was mild corneal haze in left eye (Figure 6). At 2-year follow-up, both corneas were clear with no residual scars (Figure 7). No other scarring sequelae occurred.

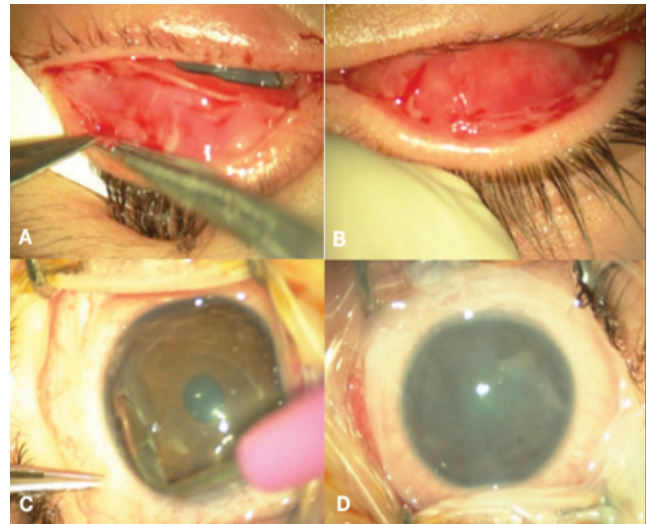


Figure 5. Postoperative 1 month, examination under general anesthesia: Epithelization has begun on the A) left and B) right palpebral conjunctiva. In the left eye, C) peripheral keratectomy was performed and D) amniotic membrane transplantation was repeated for the third time, this time under general anesthesia



Figure 6. At 6-month follow up, the patient had grade 1 corneal haze in her left eye



Figure 7. At 2-year follow-up, the patient exhibited no corneal haze or other sequelae

Discussion

Toxic epidermal necrolysis is a severe immunologic dermatobullous condition with high morbidity and mortality. It is characterized by widespread erythema, necrosis, and bullous detachment of the epidermis and mucous membranes. It exists on the same spectrum as SJS, but is characterized by more than 30% body surface area detachment.¹⁶ It is believed that drugs or metabolites, acting as receptors, bind to surface of keratinocytes and cause them to become antigenic and stimulate cytotoxic CD8+T cell response.¹⁷ In our case, the immune reaction was considered to be triggered by the use of phenobarbital. SJS and TEN have long been associated with the administration of barbiturates, with the greatest risk occurring within the first two months of treatment.⁴

The incidence of TEN is very low but the ocular sequelae can be blinding. Rapid recognition and prompt withdrawal of the offending drug is essential. The main clinical presentations are conjunctival inflammation, keratinization of the ocular surface, and symblepharon formation. Recent literature data indicate that early intervention with AMT in the hyperacute phase gives better long-term results in terms of ocular surface and fornical stability.^{7,10} Amniotic membrane suppresses inflammation, prevents ulcer formation, and promotes healing of the ocular surface.¹¹ A delay in the treatment may result in corneal stem cell deficiency and sight-threatening cicatricial complications.¹⁸ However, securing the amniotic membrane onto the ocular surface with sutures at bedside in intensive care units is technically difficult and poses several challenges.⁷ Anchoring the amniotic membrane requires complex and time-consuming suturing of multiple amnion pieces to the eyelids, fornix, and limbus that requires bolsters and stitch removal from the patient's eyelids and ocular surface. In order to address some of these problems, sutureless techniques in SJS patients have been published recently by Shay et al.⁷, Pruet et al.⁹, Cheung et al.,¹⁰ and Ma et al.¹² Cheung et al.¹⁰ used specially made symblepharon rings that are not commercially available and hard to find, possibly causing operations to be delayed. Shay et al.⁷ utilized ProKera rings, but the diameter of the ProKera only covers the cornea and perilimbal conjunctiva, thus making the fornices vulnerable to symblepharon formation.¹⁹ Ma et al.¹² employed an intravenous tube, but the circular shape of the tube may not be an adequate fit for the oval contour of the fornices.

Our technique minimized symblepharon formation because of increased coverage of the amnion membrane thanks to the broad shape of the symblepharon rings. Symblepharon rings are effective in keeping the fornices intact in conjunctival cicatricial diseases. The ring prevents adhesions and fornical contractures without touching the cornea. Liang et al.¹⁴ used a similar sutureless technique on burn patients and reported higher reepithelialization rates, shorter operation time, and lower symblepharon rates in the sutureless AMT group. To our knowledge, this technique was never performed in patients with SJS/TEN.

Patients with acute TEN often do not receive AMT during the hyperacute phase because of the lack of standardized protocol,

high mortality risk associated with general anesthesia, and difficulty in performing this extensive surgery. Our technique can be performed at the bedside without the need for general anesthesia or operating room conditions. This minimizes the delay in AMT and is less invasive for the patient. In addition, amniotic membrane coverage of the entire conjunctival surface is crucial to maximizing benefit; therefore, patients undergoing traditional AMT only to the bulbar conjunctiva may still develop chronic sequelae of SJS and TEN. A possible disadvantage is that the amniotic membrane and ring may come loose from the fornices. However, the simplicity of the method allows easy manipulation of the membrane.

In the absence of banked cryopreserved amnion and due to the pressing nature of the patient's condition, we decided to use fresh amniotic membrane. There may be a number of disadvantages to this, the most important being the theoretical risk of disease transmission. Another difficulty is the need to find a suitable donor fast enough in advance of surgery to allow processing and testing and coordination with the obstetrics and gynecology department.¹⁵ No such problems arose in our case.

The use of a symblepharon ring with amniotic membrane to cover the ocular surface and fornices without the use of sutures or tissue glue as described herein is fast, nontraumatic, technically easy, and seems to yield final outcomes comparable to those achieved with conventional AMT methods. The results of this study are in agreement with recently published reports that AMT performed in the acute phase of TEN is vital to prevent sight-threatening cicatrizing sequelae associated with ocular manifestations of the disease.

Ethics

Informed Consent: Obtained.

Peer-review: Externally peer-reviewed.

Authorship Contributions

Surgical and Medical Practices: Zeynep Baş, Ömür Uçakhan Gündüz, Concept: Zeynep Baş, Ömür Uçakhan Gündüz, Design: Zeynep Baş, Ömür Uçakhan Gündüz, Data Collection or Processing: Zeynep Baş, Ömür Uçakhan Gündüz, Analysis or Interpretation: Zeynep Baş, Ömür Uçakhan Gündüz, Literature Search: Zeynep Baş, Ömür Uçakhan Gündüz, Writing: Zeynep Baş, Ömür Uçakhan Gündüz,

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Tuberculosis: A Cunning Disease Presenting with Endopericarditis-Associated Bilateral Uveitis

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Abstract

Mycobacterium tuberculosis can spread through the entire body but rarely involves the eye. We report a patient with endophthalmitis in one eye and simultaneous retinal vasculitis in the fellow eye. Systemic work-up suggested infective endopericarditis. Polymerase chain reaction analyses of the vitreous and pericardial fluid were positive for *M. tuberculosis*. We initiated a four-drug antituberculous treatment regimen (isoniazid, ethambutol, pyrazinamide, and rifampin). After two weeks, we discontinued all the medications due to drug-induced hepatitis. We restarted isoniazid and rifampin, but hepatitis recurred. Finally, we chose isoniazid/ethambutol combination for 18 months, and also administered short-term systemic corticosteroid. His vision improved considerably with no recurrence of hepatitis or tuberculosis for 3 years after completion of treatment. Ocular tuberculosis can masquerade as other causes of intraocular inflammation, and a medical team consisting of an ophthalmologist and an infectious disease specialist might be needed for the diagnosis and management.

Keywords: Tuberculosis, endophthalmitis, endocarditis, pericarditis, polymerase chain reaction (PCR)

Introduction

Tuberculosis (TB) is a noticeable public health problem with an increasing incidence in recent years. TB can either be restricted to one organ, most commonly the lung, or spread throughout the body, involving multiple organs.¹ Ocular TB is a rare presentation of extrapulmonary TB which accounts for 0.2-18% of TB cases, depending on the geographic area.² Almost all parts of the eye can be involved, but the most common manifestations are chronic uveitis, choroiditis, and keratitis.³ It occasionally mimics intraocular malignancies or other causes of ocular inflammation.⁴ It needs a high clinical suspicion to be diagnosed as early as possible before any permanent visual loss

occurs. In this case report, we present a patient with endogenous endophthalmitis in one eye and retinal vasculitis in the fellow eye, most probably resulting from *Mycobacterium tuberculosis*-induced infective endopericarditis.

Case Report

A 45-year-old man presented to our hospital with subacute low-grade fever, malaise, and myalgia. A few days after admission for sepsis work-up, the vision in both his eyes gradually blurred within a few days of each other. His medical and ocular history was unremarkable. Visual acuity was 20/400 in his right eye and 20/630 in the left eye. The right eye had moderate

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nuclear sclerosis, retinal vasculitis, and Roth spots (Figure 1a). The left eye had ciliary injection of the conjunctiva, corneal stromal edema, dense cells and flare in the anterior chamber, and posterior synechiae (Figure 1b). The vitreous was hazy, and a blurred view of the fundus without retinal detachment was obtained. Endogenous endophthalmitis in the left eye was suspected; therefore, vitreous aspiration as well as intravitreal vancomycin (1 mg/0.1 mL) and amikacin (0.4 mg/0.1 mL) injection were performed. Vitreous, blood, and urine cultures were all negative, but vitreous polymerase chain reaction (PCR) analysis was positive for *M. tuberculosis* (Figure 1c). The results from a complete systemic work-up were positive for an elevated erythrocyte sedimentation rate and C-reactive protein, but negative for HIV infection. A chest roentgenogram showed no significant pathologic changes at initial presentation. Whole-body bone scintigraphy was noncontributory other than mild right sternoclavicular arthritis. Echocardiography showed a large (15x15 mm) mobile mass in the left atrial side of the mitral valve with severe mitral regurgitation. Infective endocarditis was suspected, and mitral valve replacement surgery was performed. Pericardial fluid had high levels of lactate dehydrogenase and adenosine deaminase with normal levels of protein and glucose. Pericardial fluid PCR was positive for *M. tuberculosis*, but culture was negative. Pericardial biopsy showed chronic fibrohistiocytic reaction with no dysplastic changes. A four-drug antituberculous treatment regimen (isoniazid, ethambutol, pyrazinamide, and rifampin) was started. After two weeks, the patient exhibited clinical signs of hepatitis, and serum aspartate aminotransferase and alanine aminotransferase levels were elevated up to four times higher than normal. We discontinued all the anti-TB medications, after which the hepatitis resolved. We restarted only isoniazid and rifampin, but the hepatitis recurred. We discontinued the medications again until hepatic enzyme levels returned to within normal range. Serology for viral hepatitis was negative. We then chose the combined isoniazid/ethambutol regimen. There was no recurrence of hepatitis this time, and liver enzyme levels remained within normal range. We administered short-term systemic corticosteroid to reduce the risk of mortality

and prevent progression to constrictive pericarditis. His vision returned to 20/25 in the right eye and 20/32 in the left eye two months after the treatment was initiated. The two-drug regimen was continued for 18 months. No systemic relapse has occurred during the intervening 3-year follow-up period, and his vision has remained unchanged.

Discussion

M. tuberculosis can involve any organ, but most commonly affects the lung. It can also involve any part of the eye. TB can invade the eye either as a primary or secondary infection. Primary infection is usually limited to the conjunctiva and cornea, but secondary infection is more widespread, resulting from either contiguous spread from an adjacent tissue or hematogenous spread. The most common ocular manifestations in secondary infections are chronic uveitis, choroiditis, and keratitis.³ Panophthalmitis, endophthalmitis, and vitritis have also been reported.⁵ Here, we presented a case with endophthalmitis in one eye and simultaneous retinal vasculitis in the fellow eye.

Diagnosis of ocular TB is a challenging issue for ophthalmologists.² A negative smear for acid-fast bacilli, failure to culture the bacilli, and lack of necrotizing granulomas on histopathology specimen do not, however, exclude the diagnosis of TB. The tuberculin skin test, interferon gamma release assays, and chest roentgenograms might not be helpful for diagnosis of ocular TB.⁶ PCR has been a robust diagnostic technique particularly for ocular TB since it requires only a small sample with no need for the cells to be viable.⁷ Although vitreous culture was negative in our case, vitreous PCR was positive for *M. tuberculosis*.

TB endophthalmitis is a rare intraocular inflammation which usually results from hematologic spread of a lung or central nervous system infection.⁵ However, the pulmonary foci might not be clear clinically or radiographically. It has been reported that even up to 60% of extrapulmonary TB might not have pulmonary disease.⁸ In our case, we did not find a primary source for TB infection other than the heart. Serial chest roentgenograms did not show any remarkable changes typical

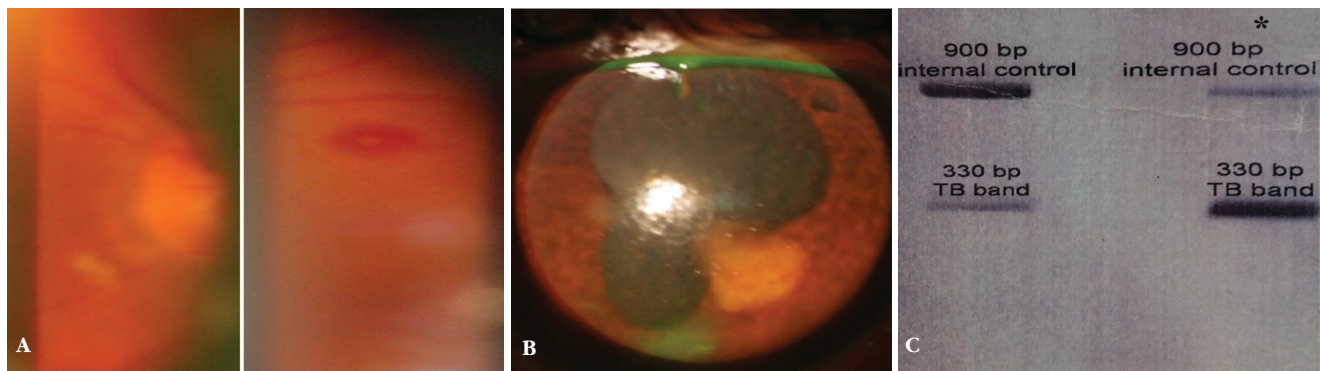


Figure 1. Clinical examination findings and polymerase chain reaction (PCR) results of the patient. **A)** Fundus examination of the right eye shows retinal vasculitis and a Roth spot which are distributed over the entire retina. **B)** Slit-lamp biomicroscopy of the left eye shows corneal stromal edema, intense anterior chamber reaction, posterior synechiae, and an iris granuloma close to the posterior synechia. **C)** PCR result from vitreous tap was positive for *M. tuberculosis*. The positive control is in the right column, shown with an asterisk (*)

of TB infection other than mild pulmonary edema with pleural effusion. Pleural as well as cerebrospinal fluid PCR analyses were negative for *M. tuberculosis*. On the other hand, TB has been reported to affect the pericardium,⁹ myocardium,¹⁰ endocardium, and valvular structures.¹¹ In our case, the ocular manifestations were most probably secondary to hematologic spread of infective endopericarditis. Pericardial fluid PCR was positive for *M. tuberculosis*, supporting our hypothesis.

The main therapeutic challenges in TB infections are patient compliance and the increasing incidence of drug resistance. Because TB is endemic in Iran, the prevalence of drug resistance might be high. A bacteriologic sensitivity test could help us to find the most appropriate therapeutic regimen for our case; however, we empirically chose the four-drug regimen (isoniazid, ethambutol, pyrazinamide, and rifampin) for the initial phase. This antibiotic combination has been effective in most TB cases in our general hospital. Systemic corticosteroid administration to patients with presumed ocular TB or tuberculous pericardial effusion remains controversial.⁹ It may reduce mortality in HIV-negative patients, but it might lead to recurrence of ocular inflammation,¹² and the effects on preventing progression to constrictive pericarditis remain obscure.¹³ We administered short-term systemic corticosteroid to our patient and obtained a favorable clinical response with no recurrence for 3 years after completion of treatment.

Response to treatment as well as drug toxicity are monitored clinically and sometimes using laboratory techniques. Our patient showed clinical improvement in the first 2 weeks after the initial regimen was started, but the occurrence of hepatitis did not allow us to continue the quadruple regimen. Hepatotoxicity is the most common adverse effect of anti-TB medications. Serum liver enzyme levels and liver function should be monitored, and the patients should be educated about the symptoms and signs of the hepatotoxicity. Isoniazid, pyrazinamide, and ethambutol are potentially hepatotoxic. They are all metabolized in the liver and might interact with each other as well as other drugs, leading to a higher risk of hepatotoxicity. In our case, hepatotoxicity was resolved after discontinuation of all the anti-TB medications. Pyrazinamide seems to be the most hepatotoxic agent in the quadruple regimen we chose, while the risk of isoniazid-induced hepatitis seems to be lower than previously thought.¹⁴ We restarted isoniazid/rifampin, but hepatitis recurred. After the resolution of hepatitis, we empirically started the combined isoniazid/ethambutol regimen. Hepatitis did not recur with this new regimen, and we continued it for 18 months. Rifampin or isoniazid/rifampin combination was suspected as the cause of hepatitis in our patient. Clinical response to the combined isoniazid/ethambutol regimen was favorable and his vision was considerably improved two months after initiating the treatment.

Conclusion

Ocular TB is a great mimicker of various forms of intraocular inflammation. Our case showed that we should suspect TB in any

case with intraocular inflammation, particularly in TB-endemic areas. Systemic signs and symptoms encourage us to search for a primary source of TB, whether pulmonary or extrapulmonary. A medical team consisting of an ophthalmologist and an infectious disease specialist might be needed for the diagnosis and management of ocular TB.

Ethics

Informed Consent: Informed consent was obtained.

Peer-review: Externally peer-reviewed.

Authorship Contributions

Surgical and Medical Practices: Gholam Hossein Yaghoubi, Farshid Abedi, Masoud Ziaee, Concept: Gholam Hossein Yaghoubi, Farshid Abedi, Design: Gholam Hossein Yaghoubi, Farshid Abedi, Data Collection or Processing: Amir Norouzpour, Analysis or Interpretation: Amir Norouzpour, Literature Search: Amir Norouzpour, Writing: Amir Norouzpour

Conflict of Interest: No conflict of interest was declared by the authors.

Financial Disclosure: The authors declared that this study received no financial support.

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The Relationship Between Vasoproliferative Tumor and Uveitis in a Multiple Sclerosis Patient: A Case Report and Review of the Literature

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Abstract

Vasoproliferative retinal tumor (VPRT) is a rare, benign lesion with a variable clinical course depending on the individual. Favorable outcomes are obtained with early diagnosis and treatment of patients with VPRT. In this case report, we present a case of concomitant VPRT and multiple sclerosis along with our management of uveitis and secondary glaucoma that presumably developed following cryotherapy for VPRT.

Keywords: Vasoproliferative tumor, cryotherapy, uveitis, multiple sclerosis

Introduction

Vasoproliferative retinal tumors (VPRTs) are rare, benign tumoral lesions whose pathogenesis has not been fully explained.¹ These lesions, which appear as elevated, yellowish-pink, vascularized masses on fundus examination, are frequently located in the pre-equatorial or equatorial region of the inferior retina, especially in the 5-7 o'clock segment.²

VPRTs can occur as primary (74%) or secondary (26%) tumors, with primary tumors usually being solitary while secondary tumors may be multiple.¹ Secondary tumors may occur in ocular pathologies such as intermediate uveitis, retinitis pigmentosa, Coats disease, neurofibromatosis, retinopathy of prematurity, and familial exudative vitreoretinopathy.^{1,3}

VPRTs can cause intraretinal or subretinal hemorrhage, vitreous hemorrhage, intraretinal or subretinal exudation, and hyperpigmentation of the retinal pigment epithelium.² These

sight-limiting conditions can be prevented with early diagnosis of VPRT and appropriate treatment.²

The purpose of this article is to present a case report of concomitant VPRT and multiple sclerosis along with our management of uveitis and secondary glaucoma that presumably developed following cryotherapy for VPRT.

Case Report

A 33-year-old man who presented with low vision in his right eye lasting 6 days was referred to our clinic from another center with the suspicion of serous retinal detachment. His history revealed that he had been diagnosed with MS 7 years earlier and had been treated with intramuscular interferon beta 1a therapy [Avonex®, 30 µg (6 million IU) once a week] for 2 years at another center. After developing side effects to the drug, he was followed without medical treatment. His best corrected visual acuity (BCVA) was measured as 0.1 in the right eye and

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1.0 in the left eye with Snellen chart. The anterior segment was normal in both eyes on slit-lamp examination. Intraocular pressure (IOP) was measured as 14 mmHg bilaterally using a pneumotonometer. Fundus examination revealed a raised pink mass and severe exudation in the inferior retina of the right eye and sporadic atrophic chorioretinal areas in the left eye (Figure 1A). Optical coherence tomography (OCT) revealed serous detachment, brush border pattern, and an epiretinal membrane over the fovea. Fundus fluorescein angiography showed a hyperfluorescent area in the inferotemporal periphery consistent with the raised lesion base, ponding associated with exudative detachment extending to the macula, leakage of the peripheral vessels, and hyperfluorescence of the optic disc in the right eye, while the left eye appeared normal (Figure 1B). The patient was diagnosed with VPRT and underwent cryotherapy using the double freeze technique. His BCVA 3 months after cryotherapy was counting fingers (CF) from 3 meters. Fundus examination revealed hard exudates and a mass in the inferior temporal region (Figure 2A) and OCT revealed subretinal fluid. As additional treatment, he underwent triple-freeze cryotherapy with simultaneous intravitreal anti-VEGF injection. At follow-up 3 months after treatment, his BCVA had improved to 0.1, fundus examination revealed that the mass had shrunk (Figure 2B), and OCT showed that the epiretinal membrane persisted but the subretinal fluid had resolved.

At 6 months after the last cryotherapy, the patient presented to the emergency department with pain in his right eye. His

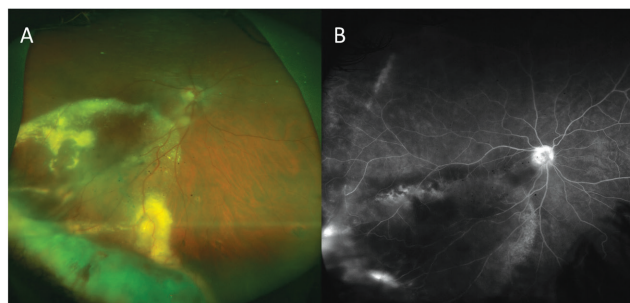


Figure 1. From the patient's initial presentation: **A)** color fundus photograph shows vasoproliferative retinal tumor and exudation; **B)** fundus fluorescein angiography reveals a hyperfluorescent area in the region corresponding to the raised lesion field in the inferotemporal region, leakage from peripheral vessels, and hyperfluorescence at the optic discs

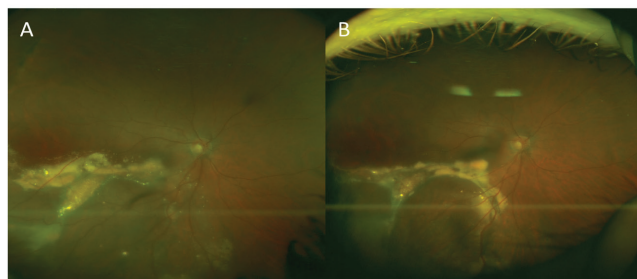


Figure 2. **A)** Appearance of vasoproliferative retinal tumor in color fundus photograph taken 3 months after the first cryotherapy; **B)** color fundus photograph at 3 months after the second cryotherapy shows the vasoproliferative retinal tumor is reduced in size

BCVA was again CF at 3 m in the right eye and 1.0 in the left eye. Slit-lamp examination revealed ciliary injection, cells in the anterior chamber (+++), iris bombe seclusio pupillae, and corneal edema in the right eye (Figure 3). The anterior segment of the left eye was normal. IOP measured by applanation tonometry was 35 mmHg in the right eye and 15 mmHg in the left eye. The patient was hospitalized with the suspicion of secondary angle-closure glaucoma. Two peripheral laser iridotomies were performed at the 1 and 11 o'clock positions. Topical mydriatic, antiglaucomatous, corticosteroid drops along with oral acetazolamide were initiated. Due to persistently elevated IOP during follow-up, trabeculectomy with 5-fluorouracil was performed. After 1 week, his IOP was 30 mmHg, so argon laser suturolysis was performed. The next day, his IOP was decreased to 20 mmHg. In his follow-up visit 2 months after trabeculectomy, visual acuity in the right eye was CF at 3 m, IOP was 20 mmHg, and slit-lamp examination revealed a functioning bleb, clear cornea, and deepened anterior chamber.

Discussion

Although it has no pathognomonic finding, suspicion of VPRT should arouse when a solitary mass with yellowish-pink appearance and vascularization is observed on fundus examination.² It is commonly observed between the ages of 40 and 60 years, with no significant difference in prevalence between men and women.¹ In a retrospective study, it was observed that VPRTs were most commonly located in the inferotemporal (42%) segment, followed by inferior (21%) and temporal (15%).¹

It has been reported that primary VPRTs emerge at a later age, are often solitary and unilateral, and cause fewer symptoms.⁴ In a retrospective study by Shields et al.¹, secondary VPRTs were most commonly associated with intermediate uveitis (28%), retinitis pigmentosa (21%), toxoplasma retinitis (7%), toxocariasis (7%), and traumatic chorioretinopathy (7%). When pediatric patients were evaluated, secondary VPRTs were again most often associated with intermediate uveitis.⁵

Intermediate uveitis is an ocular inflammatory syndrome characterized by minimal anterior segment reaction and

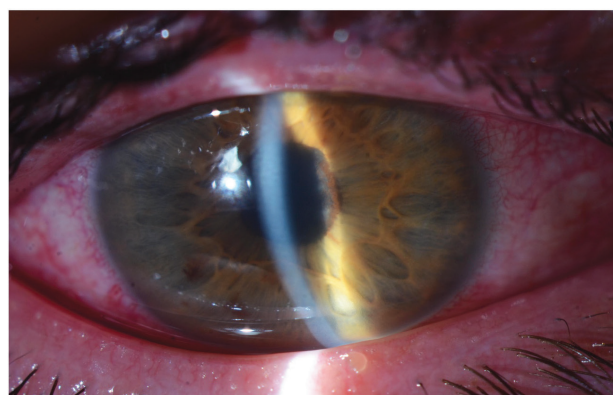


Figure 3. Anterior segment photograph of the patient at presentation for uveitic glaucoma shows ciliary injection, iris bombe, seclusio pupillae, and corneal edema

inflammatory cells and debris in the vitreous, and is often observed in children and young adults.⁶ In a study by Ness et al.⁷ including 159 cases of intermediate uveitis, most cases were idiopathic (58.5%), while MS was the leading known cause (19.5%). Other studies have also examined systemic diseases in patients with intermediate uveitis, with the prevalence of MS reported as 7% by Boskovich et al.⁸ and 11% by Raja et al.⁹ The relationship between MS and uveitis remains unclear; in one study evaluating MS patients, the prevalence of uveitis was found to be 0.52%, with intermediate and panuveitis being common forms.¹⁰ In the same study, evaluation of complications in patients with intermediate uveitis showed that cataracts were most common, and glaucoma and retinal neovascularization were also observed.¹⁰ In another study of patients with intermediate uveitis, the most common complications were cystoid macular edema, cataracts, and posterior synechia, and glaucoma was also noted.¹¹

The pathogenesis of secondary VPRT associated with intermediate uveitis is believed to involve a reactive process against factors released into the environment with the emergence of uncontrolled proliferation of fibrous tissue and angiogenesis in the retina secondary to disruption of the blood-retina barrier.² On the other hand, it has also been suggested that the presence of intraocular inflammation and uveitis may be due to a reactive, or "spillover" phenomenon in which inflammatory cells leak from tumoral lesion vessels into the vitreous.²

If VPRTs are asymptomatic, they can be monitored without treatment. In symptomatic cases, treatment may involve photocoagulation, cryotherapy, laser brachytherapy, radiotherapy, photodynamic therapy, or anti-VEGF therapy. Vitreoretinal surgery can be performed in patients with vitreous hemorrhage.^{1,3,12,13,14,15}

Of 160 patients with retinal detachment who underwent simultaneous cryotherapy and detachment surgery, 19 (12%) developed postoperative pigment shedding, while 7 (12%) of the 60 patients who did not undergo subretinal fluid drainage developed postoperative uveitis.¹⁶ The same study reported that post-cryotherapy uveitis occurred in an average of 5-8 days.¹⁶ Although our patient presented with uveitis 6 months after the last cryotherapy, we do not rule out the possibility that uveitis may have developed as a complication of cryotherapy.

In conclusion, although VPRTs can occur secondary to uveitis, they may also be a cause of uveitis. However, it should be kept in mind that cryotherapy for VPRT may also be associated with uveitis and the complications of uveitis. Optic neuritis and retinal periphlebitis, which are among the most important signs of MS uveitis, are sometimes the findings that lead to a diagnosis.^{17,18} The leakage from the peripheral retinal vessels and optic disc staining initially observed in our patient may have been associated with his existing MS. However, the subsequent, more pronounced presentation of uveitis is believed to have been associated with cryotherapy. MS should be kept in mind with young patients for whom other causes of secondary VPRT cannot be established.

Informed Consent: Patient consent was obtained.

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Authorship Contributions

Surgical and Medical Practices: Nilgün Yıldırım, Nazmiye Erol, Concept: Nilgün Yıldırım, Nazmiye Erol, Design: Eray Atalay, Mustafa Değer Bilgeç, Data Collection or Processing: Onur Özalp, Eray Atalay, Mustafa Değer Bilgeç, Analysis or Interpretation: Nazmiye Erol, Nilgün Yıldırım, Literature Search: Onur Özalp, Eray Atalay, Nilgün Yıldırım, Writing: Onur Özalp, Eray Atalay, Nilgün Yıldırım

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Atypical Presentation of Choroidal Folds: Steroid-induced Central Serous Chorioretinopathy-like Maculopathy

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Abstract

This article reports a case of choroidal folds and central serous chorioretinopathy-like maculopathy induced by corticosteroid treatment. The patient was a 70-year-old woman who presented with decreased visual acuity in the right eye. She had a history of rheumatoid arthritis and was prescribed 20 mg leflunomide and 16 mg corticosteroid daily. Fundoscopy indicated bilateral macular edema and the presence of choroidal folds. Retinal imaging supported choroidal folds and central serous chorioretinopathy-like maculopathy. Corticosteroid therapy was discontinued, and the patient was followed up. Complete regression of the maculopathy was observed at 8-month follow-up examination.

Keywords: Corticosteroid, choroidal folds, rheumatoid arthritis, central serous chorioretinopathy-like maculopathy

Introduction

Choroidal folds, or chorioretinal folds, are defined as undulations of the retina and choroid. Anatomically, they include the inner choroid, Bruch's membrane, and the retinal pigment epithelium (RPE). On fundus examination, they are seen mostly outside the macular area and appear as pigmentary changes with yellow and dark streaks. Occasionally RPE atrophy occurs, which angiographically resembles an angioid streak.^{1,2}

Known causes of choroidal folds are retrobulbar masses, thyroid eye disease, posterior scleritis, acquired hypermetropia, uveal effusion syndrome, ocular surgery, hypotony, and optic neuropathy.^{2,3} Cases with unknown etiology are defined as idiopathic. Visual acuity can be affected if the folds involve the macula. Although the pathogenic mechanism of choroidal

folds is still unclear, two different theories have been suggested. The first theory postulates that the pathogenicity of the folds results from a close relationship between the choriocapillaris and Bruch's membrane such that choroidal expansion can cause folds in Bruch's membrane. The second theory suggests that the relationship between stress and strain that arises from the sclera and choroid may cause choroidal folds.¹

The aim of this study is to present clinical data obtained at the first visit and follow up examination of a patient presenting with choroidal folds, central serous retinopathy (CSR)-like maculopathy, and hypermetropia.

Case Report

A 70-year-old woman presented with decreased visual acuity in the right eye that started 4 days earlier. She had undergone

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cataract surgery 4 years ago and had a history of rheumatoid arthritis and hypertension. She had been prescribed oral 20 mg leflunomide (Arava, Sanofi Sağlık Ürünleri, İstanbul) and 16 mg corticosteroid (Prednol, Mustafa Nevzat İlaç, İstanbul) daily 1.5 months earlier for rheumatoid arthritis. The patient underwent a complete ophthalmic examination. Her best corrected visual acuity (BCVA) was 0.2 in the right eye (+7.00 -2.00 α70) and 0.5 (+5.00 -2.50 α100) in the left eye. Intraocular pressure (IOP) measured with Goldman applanation tonometer was 18 mmHg in the right eye and 19 mmHg in left eye. Anterior segment examination showed posterior chamber intraocular lenses. Fundoscopy indicated bilateral macular edema up to the optic nerve and the presence of choroidal folds. Fluorescein angiography demonstrated leakage in the peripapillary region and fundus autofluorescence showed hyperfluorescence in the foveal area (Figure 1). Optical coherence tomography (OCT) revealed intraretinal and subretinal fluid accumulation in the right eye and intraretinal fluid accumulation in the left eye. Additionally, OCT showed the presence of chorioretinal undulation in both eyes (Figure 2). Corticosteroid therapy was discontinued and the patient was followed up. The patient's axial length was measured as 19.26 mm in the right eye and 20.01 mm in the left eye. BCVA, IOP, anterior and posterior

segment examination, and OCT were carried out in the follow-up period. At the 8 month examination, BCVA was 0.7 in the right eye and 0.6 in the left eye, IOP was within normal limits (14 mmHg bilaterally), the anterior segment was unchanged, and the posterior segment showed RPE changes in the macular area and peripheral retina in addition to the chorioretinal folds. OCT indicated the absence of intraretinal or subretinal fluid bilaterally. Fluorescein angiography and fundus autofluorescence findings indicated the regression of pathology (Figure 3).

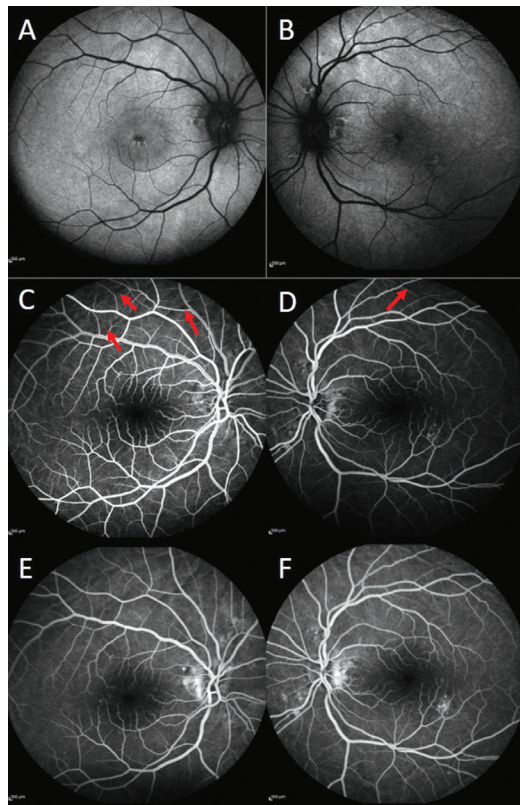


Figure 1. A,B) Fundus autofluorescence of the patient at initial examination showed central hypoautofluorescence related to macular edema; C,D) early phase of fluorescein angiography demonstrated choroidal folds (red arrows); E,F) late phase of fluorescein angiography showed points of leakage in the peripapillary and left inferotemporal areas

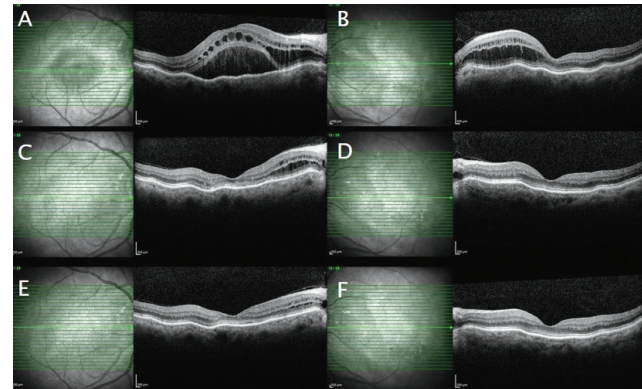


Figure 2. A, B) Optical coherence tomography at initial examination showed significant intraretinal and subretinal fluid; C, D) significant regression was observed at 4 months; E, F) complete regression was observed at 8 months

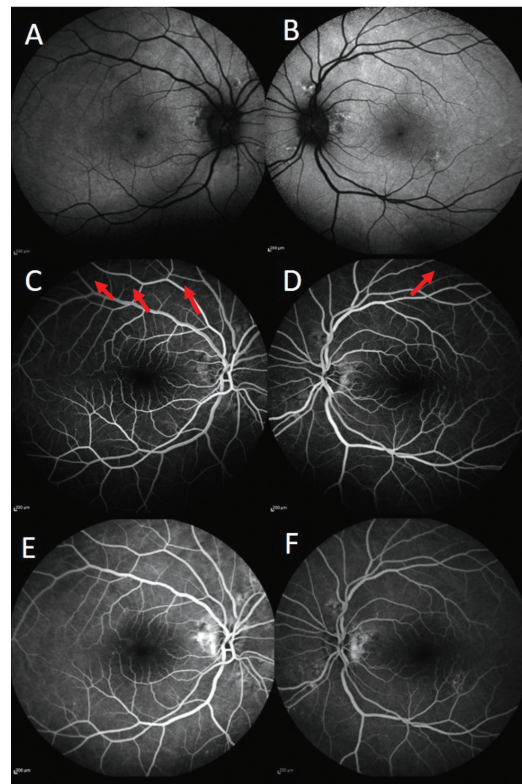


Figure 3. A, B) Fundus autofluorescence at 8 months showed regression of central hypoautofluorescence; C, D) early phase of fluorescein angiography demonstrated persistence of the choroidal folds (red arrows); E, F) late phase of fluorescein angiography showed no points of leakage

Discussion

Choroidal folds are defined as wrinkles of the RPE and choroid, and in the neural retina secondary to these. Choroidal folds should be carefully investigated clinically because of the underlying pathology. They are associated with inflammatory, neoplastic, and infectious diseases.^{1,2} Visual acuity, fundus examination, OCT, fluorescein angiography, indocyanine green angiography, ophthalmic ultrasonography, and magnetic resonance imaging are the tools that have diagnostic importance. In the present study, a 70-year-old female presented with choroidal folds, axial hypermetropia, and CSR-like maculopathy induced by corticosteroid use.

Olsen et al.² defined three angiographic stages for choroidal folds. Stage 1 was described as alternating bands of hyperfluorescence and hypofluorescence, stage 2 as a breakdown of RPE along with the breaks in the Bruch's membrane, and stage 3 as occult choroidal neovascularization. RPE atrophy may be seen in the valleys of these bands.⁴ In the present study, we observed the presence of alternating bands due to pigmentary changes in the chorioretinal folds and angioid streak-like lesions around the optic disc (Figure 2, 3). Therefore, we thought that the patient may have stage 2 choroidal folds.

The etiology of choroidal folds can be manifold. One of the most important etiologic causes is hypermetropia. In reporting the demographic characteristics of their patient group, Olsen et al.² indicated that 18 of 25 patients with known etiology had hypermetropia. Saoji et al.³ presented a case with axial hypermetropia, choroidal folds, and subretinal fluid. The patient had short axial length and therefore was at risk of disease development.

Choroidal folds are generally not associated with subretinal or intraretinal fluid, with very few studies reporting this. One mechanism suggested for the accumulation of subretinal or intraretinal fluid is localized capillary and venous congestion along the folds leading to capillary hyperpermeability. It has also been suggested that choroidal folds can affect the function of the RPE and cause fluid accumulation.^{3,5,6,7} Our patient had CSR-like maculopathy and was taking systemic corticosteroids concurrently for the previous 2 months. Corticosteroid treatment may have contributed to the development of maculopathy in our patient, who already had choroidal congestion due to the presence of chorioretinal folds.

The relationship between corticosteroid intake and CSR is well defined. CSR is characterized by neurosensory retinal detachment and subretinal fluid accumulation. Although intraretinal fluid accumulation may occur, particularly in chronic cases, it is not typical for all cases. In previous reports, intraretinal and/or subretinal fluid accumulation with choroidal folds was annotated as CSR-like maculopathy or chorioretinal folds-related maculopathy. There are only a few case reports about this condition in the literature.^{3,6,7,8} In the present study, the patient

was observed to have choroidal folds and a short axial length. Therefore, the patient was already at risk for developing CSR-like maculopathy, which may have been exacerbated by corticosteroid treatment. To our knowledge, this is the first report of a patient who had CSR-like maculopathy with choroidal folds who was also concurrently treated with corticosteroids.

We present a patient with choroidal folds and atypical retinal findings that resembled CSR. The etiology for the development of choroidal folds should be closely investigated. In the present case, the patient had short axial length, rheumatoid arthritis, and was taking corticosteroids, which most likely contributed to the pathology. The clinician should therefore be aware of additional systemic diseases and the corresponding treatments, as these may contribute to the etiology in atypical cases.

Ethics

Informed Consent: Informed consent was obtained.

Peer-review: Externally and internally peer-reviewed.

Authorship Contributions

Surgical and Medical Practices: Filiz Afrashi, Serhad Nalçacı, **Concept:** Filiz Afrashi, Cumali Değirmenci, **Design:** Cumali Değirmenci, **Data Collection or Processing:** Serap Bilge Çeper, **Analysis or Interpretation:** Filiz Afrashi, **Literature Search:** Cumali Değirmenci, Serap Bilge Çeper, **Writing:** Cumali Değirmenci.

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Ayşe Yağcı	İlgaz Yalvaç	Pınar Çakar Özdal
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Banu Bozkurt	İmren Akkoyun	Rana Altan Yayıoğlu
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Canan Gürdal	Mehmet Cem Mocan	Sibel Kocabeyoğlu
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Defne Kalaycı	Melda Nursal Yenerel	Sinan Emre
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Elif Demirkılınç Biler	Muhittin Taskapılı	Tongabay Cumurcu
Erdal Yüzbaşıoğlu	Murat Hasanreisioğlu	Tülay Şimşek
Ertuğrul Mirza	Murat Karaçorlu	Ufuk Elgin
Esat Çınar	Murat Tunç	Uğur Keklikçi
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Fatih Çakır Gündoğan	Nazife Sefi Yurdakul	Umut Aslı Dinç
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Feyza Önder	Nihal Demircan	Volkan Hürmeriç
Figen Batıoğlu	Nilgün Yıldırım	Yavuz Bardak
Filiz Afrashi	Nilüfer Berker	Yılmaz Özyazgan
Firdevs Örnek	Nilüfer Koçak	Yonca Aydın Akova
Gökhan Gürelik	Nilüfer Yalçındağ	Yusuf Akar
Gölge Acaroğlu	Nur Kır	Ziya Kapran
Gürsel Yılmaz	Nuray Akyol	Zuhal Özen Tunay
Güzin Iskeleli	Nurşen Yüksel	Züleyha Yalnız Akkaya

2019 Author Index

Adar Aslan.....	25	Emin Kurt.....	130, 270
Adem Türk.....	78	Emin Kurt	6
Adem Uğurlu	149	Emin Özmert.....	213, 226
Ahmad A Aref.....	347	Emine Öncü	142
Ahmet Abdullayev	134	Eray Atalay	1, 123
Ahmet Kaderli	183	Eray Atalay	364
Ahmet Özkağnıcı	310	Erdem Dinç.....	142
Ali Osman Saatci.....	40, 106	Erdoğan Aydın	40
Alp Kayıran	175	Erdoğan Yaşar.....	1, 209
Alper Tunger.....	220	Esat Çınar	47
Amélie Beaugrand.....	334	Esra Şahlı	89
Amin Zand	171	Farshid Abedi.....	361
Amir Norouzpour.....	361	Faruk Bıçak	270
Amit Arora	51	Fatma Nur Baran Aksakal.....	315
Amy A Mehta.....	347	Fatma Paksoy Türköz.....	168
Ashok Kumar	51	Fehmi Cem Küçükerdönmez.....	47
Aylin Karalezli	15	Fezan Mutlu Şahin.....	61
Ayşe İdil Çakmak.....	209	Figen Batıoğlu	226
Ayşe Yağcı.....	117	Filiz Afrashi	68, 73, 367
Ayşegül Alpcan	114	Firdevs Örnek.....	183
Aysun İdil.....	89	Fulya Duman	243
Banu Gülbay.....	134	Fulya Yaylıoğlu	99
Berna Yüce	47	Gaurav Kapoor	51
Beyza Tekin	6	Gholam Hossein Yaghoubi.....	361
Bülent Yazıcı	224	Gökçen Deniz Gülpınar İkiz	230
Burak Mergen.....	235	Gökçen Yalçın	315
Çağatay Çağlar.....	226	Gökhan Gürelik.....	250, 323
Çağla Çilem Han.....	25	Gülfidan Bitirgen	310
Çağlar Sarıgül.....	130	Gülizar Soyugelen Demirok	183
Cansu Ekinci	175	Hakan Özdemir.....	175
Cemile Üçgül Atılğan	178	Hatice Tuba Atalay	250
Cesar Salinas La Rosa	305	Helin Ceren Köse	164
Cezmi Akkın	73	Hidayet Erdöl.....	78
Cezmi Doğan	55, 235	Huban Atilla	300
Chafik Keilani	334	Hüseyin Aktuğ	68
Christos Kalogeropoulos	283	Hüseyin Baran Özdemir.....	99, 201, 250, 323
Cumali Değirmenci.....	68, 117, 367	Hüseyin Mayalı	6, 130, 270
Deniz Altınbay	154	İbrahim Halil Katran	25
Diego Almeida	44	İbrahim Özkan Alataş	123
Dilek Taşkiran	68	İşıl Bahar Sayman Muslubaş	277
Dimitrios Kalogeropoulos	283	İşıl Sayman Muslubaş	258, 328
Ece Turan Vural	297	Jale Menteş	84, 109
Edouard Augstburger.....	334	José-Alain Sahel.....	334
Elif Eraslan Yusufoglu	102	Juan Martin Sanchez.....	44
Elizabeth McElnea	305	Kaan Özkan	250
Emel Ece Özcan-Ekşi.....	243	Kadir Bilgen.....	25

2019 Author Index

Kadir Gökhan Atılğan	178	Nilgün Yıldırım.....	1, 61, 123, 364
Kaveh Abri Aghdam	171	Nilüfer Koçak.....	342
Kemal Tekin	178	Nithya Gunasekaran.....	188
Kuddusi Teberik.....	20	Nur Doğanay.....	40
Lakshmi Mayilvakanam	188	Nur Kır Mercül.....	149
Louis J. Stevenson	305	Nuriye Gökçen	194
M. Giray Ersöz	258, 277, 328	Ömür Uçakhan Gündüz	356
Mahmut Kaya.....	342	Onur Özalp.....	123, 364
Maisa Aslanova	149	Osman Şevki Arslan	55, 235
Marilita M. Moschos	283	Oya Tekeli	134
Masoud Ziaee.....	361	Oytun Erbaş	68
Mathieu Robin	334	Özcan Kayıkçıoğlu	270
Medine Yılmaz Dağ	220	Özcan Rasim Kayıkçıoğlu.....	6, 130
Mehmet C Moccan	347	Özer Dursun	142
Mehmet Kola.....	78	Özge Yabaş Kızıloğlu.....	168
Mehmet Önal	78	Özge Yanık.....	134
Mehmet Sinan Çamçı	25	Özge Yanık	226
Mehmet Yakın.....	183	Özgül Melike Totuk Gedar	168
Mehrnoosh Maalghah	294	Özlem Barut Selver	220
Mehtap Çağlayan	178	Özlem Biçer	300
Melek Banu Hoşa	164	Özlem Şahin	30
Melike Balıkoğlu	40	Özlem Yapıcıer.....	168
Melis Palamar	117	Pınar Kösekahya	178
Mert Mestanoğlu	168	Radgonde Amer	44
Mert Şimşek	10	Raphaëlle Ores.....	334
Merve İnanç	10	Sabahattin Sül.....	15
Mestan Ertop.....	99, 323	Sabiha Güngör Kobat.....	102
Mine Barış	109	Şaduman Balaban Adım	224
Mine İnal	61	Sahar Mohaghegh	294
Mohammad Shirvani	294	Sait Eğrilmez.....	117, 220
Mohammed Daraghma.....	310	Samet Gülkaş.....	30
Mostafa Soltan Sanjari.....	171	Samir Hasanov	220
Müge Pınar Çakar Özdal	10	Sarah Ayello-Scheer	334
Muhammed Altınışık	270	Şefay Aysun İdil.....	154
Müjdat Karabulut.....	15	Şefik Can İpek	106
Mümin Hocaoğlu	258, 328	Şehnaz Özçalışkan.....	297
Murat Fece	47	Selahattin Balsak.....	25
Murat Hasanreisioğlu	99, 201, 230, 250, 323	Sem Liew	305
Murat Karaçorlu	258, 277, 328	Sema Tamer Kaderli.....	183
Murat Yüksel.....	250, 323	Şengül Özdek	201, 230, 250, 315, 323
Mustafa Değer Bilgeç	209	Senthamarai Govindarajan	188
Mustafa Koç	178	Serap Bilge Çeper	367
Nazmiye Erol.....	209, 364	Serhad Nalçacı	73, 367
Nergis İsmayilova.....	117	Serkan Tursun	114
Neslihan Tekin	61	Serra Arf	258, 277, 328
Nesrin Gökçinar	114	Sertaç Argun Kıvanç	224

2019 Author Index

Sevcan Yıldız Balcı	297	Velota Sung.....	283
Şeyda Yıldırım.....	84, 109	Vikas Ambiya	51
Shahla Hosseini	294	Vinod Kumar Baranwal	51
Sibel Demirel	226	Volkan Bolluk.....	342
Sibel Kadayıfçılar.....	106	Yalçın Şengül Özdek	194
Süleyman Kaynak	342	Yaprak Akbulut	114
Süleyman Sami İlker.....	6, 130	Yasemin Aydın Yaz	61
Suma Elangovan	188	Yasin Şakir Göker.....	178
Sümbüle Köksoy Vayisoğlu.....	142	Yetkin Yaz	61
Tareq Jaouni	44	Yılmaz Betül Orduyılmaz	40
Taylan Öztürk	342	Zafer Cebeci	149
Tevfik Oğurel	114	Zafer Onaran	114
Thomas G. Hardy.....	305	Zeynep Aktaş.....	99, 230, 250, 356
Tuba Atalay	230	Zeynep Gürsel Özkurt.....	25
Turan Acıcan	134	Zeynep Kılıç	243
Uğur Yayla	224	Zeynep Küskü Kiraz	123
Ümit Ekşioğlu	183	Ziya Ayhan	106
Umut Arslan.....	213		

2019 Subject Index

Abscess	55	Corneal endothelial cell density	178
Actinomyces	102	Corneal endothelial function.....	178
Age-related macular degeneration	84	Corticosteroid	367
Amblyopia.....	310	Cryotherapy	364
Amniotic membrane transplantation.....	356	Cumulative	149
Amsler-Krumeich.....	117	Curettage	102
Angle surgery	347	Current approaches	154
Aniridia-related glaucoma	183	Cystic changes	194
Anisometropia	310	Cystoid macular degeneration	315
Ankylosing spondylitis.....	10	Cystoid macular edema.....	297
Anterior uveitis.....	99	Dacryocystitis	164
Anti-vascular endothelial growth factor	30, 258	Demography	10
Antidepressant drug	1	Dengue maculopathy.....	51
Aphakia	277	Densiron®	68, 334
Argus II	213	Depression	1
Artificial vision.....	213	Dexamethasone.....	73
Assessment of residual functional vision.....	89	Dexamethasone implant	250, 323
Assessment of residual visual functions	89	Diabetic macular edema	73, 194, 315, 323
Balance	243	Diabetic macular ischemia.....	194
Behçet's disease.....	40	Diabetic retinopathy.....	315
Best disease		Diagnostic vitrectomy	44
Bietti crystalline dystrophy	106	DMEK.....	235
Bionic eye	213	DMÖ	323
Body position	6	Dose.....	149
Breast cancer.....	171	Dry eye	142, 356
Breast carcinoma.....	168	Dynamic pupillometry	310
C3F8.....	201	En face optical coherence tomography.....	84
Canaliculitis.....	102	Endocarditis.....	361
Cancer.....	305	Endogenous endophthalmitis	294
Candida endophthalmitis	294	Endophthalmitis.....	361
Cannabinoid	114	Endoscopic surgeries.....	47
Cataract.....	243	Etiology	10
Cataract surgery.....	15	Exenteration.....	305
Central serous chorioretinopathy	30, 40	Exogenous endophthalmitis.....	44
Central serous chorioretinopathy like maculopathy.....	367	Extraocular muscle.....	168
Children.....	283	Extrapulmonary tuberculosis	188
Choroidal folds	367	Eye.....	78
Choroidal thickness	20	Eye drops	123
Chronic macular edema	315	Eye screening.....	25
Clinical retinal detachment	342	Eyelid.....	224
Colistin	220	Falls	243
Complicated inferior retinal detachment.....	334	First-line treatment.....	342
Congenital aniridia.....	183	Fuchs' endothelial dystrophy	235
Congenital cataract	25	Fundus autofluorescence	149
Congenital toxoplasmosis	230	Ganglion cell complex.....	134
Cornea.....	55	Genetics	347
Corneal calcification.....	123	Glaucoma.....	61, 130, 134, 183, 283

2019 Subject Index

Glaucoma drainage devices.....	183	Optic nerve head infiltration	
Glaucoma drainage implants.....	347	Optical coherence	315
Gout	178	Optical coherence tomography	78, 106, 109, 194
High-density silicone oils.....	334	Optical coherence tomography angiography	106, 226, 300
HLA-B27	10	Orbital metastasis.....	168, 305
Hydroxychloroquine.....	149	OSDI	142
Icare	130	Osmolarity.....	123
Idiopathic macular hole.....	328	Outer retinal degeneration	213
Imaging modalities.....	300	Outer retinal microhole.....	109
Immunohistochemistry.....	68	Oxane® HD.....	334
Individualized medicine	258	Oxidative stress.....	61
Intermediate uveitis.....	297	Oxytocin.....	68
Intraocular lens dislocation.....	277	Ozurdex.....	175
Intraocular pressure	6, 130	Ozurdex.....	250
Intravitreal dexamethasone implant	175	Pachychoroid neovascularopathy.....	226
Intravitreal injection.....	250	Pars plana vitrectomy	230, 270, 323, 328
Iris-claw lens.....	277	Penetrating keratoplasty	55, 270
Keratitis.....	220	Penetration trauma	44
Laser photocoagulation	342	Pericarditis.....	361
Lattice degeneration.....	209	Periorbital emphysema	47
Lecturers	142	Peripheral ischemia.....	194
Lithotripsy	294	Phacoemulsification.....	243
Low vision	89, 154	Phosphate	123, 213
Low vision aids	89	Pneumatic displacement.....	51
Low vision rehabilitation	89, 154	Pneumatic vitreolysis.....	201
LVA.....	154	Polymerase chain reaction (PCR).....	361
Macular hole.....	201, 209	Presumed ocular tuberculosis	
Maculopathy.....	149	Primary congenital glaucoma.....	347
Medial rectus muscle	168	Proliferative	334
Melanoma.....	305	Pseudoexfoliation.....	1, 61
Microvascular changes	300	Pseudopapilledema	300
Multiple drug-resistant pseudomonas aeruginosa.....	220	Pseudophakic bullous keratopathy	235
Multiple sclerosis.....	364	Punctoplasty	102
Nasolacrimal duct obstruction.....	164	Pupillary light reflex	310
Negative performance.....	25	Purtscher-like retinopathy	114
Neovascular age-related macular degeneration.....	15, 258	Quiescent type 1 choroidal neovascularization	84
Neurofibroma	224	Ranibizumab	15, 73
Obstructive sleep apnea syndrome.....	134	Red reflex test.....	25
Ocular hypertension	134	Relapsing polychondritis.....	99
Ocular inflammation	188	Retina	78
Ocular metastasis.....	171	Retinal dystrophy	106
Ocular surface	356	Retinal hole	175, 209
Ocular surface disease index.....	142	Retinal prosthesis	213
Ocular toxoplasmosis.....	230	Retinal tear.....	209
Ocular trauma.....	44	Retinal thickness	20
Optic disc	134	Retinitis pigmentosa	213
Optic disc drusen.....	300	Retinoblastoma.....	25

2019 Subject Index

Retinopathy.....	68	Tonometry.....	130
Retinopathy of prematurity.....	230	Toxic epidermal necrolysis.....	356
Rheumatoid arthritis.....	367	Toxoplasma gondii.....	230
Scheimpflug camera.....	117	Treat and extend dosing.....	258
Secondary lens implantation.....	277	Tuberculosis.....	188
SF6.....	201	Tuberculosis.....	361
Smoking.....	20	Tularemia.....	164
Spectral domain optical coherence tomography.....	20, 84	Tumor.....	224
Specular microscopy.....	178	Unilateral keratoconus.....	117
Staphylococcus epidermidis.....	44	Ureteral stone.....	294
Steroid.....	40	Uveitis.....	10, 250, 283, 364
Strabismus.....	310	Valsalva maneuver.....	47
Streptozotocin.....	68	Vascular endothelial growth factor.....	73
Sub-ILM hemorrhage.....	51	Vasoproliferative tumor.....	364
Subclinical retinal detachment.....	342	VEGF.....	68
Substance abuse.....	114	Verteporfin photodynamic therapy.....	30
Subthreshold micropulse laser.....	30	Vision.....	243
Syphilis.....	297	Visual prosthesis.....	213
Systemic autoimmune disease.....	99	Vitreectomy.....	277
Tarsus.....	224	Vitreectomy under air.....	328
Temporary keratoprosthesis.....	270	Vitreomacular traction.....	109
Therapeutics.....	55	Vitreomacular traction.....	201
Tomography.....	315	Vitreoretinopathy.....	334
Tonometer.....	6		